

Dear Parent/Carer

Parent/Carer newsletter: Friday 9 December 2022

Last day of term

We finish for the Christmas holidays at **1.15 pm** on **Friday 16 December**. School reopens for all pupils on **Wednesday 4 January**.

Duke of Edinburgh's Award



We are excited to announce that we relaunched the Bronze Duke of Edinburgh's Award (DofE) today in assembly with our Year 9 pupils.

Participating in the DofE award is a brilliant way for young people to discover just how much they are capable of. It gives young people the chance to make new friends, follow their passions, learn new skills and make a difference in our community. The award is comprised of 4 sections: physical, skills, volunteering and finally an expedition.

Year 9 pupils will be starting the DofE journey in the New Year with an aim to complete the expedition section in summer.

Pupils who wish to find out more are invited to a drop-in session in C5 at lunchtime on **Monday 12 December** where they can collect a letter for parents/carers with more information.

Group A Streptococcus (GAS)/Scarlet Fever

As you may have seen in the news, there has been a number of incredibly sad deaths and increased levels of illness over the past couple of weeks related to Group A Streptococcus. Please find attached to the newsletter email, a fact sheet provided by UK Health Security Agency.

Open Mic

Thank you to all the performers who took part in our Open Mic event yesterday lunchtime - it was brilliant to see new performers on the stage and the encouragement given from the audience was very positive.

Commitment | Creativity | Community

Principal: Mr J Cowper
The Bay Learning Trust. Registered in England & Wales.
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**THE BAY
LEARNING TRUST**

Friends of Central Lancaster High School

Please see below for a message from the Chair of our Academy Improvement Board.



'For 2023, we are looking to form a 'Friends of CLHS' group, which will work to increase the involvement of families and the community in the life of Central Lancaster High School.

*We are running an open event on **26th January 5.30 and 6.30pm** in the school library, where those of you interested in being part of the organising committee can learn more about what is involved and help plan future activities and events.'*

If you would like to be kept informed of the event, then please send your name and contact details to friends@lancasterhigh.lancs.sch.uk

Staffing vacancies/updates

We currently have a number of vacancies in school – a Pupil Support Administrative Officer and Teaching Assistants, Level 2. If you are aware of anyone who may be interested in these roles, please find more information on our school website: <https://www.lancasterhigh.lancs.sch.uk/job-vacancies>

In January, Ms Amy Gribbin will be joining our pupil support team. Her role will be to deliver interventions and support to individual and groups of pupils and she will work very closely with our Heads of Year.

Christmas Concert

The Christmas concert will be taking place on Tuesday in the hall. **Please note the new times of the evening.**

Doors will open at 5.30pm and refreshments will be available to buy on your way in. The concert will start at 6.00 and will last an hour. Tickets are £3 and are available to buy from the music department, from the reception or on ScoPay.

Reverse Advent for Morecambe Bay Foodbank



As you are aware we are supporting the Morecambe Bay Foodbank again this year with our reverse advent calendar.

Please consider donating at least one item this year. In addition to the items listed on the left they would welcome microwavable rice, pot noodles, pasta pots and instant mash and custard.

DEADLINE FOR DONATIONS IS 9.00am on THURSDAY 15 DECEMBER 2023

Reading interventions

We are delighted with the engagement that we have seen from our pupils in our reading interventions over the past two weeks. If you believe that your child would benefit from additional support with their reading, please contact Mr Auger at the school mauger@lancasterhigh.lancs.sch.uk

Careers Updates

On Monday, staff from Ripley St Thomas's sixth form visited us to talk to our Year 10 and 11 about life as a sixth form student, the courses available and the application process. Although the official deadline was yesterday, staff have advised that they will still take applications after this.

Pupils should remember that applying to a sixth form or college does not commit them to attending and it is a good idea to keep your options open!

Key Stage 4 – Key Stage 5 Transition booklet

Lancashire County Council have produced a booklet designed to help pupils and their parents think about the transition to key stage 5 or post-16 study. Please find it attached to the newsletter email.

Break & Lunchtimes

Pupils can now access the hall as a warm indoor space every day at break & lunchtime. Pupils can sit, eat and see friends. Football at lunchtime can be played in the 'court area' with Mr Fletcher or in the Sports Hall with Mr Ramalli but on the following days only: Monday Y7, Tuesday Y8, Wednesday Y9, Thursday Y10 and Friday Y11.

SEND

Term 1 SEND reviews for Year 11 will be held week commencing **Monday 12 December**.

Please email Mrs Ainsworth at sainsworth@lancasterhigh.lancs.sch.uk to make an appointment.

Our weekly **SEND clinic** is open each Thursday between 2.30 - 4.30pm.

Please email lisa.maudsley@lancasterhigh.lancs.sch.uk to book a 15 minute appointment if you wish to discuss any aspect of your child's education or if you have any queries or concerns.

Our school library is open every day from 8.15am, during break and lunchtime, and after school until 4 pm. and is staffed with Higher Level teaching Assistants (HLTAs) so please encourage your child to attend if they require additional support with their classwork or homework.

Mental health and wellbeing

Over this half term, we are looking at ways to support children and young people who are worried. Each week there will be a guide of how you can support and help manage the young people in your household to help with fears that they might experience.

Problem solving and coping

Focus on emphasising confidence in the young person's ability to cope and engage them in helping to think about different strategies. For example:

- Future and action orientation: '...so what are we going to do about this? We can't do X... but we can do Y...'
- Holding the hope: that somehow this situation may make space for something different and better to happen
- Keeping up healthy habits – school and domestic routines.

Reading corner

Bedrock Vocabulary 'top' performers last week:

Year 7

Most progress: **Julian S**
Most points awarded: **Brooke G**

Year 8:

Most progress: **Josh T**
Most points awarded: **Rufaro H**

Year 9:

Most progress: **Jay G**
Most points awarded: **Ibrahim S**

Next week, we will have our Celebration Assemblies for each year group. During these assemblies, vouchers will be given to pupils in Year 7, Year 8 and Year 9 for their Bedrock progress and Bedrock points awarded this half term.

There is still time to get a spot on the leaderboard so please encourage your child to access Bedrock.

Key reminders

Mama Mia visit

Mrs Spence is organising a trip to see the musical Mamma Mia in Manchester on **Tuesday 7 February 2023**. Letters are available to pick up from music and there are 40 places on this trip. Over half of the tickets have now been sold.

Year 11 support in preparing for February mocks and end of KS4 exams in May/ June

We have purchased revision guides for all pupils to support them with revising English language, English literature, maths, science, geography, history and French. These revision guides will be distributed to pupils by their subject teachers in the coming days and weeks.

Teachers will be supporting pupils to use them effectively as part of their revision practice. Please support your child by encouraging them to establish a regular pattern for revision. Details of how you can best support your child can be found on of dedicated Year 11 website page which can be accessed via the link below:

<https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

January will see the start of our comprehensive revision and intervention programme for Year 11 pupils, to support them with effective preparation for their up and coming examinations.

Careers Updates

Year 11 careers interviews

This is a vital part in supporting our pupils in being successful in their next step and an opportunity to get impartial advice and guidance about post-16 education and training.



Please take time to speak to your child about their interests and ambitions for their future. Below is a link to a resource for parents which provides up-to-date information about the options available at 16 and advice for how to have these conversations.

<https://www.talkingfutures.org.uk/pathways-at-16/>

Post 16 pathways

This term sees the continuation of open events for our local Sixth Form and FE providers. Please see the dates for your diary below. We will provide specific information about each event at the appropriate time.

- **Cardinal Newman College:** Saturday 4 February 2023

Key dates for the Autumn term:

13 December 2022
15 December 2022
16 December 2022

Christmas concert 6.00 pm
Progress Cards issued to Year 7 –11
Christmas Jumper Day
School closes for Christmas at 1.15 pm

Club of the week

Dungeon and Dragons: Tuesday 3.05 - 4pm (Library) and Thursday 3.05 - 4pm (C3)

Dungeons and Dragons (DnD) is a role-playing game involving turn based battles, trading, buying, storylines and general creativity. At DnD club we run campaigns allowing different people having control over what happens in the storyline and battles.

Players have no limits on the character customisations (race, height, skills etc). Anyone who wants to have a go is free to try, no matter their age or experience.

Gabriel RS, Tyler MM and Connor B, Year 10

Pupil praise

Congratulations to Clougha House for receiving the most praise points last week.
House points:

1. Clougha 1692 **(10.8 per pupil)**
2. Halton 1391 **(9.0 per pupil)**
3. Lune 1031 **(8.2 per pupil)**
4. Storey 1237 **(8.2 per pupil)**

Congratulations to the following pupils who had the most praise points last week:

Year 7	Year 8	Year 9	Year 10	Year 11
William E	Rowan G	Maggie A	Melissa K	Owen E
Sara E	Marwan A A	Connor K	Asya A	Calla L
Samuel P	Ollie B	Brooke R	Primrose M-D	Caitlin H
Theo A	Yasaman G	Ajay B	Lily D	Jaden O
Charlotte H	Rufaro H	Jay G	Alfie F	Jay R

Attendance

Well done to the following forms for having the highest attendance last week:

- Year 7:** Storey
Year 8: Lune
Year 9: Clougha
Year 10: Storey
Year 11: Lune

Special praise goes to the following pupils:

Year 7

Thanks to **Layton J-H** who stepped in to represent the form at the recent well-being meeting.

Ezekiel M for always being so courteous and mature in his interactions with others – he really displays our community value. Thank you.

Lilly H and **Sara E** for producing a fantastic image of plant cells under the microscope in science.

Ella L for her hard work and commitment in science.

Logan C for making such a positive start with his reading sessions and helping others in his group.

Harvey P and **Max M** for their consistent hard work in RE lessons - working well as a pair and as individuals to create high quality work.

Ocean Y for her beautifully presented work and the effort she puts into each lesson - especially in RE and PSHE.

Harry M for his excellent work and commitment to his history homework with a superb poster produced. Well done!

Year 8

Ella B for her hard work in PSHE and in computing when I covered the lesson. Ella gets on with her tasks and always does as she is asked with a smile on her face.

Kenzie K for wonderful answers in each geography lesson and for great recall. Well done.

Jack S and **Lily B** for helping Miss Carr set up for Drop Everything And Read reading on Wednesday.

Lacie T for her commitment and outstanding work in history. Your work was a great example to share with the class.

Year 9

Well done to **Cameron B** who continues to make superb contributions in English when discussing Mary Shelley's Frankenstein.

Maggie A, Katie D and **Edith M** who have all impressed in their RE assessment about capital punishment.

Leah B for producing, consistently, excellent work in RE and commitment to catch up any missed work, well done.

Cameron-Rose O-B for being a supportive friend to all.

Leon B for excellent home learning in maths.

Mollie O for creativity in computing.

Leah B for commitment to learning in English.

Year 10

Georgia J for allowing Mr Auger to copy her excellent notes for pupils who have been absent from lessons.

James W-R for excellent experimental work, using photo editing software to develop his work in art.

Year 11

In Year 11 English Literature, **Reegan C, Adam R, Euan H** and **Benjamin M** are showing their clear understanding of A Christmas Carol during revision sessions on this text – well done and keep up the hard work.

Jade W and **Jack P** for allowing Mr Auger to copy their excellent notes for pupils who have been absent from lessons.

Food corner

Year 8 have completed their first practical session of the term. They have been putting their own twist of flavours to muffins, personalising it to their own taste.



Key stage 4 pupils have been concentrating on complex skills in preparation for their controlled assessment next year.

They deep fried the fish they prepared when we had professional chefs visit school. We used a beer batter to coat the fish.

If you would like to try either of these at home, here are the recipes!

<https://www.bbcgoodfood.com/recipes/blueberry-muffin>

<https://www.bbcgoodfood.com/recipes/golden-beer-battered-fish-chips>

Have a safe and enjoyable weekend.

Mr J Cowper