

**YEAR 11 CELEBRATE THEIR  
SUCCESS AT ACHIEVEMENT  
EVENING** PAGE 8



**winter  
2018**



# focus



**FIND OUT WHAT THE  
HOUSES HAVE BEEN UP TO**



**PAGE 7**

**DROP DOWN DAY WAS  
FULL OF ACTIVITIES**



**Central Lancaster  
High School**



**Central Lancaster  
High School**



# focus

As I write this message, Christmas is fast approaching and the festive end of term activities are taking shape. What a packed and successful term it has been, with the introduction of our new whole school house system in particular. I would like to thank Mrs Crossman and the Heads of Houses, who supported by their house colleagues have made this introduction a really positive experience for our pupils and have introduced great energy and activity into our school whilst focussing on the three key themes of Commitment, Creativity and Community.

This term we have also been proud to take part in the first ever Remembrance Service held at the newly designated war memorial at Miss Whalley's Field and we have undertaken a range of activities in school to raise awareness of the centenary of the end of WW1.

In the coming terms we are keen to develop further relationships with parents and families, if you have any ideas to help out with this or are interested in working more closely with us as a school through volunteering, helping establish a parents and friends group or other activities, then please do get in touch.

At the end of this term we say goodbye to three colleagues who have been part of Team Central for many years. They are all moving on to pursue exciting roles; Mrs Moore to The Larches in Preston, Mr Holmes to a support role in a primary school and Mrs Green our SENCO who is moving on to explore new personal challenges. We will forward new SENCO arrangements to the parents of children who regularly work with Mrs Green in due course. We wish all of these committed colleagues the very best for their futures and we will miss them at Central.

I wish you all a very merry Christmas and hope that 2019 will be happy and prosperous.

NICOLA HALL Headteacher

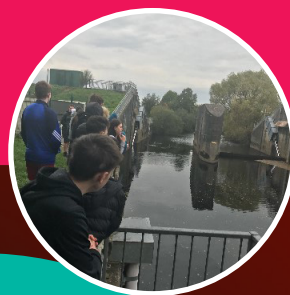


## GEOGRAPHY GCSE RIVER WYRE STUDY

As part of the GCSE Geography course, year 10 and 11 Geographers took part in a one day trip to the River Wyre. Stopping at four different points on the river, students used special instruments to measure the size and shape of bedload. The investigation was to see how the river channel, valley and its contents changes moving from the upper course of a river, down to the lower course.

Students also stopped at Garstang to look at the flood defences in place here as part of the flood management methods that they study. The fieldwork forms a crucial part of their third GCSE Geography paper.

All students displayed fantastic behaviour on the trip and represented the school excellently. Well done all!



## SPORTS

### RUGBY TERM GOES FROM STRENGTH TO STRENGTH

It has been a very busy Rugby term with a host of fixtures against other schools in the district. Year 7 have produced some excellent Rugby and scored some scintillating tries. This was topped off with a fine afternoon at the Vale of Lune. The year 7 team produced a battling performance against a talented Carnforth team to come away with a draw in front of a big crowd on the 1st team pitch. Year 8 have gotten better with each game they have played and look set to perform even better in Year 9. We are very keen to get as many of you down to the Vale of Lune age group teams as possible, if you are interested speak to your PE teacher.



### GIRLS FOOTBALL - BLACKBURN ROVERS

We took a combined girls' football team from years 7 and 8 to Blackburn Rovers FC on Thursday 15th November. They took part in the largest Girls' football tournament in Lancashire with over 20 school represented over the day. It was great to see girls football thriving and Andy Aspinall, the lead development officer for Girls football at Blackburn Rovers was really impressed with the standard of play from all teams.

Over 200 girls took part in the competition and our girls competed really well. We played 6 games in total and ended up joint third place in our group which was a real credit to the girls. Sadly it was the top 2 teams from the groups that progress to the next stage. However, we scored some magnificent goals and one from Shannon Preston was clearly the 'Goal of the Tournament'. A stunning powerful strike from long range - Well done Shannon!

It was great to see a top class stadium and play at their great indoor facilities. Well done to all members of the squad - Millie Allott, Daisy Ryan, Ruby Hindle, Annalee Johnson, Shannon Preston, Neave McCallig, Zoey Baines, Summer Arthington.



## YEAR 8 DROP DOWN DAY

On Drop Down Day Year 8 completed a project linked to rocket building. Each form had to create one or more rockets and test out how far they could travel. How we did this was by first filling a bottle a quarter full with water. Next, we then attached a pump to the cap and filled it full of air. Once the bottle could not hold any more it shot off, releasing all the pressure inside. The team that won the competition for distance was Clougha with their green rocket to match their house colour. We were also judged on the overall design of the rocket.

We were given plain paper, coloured paper, card, tape, pens and pencils to build our rocket. We could use as many materials as we wanted but each item had a price. The house who sent the least won. As well as creating the rocket we had to create an information poster about how and what we did to create it.

The day was great and taught us a lot about co-operation and team work. Everyone got stuck in helping to build the rockets.

Priya Bradley, 8Halton

## DROP DOWN SAY AT HALTON TRAINING CAMP

Halton Training Camp was intriguing and new. I personally think that it gave a clear idea of expectations of the army, building trust and working as a team. I took part in the team-building games and the assault course. Everyone got involved. Lots of people enjoyed the activities.

By Annelie Sinclair

"The camp was really fun, and I loved the assault course because I had an amazing time with my friends." Beth Richards  
"I thought Halton was very interesting. I loved playing the games and joining in." Chloe Robinson.

We had a great day with the army and it was fabulous to visit Halton together as a House. Let's hope next time we can experience even more, and especially more of the assault course. Get some practice in Mr Mackie because the competition continues next year!  
Mr Moore, Head of Halton House



## LUNE LITTER PICK UP

On 15th October 2018 around 50 pupils from Central Lancaster High School went litter picking along the banks of the Lune between the Millennium and Carlisle bridges. It was a community event carried out by one of the Houses at the school. Mr Clark, the head of Lune house said, "We are very keen to help with the global problem of plastics in the ocean, even if in only a small way. It is also a chance for the students to give back to the community."

The students were amazed at the volume of the litter they found. There were piles of bottles, cans and packets, resulting in a large collection of bags that the council picked up. The students were warmly congratulated on their work by people passing on the cycle path as they worked, who even stopped to put their own litter in the bin bags being used. Year 11 student Kyle said, "I hope to return soon to clean up again, and hopefully see a decline of the amount of litter on our river banks before it's too late. We often see the litter and know that something should be done about it, but until now we haven't intervened ourselves."

## HOUSE MATCHES - RUGBY

We organised our first ever House Matches on Monday 15th October where all students had to take part in rugby and represent their houses. The PE staff kept everything crossed and they were rewarded with a glorious sunny day. It was great to see all pupils taking part and representing their houses so well. The matches were competitive and pupils worked really hard and proudly represented their house. Well done to all. We look forward to many more house matches over the year.

The results:

Year 8 Winners - Clougha House, 2nd place Lune  
Year 10 Winners - Clougha House, 2nd place Lune



## dates FOR DIARIES

Spring term starts:	Monday 7th January
Year 10 Parents' Evening:	Tuesday 15th January
Staff development day (no school for pupils):	Friday 25th January
Year 8 Parents' Evening:	Wednesday 30th January
Drop down day	
Careers and Enterprise:	Tuesday 12th February
Half term:	Monday 18th - Friday 22nd February
PPE2 Year 11 (mock exams 2):	Monday 25th February - Friday 8th March
Celebration of reading week:	Monday 25th - Friday 8th March
International Women's day:	Friday 8th March
Science week:	Monday 11th - Friday 15th March
Year 10 work experience:	Monday 11th - Friday 15th March
Berlin Trip:	Thursday 4th - Sunday 7th April
Spring Holiday:	Monday 8th - Tuesday 23rd April School opens tuesday 23rd April at normal time.





# CLOUGHA

Hello CLHS, I am delighted to introduce myself as the Head of Clougha House. The house is named after Clougha Pike which overlooks Lancaster and the surrounding areas. The Clougha House team can be identified by the colour green which symbolises growth and harmony. My role as Head of House gives me the opportunity to provide pastoral and educational guidance. As a mother of two I am aware of the important role of parents and the wider community in raising achievement in school. My role will allow me to encourage students and the wider Clougha family to promote commitment, creativity and community. Welcome to Clougha House!



## HOUSE CAPTAINS

## COMITTEE MEMBERS



Hi I'm **Alex Fox** and I am Clougha House Captain. I decided to apply for the role of House Captain as it allows me to support and open up opportunities for me to represent the school in the wider community and build a strong school spirit.



Hi I'm **Aasiya** and I'm the Deputy House Captain for Clougha House. I wanted to get more involved in the school community. So far this year I have taken part in some fun and amazing events and I'm looking forward to representing Clougha House for the rest of the year.



My name is **Kate Bethell** and I am the Sports Captain for Clougha House which is quite the honour. I believe that as the sports captain, your attitude and actions set the tone for the rest of the Clougha House team. The role will help me to inspire and motivate my peers to be involved in sports and extra-curricular events and lead my house to victory!



My name is **Ethan Stott** and I'm the Community member for Clougha House. This is rewarding role that will give me the opportunity to boost school morale build the confidence of students and integrate with the local community.



My name is **Elsa** and I'm the Creativity member for Clougha House. My role is to help support the House and encourage our community to express themselves through the Arts. I believe this is an opportunity for me to grow and encourage students to be more involved in school life.



My name is **Wayne Womack** and I am the Commitment member of the Clougha House Committee. I believe that members of our community need to be more committed to extra-curricular activities inside and outside of school. I want to help the house captains fulfil their role and encourage them to do more as the voice for the pupils.

## HOUSE DROP DOWN DAY

Year 11 was the first year group to complete the Clougha House challenge – A leisurely walk up Clougha Pike Ms Cottam and Mr Roodenburg told us! We couldn't of asked for a lovelier day as we parked up in the car park on the morning of the 15th October this year...the sun was shining and were we all prepared in walking boots and jackets. A leisurely walk to the summit with Mr Roodenburg leading the way leaving Ms Cottam and Mrs Graham to chase up the dawdlers! Once at the summit a group photo was a must... an achievement for the whole of us! We ended with a visit to the Barn at Scorton for well a well-earned lunch!

Whilst we were enjoying the sun the rest of Clougha House were making rockets, taking part in inter – house sports and building resilience on the Army assault course, a fantastic day was had by all the students in Clougha House!

A big thank you to Mrs Crossman and all the staff who made the first drop down day of the year so successful!



## HOUSE CHARITY

Clougha House charity is Macmillan Cancer. Macmillan is one of the largest British charities and provides specialist health care, information and financial support to people affected by cancer. Clougha House took part in The World's Biggest Coffee Morning and raised £221.00 the most money that has ever been raised in a school cake sale! #CloughaCan

Clougha students also support the charity on a daily basis by donating loose change every morning during form and have to date collected over £225.00 this shows commitment and dedication to such a worthwhile cause by Clougha students.



Hello, I am Mr Clark and the very lucky leader of Lune House. In our house we can easily be seen by the bright blue ties that our key stage 3 pupils wear and the bright blue badges that our key stage 4 pupils wear proudly on their blazers. The house charity which we support is the Mind Charity- help for people with mental health problems. So far, this wonderful team have raised over £120 for the charity and there are more fund-raising events currently being planned. Our house challenge was to clean the River Lune banking, but I will leave that to Kyle to inform you on what a brilliant day that was. Thank you for taking the time to read about Lune House and if you have any ideas on fund raising please do not hesitate to get in contact with myself.



# LUNE

## HOUSE CAPTAINS

## COMITTEE MEMBERS



**DYLAN MCCLYMONT**  
I chose to apply to the role of house captain as I believed it to be an excellent opportunity for me to improve my leadership qualities as well as bringing a voice of the student body.



**EMILY ARMSTRONG**  
I chose to apply for the role of deputy captain of Lune House because I wanted to help the school as much as I could and I thought it would be something new to try and a great opportunity for me.



**SERGE O'FARRELL**  
I chose to apply for sports captain because I enjoy playing sports and it is a great opportunity for me to widen my leadership skills.



**LUKE BLEASDALE**  
I chose to become a leadership member to be involved with every opportunity that comes my way and to take on challenges that I haven't previously done.



**KYLE LHEUREUX**  
I chose to apply to become a member of the leadership team because I believed it would be a great way to learn new skillsets and show my dedication to the school and student body.



**ELLA PYE**  
I chose to apply to become a member of the leadership team because it's a brilliant opportunity to interact with the community and focus on making our school a better place.

## HOUSE DROP DOWN DAY

Our first drop down day saw us complete our first house challenge but also our first community challenge. We went down onto the banking of the River Lune and reduced the amount of waste that was there. Being guided by Mr Stubbins who has held his own beach clean we collected plastics, glass, metal and general waste from the river bank. The most interesting item that we recovered from the banking was a shopping trolley which came in very handy when moving the bags of rubbish so Lancaster Council could collect it. This was a very proud moment to take part in this project and challenge because we did something amazing for the environment, but for the local public to thank myself and peers for taking charge in helping the environment was even more pleasing. These challenge was that successful that the Lancaster guardian have been in touch and written an article in their newspaper.



## HOUSE CHARITY

We have selected to support the mind charity this year due to significant rise in the media about mental health and is affecting more and more people every day. The charity so far has been amazing by sending in Pud (Mind representative) to talk to our key stage 4 pupils about the importance of being nice during friendship week and the affect negative comments can have on others. We have also been extremely lucky to have Ben and Mark from Making Generation R who discussed the importance of asking for help and taking the difficult road to get to the highest places. We are fully embracing supporting each other and been extremely lucky to have individuals in to discuss and guide our young children in the right direction.

focus Winter 2018



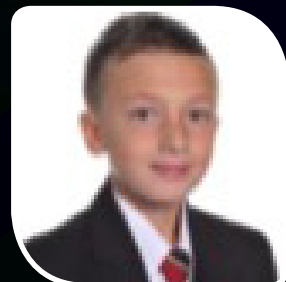
## HOUSE CAPTAINS

## COMITTEE MEMBERS

Hi there Central. It is with great pleasure and pride that I am able to introduce myself as Head of Halton House this academic year. Named after the historic village three miles to the east of Lancaster, we represent ourselves as a house by the colour yellow and along with Clougha House we are based on A-floor in the Maths and English rooms. We have a great team working with us in all the House groups along with associated teaching and non-teaching staff. It is an honour to be part of such an exciting initiative at CLHS and I'm looking forward to an even more exciting 2019.

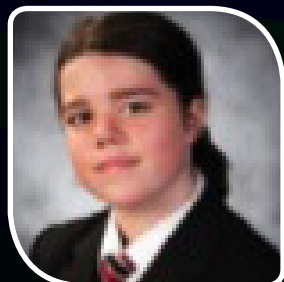


# HALTON



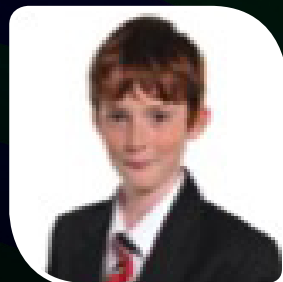
**BOBBY NORRIS**

Hi I'm Bobby Norris, Halton's house captain. I chose to go for this role because I felt like representing the school for my final year at Central. During my time as house captain, I will try to work alongside other captains and committee members to arrange fun and engaging charity fund raising events to give the school a strong profile in the community. So far we have arranged an event for Children in Need.



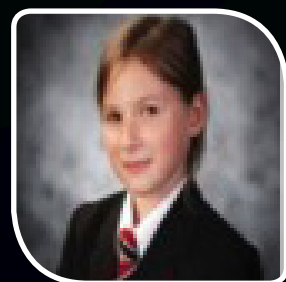
**ANNELIE SINCLAIR**

Hi, my name is Annelie. I am the deputy captain for Halton House. Halton is hardworking and committed, I will represent Halton, helping the school and its community. I will carry out my role for the rest of the year and I am looking forward to getting more involved in community activities.



**HENRY MYALL**

Hello, my name is Henry and I like running (which is probably why I am sports captain now that I think about it). As sports captain, I am responsible for organising sporting events with Halton House, so if it goes horribly wrong, you have me to thank! *(It's a team effort Henry, you just need to rally them! - Editor)*



**MARGUERITE MCELHINNEY**

Hi, I'm Marguerite, I'm part of the 3Cs Committee working closely with the house, deputy and sports captains, as well as all the Halton staff. I will be working to ensure participation in the making of many events such as the Children in Need and helping out in the house hub with various tasks. I am looking forward to the New Year and all the challenges it brings!



**ELIA ASTWOOD**

Hi! I'm Elia Astwood. I'm in year 11 and part of the 3C Committee for Halton House. My job is to promote creativity, commitment and community spirit throughout the house, over the next year I am looking forward to working with the rest of the Halton House team.



**BRANDON CRAIG**

Hi, I am Brandon from the Halton's 3 C's Committee. In my role I support creativity, where I and my committee team encourage other year groups to get involved in a range of activities. We actively seek fun events that students of the school can participate in to ultimately increase positivity in school. We raise money for the North West Air Ambulance Service.

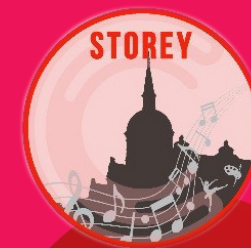
Halton House pupils have chosen to support The North West Air Ambulance as our year group charity.

This essential service flies 2000 missions a year and brings advanced healthcare to the scenes of medical emergencies such as road traffic collisions, sports injuries, falls and industrial injuries.

To find out more [www.nwaa.net](http://www.nwaa.net)



Hello Central, I am thrilled and proud to introduce myself as the Head of Storey House. The house system is something I have been excited about for a long time and I could not wait to get started! The house is named to represent the Storey building and its legacy in Lancaster. The building was given to Lancaster by Sir Thomas Storey to be used for the promotion of: art, science and literature. These symbols can be seen in our wonderful logo designed by students. We are identified by the colour red which is often used to represent: passion, energy and strength. My role as Head of House means that I can pastorally support students in a range of age groups, working alongside other Storey staff from all areas of school. I have really enjoyed the first term as we launch the house system and cannot wait to see what the rest of the year brings. This is where our storey begins...



# STOREY

## HOUSE CAPTAINS

## COMITTEE MEMBERS



Hi, my name is **Evie D'Souza** and I am Storey House Captain. As part of my role, I want to help to introduce more opportunities and activities to the students at CLHS. I also want to help create a more positive image for CLHS in the community and show everyone what this brilliant school has to offer. I love the house system because of the unity that it has brought to the school as well as bringing some friendly competitive spirit, making the school exciting and fun for students to attend. #GloryforStorey



Hello, my name is **Matilda**. My role requires me to share ideas and work in collaboration with the House captain to help to improve Central and promote the three C's in Storey House. I would like to help make Storey house the best possible house it can be and to help organise whole school events that are exciting for students to take part in. I really like that the house system means that students get more of a say about the events ran in school, like the non-uniform day we recently organised to raise money for Anti Bullying and Children in Need. There is nothing wrong with a bit of friendly competitions.



Hi, my name is **Megan Robinson** and I am Sports Captain in Storey House. Storey has hard working pupils and very committed (and competitive) staff! As part of my role I will work closely with the team of Sports Captains and the Performance staff to organise events and support the department in the many activities Central offers. I wear my badge with pride. I would like to use my role to encourage fellow students to get involved in the extracurricular clubs and to gain confidence in themselves. I think the house system is great for CLHS because it gives everyone the chance to get involved with the life and spirit at school.



Hi, my name is **Spencer** and I am in year 9. As founding member of the community club at CLHS I was really proud to be given the position of promoting 'community' within Storey house. I want to make sure that everyone treats each other well in CLHS, and that there is something to keep all students happy and involved in school life. We want to keep the community in school clean and tidy. I like the house system because it has brought lots of fun into school and there has been lots of activities to be involved in.



My name is **Jasmine**, I am 14 and I am in year 9. I am the commitment leader for Storey House and I have been in this school since year 7. Part of my role is to support the House Captain in promoting the three C's in school. I would like to use my role to promote commitment to learning, house activities and extracurricular activities. I think the house system is great because the competitions bring everyone together and we all support each other to complete them.



Hello, my name is **Niyah Hunter** and I am part of the 3C's committee. I lead the way for Creativity in Storey House. As part of my role, I would like to encourage students to help to make this school a happy place to be for all students. I have had lots of chance to show my creative skills throughout my time here and would like to make sure that all students have the same opportunity. I am passionate about making students realise that they can achieve their goals and should aim high. I really like the House system because it feels like we are part of a family now and I enjoy having a special role within it.

## HOUSE DROP DOWN DAY

On the drop down day, 11 Storey made their way down to the Storey building in the centre of town. When we got there, we were met with a representative of the Storey building who talked us through the history and significance of the Storey family and building. We then went to the secret gardens where we looked at the wondrous plants and the lovely little shed and took some time to reflect on the beautiful crisp morning. After this we then went back inside to design areas of D floor, trying to take inspiration from the Storey building and bring it to our house area in Central! In the afternoon we had a talk from the manager at the local homeless shelter. This helped us to find out about the problems that homeless people face and to appreciate the impact that homelessness charities can have. As house captain I think that it was an amazing opportunity for the year 11s of Storey as we got to understand where the name of our house came from and connected with it.

Evie, House Captain.



## HOUSE CHARITY

Storey House charity this year is Shelter. Shelter helps millions of people every year struggling with bad housing or homelessness through advice, support and legal services. They campaign to make sure that, one day, no one will have to turn to them for help. We have already raised over £250 by daily 'chuck in the change' donations in form time but have some exciting plans for the New Year.

**foCUS**  
Winter 2018





## ACHIEVEMENT AWARDS



# Year 11

## Creativity club

A new and exciting club has begun at Central this year, giving students a chance to demonstrate one of our 3 C's; Creativity. The club is well attended every Wednesday and they have been very busy making lots of beautiful displays around the school. The club has been inundated with requests and have lots of wonderful plans for other activities in the New Year. So far the club has: created new displays in classrooms; created a poppy display on D floor corridor; completed a House display; made two wonderful poppy wreaths for Remembrance Day and have begun to create a new friendship mural in the Library. Everyone is loving their work so far and we cannot wait to see what else they get up to!

If you would like to join Creativity club or request their help with something, please see Miss Carr.



Editor - Victoria O'Farrell Deputy Headteacher  
victoria.ofarrell@lancasterhigh.lancs.sch.uk



Central Lancaster  
High School