

# Duke of Edinburgh's Award Bronze Expedition Equipment List

Items marked with \* will be provided by CLHS

## To be worn during the day:

Walking boots with ankle support  
 1 x pair of thin socks  
 1 x pair of thick socks  
 Trousers e.g. tracksuit bottoms (**not** jeans)  
 T-shirt or thermal top  
 Jumper/fleece jacket  
 Waterproof jacket  
 Waterproof over trousers



## Personal equipment to carry:

### Personal medication (e.g. inhalers)

\*Rucksack  
 \*Sleeping bag & liner  
 \*Sleeping mat  
 \*Survival bag  
 \*Expedition Safety Card  
 Watch  
 2 x Large plastic bag for waterproofing sleeping bag and main compartment  
 1 x pair of trousers  
 1 x t-shirt or thermal top  
 1 x jumper/fleece  
 1 x Spare socks and underwear  
 1 x Wash kit (soap and toothbrush)  
 1 x Small towel (optional – you could just use your fleece!)  
 1 x Torch and batteries—head torches are best for cooking in the dark!  
 1 x 1 ltr water bottle (full)  
 Hat and gloves  
 1 x Bowl  
 1 x knife/fork/spoon  
 1 x Mug  
 1 x Whistle (these are already on the CLHS rucksacks)

Weather dependent: Sunhat and sun-cream (we hope!)

## Group equipment to split between the team:

\*Tents  
 \*Camping stoves  
 \*Fuel bottle (full)  
 \*2 x 1:25 000 maps  
 \*2 x compasses  
 \*First Aid Kit  
 \*Matches (carefully waterproofed)  
 Food for the expedition  
 3 x scourers  
 2 plastic bags for rubbish  
 Camera (optional)  
 Alarm clock (for those early starts!)  
 Pen and paper  
 Change for public telephone  
 Group mobile phone (sealed)  
 Route plans  
 A toilet roll  
 A sense of adventure!