



Enjoying, Achieving, Together!



## PE Action Plan 2019-20

For Successful and Sustainable Change to take place there need to be 3 non-negotiable elements:

1. A compelling reason for the change
2. A clear vision of the future with the change in place i.e. the Impact
3. A coherent Action Plan identifying the steps needed

Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole-school improvement

Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport

Key Indicator 4: broader experience of a range of sports and activities offered to all pupils

Key Indicator 5: increased participation in competitive sport

The actions we will implement to achieve the impact are...						
What is the issue, context or compelling reason? (Evidence of need)	What difference are we intending to make? (Impact)	What will be completed?	How this will be achieved?	Who will lead on this and who will support?	When this will take place? (including milestones)	Cost - overall and at each stage
Children are inactive for long periods of time during lessons. (links to key indicator 1 and 2)	Children to be more active and engaged during lessons rather than being sedentary.  Staff to have more ideas and confidence on how to plan and deliver more active lessons.	HJ to suggest ideas of how to be more active in lessons. Share websites that allow the children to be active. E.g. Joe Wicks, Jump Start Jonny etc	Email and share ideas with staff members. Staff to share their experiences of active lessons with each other.	HJ All other staff members	Throughout the year	N/A



Enjoying, Achieving, Together!



<p>Monitoring and networking for PE lead needs to be continued.</p> <p>(Links to key indicator 2 and 3)</p>	<p>Subject leader will know the strengths and weakness of the teaching of PE across the school.</p> <p>Subject leader will gain a better understanding of leading PE and gain ideas from networking with other schools.</p>	<p>Learning walks/lesson observations will be completed to monitor the teaching of PE (coaches).</p> <p>PE lead will gain ideas from network meetings and Level 6 PE course.</p>	<p>Management time will be used for learning walks/lesson observations.</p>	HJ	<p>Management time</p> <p>Network meetings 23/9/19 30/1/20 29/4/20</p>	<p>Monitoring time/CPD - lesson cover</p>
			<p>Network meetings will be attended by PE lead.</p> <p>Level 6 in subject leadership</p>	HJ	<p>PE Conference 12/6/20</p> <p>1:1 action planning day/impact report writing</p> <p>8/10/19 and 14/5/20</p> <p>22/11/19 and 5/2/20</p>	<p>Intermediate package with PE consultant £1000</p> <p>£300</p>



What is the issue, context or compelling reason? (Evidence of need)	What difference are we intending to make? (Impact)	What will be completed?	How this will be achieved?	Who will lead on this and who will support?	When this will take place? (including milestones)	Cost - overall and at each stage
<p>The profile for health, well-being and an active lifestyle is low. (Pupil questionnaire) Children need to be inspired to find an activity they enjoy with the aspiration to continue this outside of school. (Links to key indicator 1 and 2)</p>	<p>Continue to offer a wider variety of extra-curricular activities for the children. (Not just the coach led ones which have to be paid for) and therefore more children being engaged in sporting activities outside of school.</p> <p>More pupils, parents and teachers engaged in an active lifestyle and therefore increasing fitness and understanding the benefits of a healthy lifestyle including increased self-esteem and confidence of pupils, parents and teachers.</p>	<p>Give children opportunities for being active and leading a healthy lifestyle.</p> <p><b>Yoga half day to set up club?</b></p> <p><b>Dance?</b></p>	<p>Continue to run netball and football club. Look into other clubs like yoga.</p>	<p>HJ/other staff members</p>	<p>Throughout the year (half termly blocks)</p> <p>7<sup>th</sup> February 2020 <b>Half day yoga course</b></p>	<p>Additional equipment and resource cost TBC</p> <p>Yoga pretzel cards £10</p>
		<p>Children to be more active at home.</p>	<p>Continue to do parkrun and promote it to pupils, staff and parents.</p>	<p>All staff members to keep the bags running on a weekly basis.</p>	<p>Throughout the year</p>	<p>Mindful monsters £79 per year</p>
		<p>Termly active homework sent home for every child.</p> <p>Well-being week</p>	<p>Use homework bags for children to be active at home.</p> <p>Promote health and well-being through a well-being week. Organise a variety of mindful/well-being activities.</p>	<p>HJ and EC</p>		<p>Equipment costs for well-being week</p>



Enjoying, Achieving, Together!



			<p>e.g. recipes/activity challenges/photos of achievements/mindful monsters.</p> <p><b>Work alongside the relax kids provider. Book a session with each class and the teacher to be involved with it so they can then follow it up. Book other sessions with her so she can team teach sessions.</b></p>			
	<p>To provide opportunities for children to be active outdoors and build on skills such as resilience and team building.</p>	<p>Staff to be confident in leading outdoor and adventurous activities. Children to gain team building skills.</p>	<p>2 enrichment days working with Laura. (Staff and children).</p>	All staff members	<p>November staff inset day</p> <p>Spring term</p> <p>Wed 1<sup>st</sup>/Wed 8<sup>th</sup> April</p>	<p>TBC?</p> <p>£400 x 2</p>
	<p>Continue to promote extra-curricular or internal sporting events. Continue to celebrate pupil's sporting achievements through the use of dojo, healthy selfie board and special mentions which could motivate other children.</p>	<p>Use dojo to promote a healthy and active lifestyle</p> <p>Celebrate pupils' achievements during special mention</p>	<p>Using the 'Healthy Selfie' board as a starting point - keep this updated.</p>			



		assemblies				
--	--	------------	--	--	--	--

What is the issue, context or compelling reason? (Evidence of need)	What difference are we intending to make? (Impact)	What will be completed?	How this will be achieved?	Who will lead on this and who will support?	When this will take place? (including milestones)	Cost - overall and at each stage
Children are not involved in many competitions. (Pupil questionnaire) (Links to key indicator 5)	<p>More opportunities for children to be involved in both intra and inter school competitions.</p> <p>Increased promotion of sportsmanship, teamwork and participation.</p> <p>Increased understanding and enjoyment of a healthy lifestyle through the 'fun' of competitions.</p>	<p>Maintain numbers of Y6 children involved in park run and also try to involve Y5 children too. This will not only increase competition against other runners but also the ability to compete against their own time.</p> <p>Arrange tournaments/games with other local schools (E.g. contact with Red Hill).</p>	PE Lead and supporting members of staff will arrange competitions and opportunities for children to compete against others.	HJ/other supporting staff	Throughout the year	N/A



Enjoying, Achieving, Together!



	Autumn term	Spring term	Summer term
<b>Area 1</b>  Progress  Next Steps			
<b>Area 2</b>  Progress  Next steps:			
<b>Area 3</b>  Progress  Next steps:			

All comments in the boxes should relate to impact of your work in the subject. Dates need to be included wherever possible. A copy to be given to SLT at the end of every term.