



Sports Studies Revision Timetable for Year 11 Mock Examinations February 2026

Week Commencing	Brief description of content that needs to be revised and specific tasks.	Links to the supporting resources
W/C January 5 th	User groups Know the 12 user groups and their barriers to participation Create a mind map of the 12 user groups	Revision Guide Page 3
W/C January 12 th	Barriers and Solutions. Know which barriers each user group faces and then know the solutions for the barrier. Add these to your mind map	Revision Guide Pages 5-9
W/C January 19 th	Popularity of Sports Know the 8 factors that affect the popularity of a sport in a positive or negative way. Know the acronym, REPS MAPS. Have specific examples from sport for each letter of REPS and MAPS Know 3 emerging sports and how they link to REPS and MAPS Write each letter on one line and try to remember the rest of the word. Add a sporting example to it.	Revision guide 10-12 Revision guide page 13
W/C January 26 th	Sporting Values and Olympic Values Know the 7 sporting values using the acronym INFECTT and the Olympic Values using the acronym FREDICE. Know what each letter stands for. Know a sporting example for each letter. Write each letter on one line and try to remember the rest of the word. Add a sporting example to it.	Revision guide 14-17