

Central Lancaster High School Lunch Menu

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Curry	Sausages	Chicken Wraps	Tuna Pasta Bake	Beef Burger
Vegetable Curry	Quorn Sausages	Quorn Wraps	Macaroni Cheese	Fish
Rice	Mash	Coleslaw & Salsa	Garlic Bread	Omelette(v)
Naan Bread	Beans			Chips & Peas
Salad Pots				
Panini (Choice of				
Filling)	Filling)	Filling)	Filling)	Filling)
Jacket Potatoes				
Sandwiches (Choice				
of bread & fillings				
from the Deli Bar				