



Family Support Service by SCTSP in Partnership with Staffordshire County Council

CANNOCK

FREE ONLINE BEHAVIOUR & WELLBEING WORKSHOPS/PROGRAMMES

Programmes for Parents

4-week Understanding and Managing Challenging Behaviour Programme:

Topics include: Anger, Defiance, Anxiety and Low Self Esteem

Start date: Tuesday 23rd February 2021

10-11am

Parent Wellbeing Workshop

Wednesday 24th February

10-11am

To book your place please email your name, date of programme and telephone number to raminderdaliwal.fss@sctsp.org.uk or

text/phone with your name, date of programme and email address to [07741645691](tel:07741645691)

Once you have booked onto you will be sent instructions on how to access the

Workshop/Programme. 