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For Successful and Sustainable Change to take place there need to be 3 non-negotiable elements:

1. A compelling reason for the change
2. A clear vision of the future with the change in place i.e. the Impact
3. A coherent Action Plan identifying the steps needed

## PE Action Plan 2021-22

Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole-school improvement

Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport

Key Indicator 4: broader experience of a range of sports and activities offered to all pupils

Key Indicator 5: increased participation in competitive sport

| The actions we will implement to achieve the impact are...                     |   |   |  |  |   |                                    |
|--|---|---|--|--|---|------------------------------------|
| What is the issue, context or compelling reason? (Evidence of need)            | What difference are we intending to make? (Impact)  | What will be completed?   | How this will be achieved?   | Who will lead on this and who will support?      | When this will take place? (including milestones) | Cost - overall and at each stage   |
| To ensure high quality PE lessons are taking place for pupils (staff feedback) | Subject leader will know the strengths and weakness of the teaching of PE delivered by sports coaches. Higher quality lessons will be delivered by coaches. | Learning walks/lesson observations/ pupil voice and questionnaire will be completed to monitor the teaching of PE (coaches). Check they are following correct behaviour policy and lessons are high quality | Management time will be used for learning walks/lesson observations/pupil voice. | HJ to lead. Junior staff and coaches to support. | Management time                                   | Monitoring time/CPD - lesson cover |



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| <p>Monitoring and networking for PE lead needs to be continued.</p> <p>(Links to key indicator 2 and 3)</p> | <p>Subject leader will gain a better understanding of leading PE and gain ideas from networking with other schools.</p> | <p>with pupils making good progress in lessons</p> <p>PE lead will gain ideas and up to date knowledge from network meetings, Health and safety briefing and Level 6 PE course.</p> <p>Training for coaches on areas of weakness???</p> | <p>Network meetings will be attended by PE lead.</p> <p>Level 6 in subject leadership (part 1 completed. Part 2 yet to do).</p> | <p>HJ</p> | <p>Network meetings<br/>07/10/2021<br/>27/1/22<br/>12/5//22</p> <p>Level 6 Part 2<br/>20/01/2022</p> <p>PE Conference<br/>15/6/22</p> <p>1:1 action planning day<br/>23/11/2021</p> | <p>Helping hand package with PE consultant<br/>£675</p> |
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|---|---|---|--|--|--|--|
| <p>The profile for health, well-being and an active lifestyle is low. (Pupil questionnaire)</p> <p>Children need to be inspired to find an activity they enjoy with the aspiration to continue this outside of school.</p> <p>Pupils are not meeting 60 active minutes a day.</p> <p>(Links to key indicator 1 and 2)</p> | <p>Continue to offer a wider variety of extra-curricular activities for the children. (Not just the coach led ones which have to be paid for) and therefore more children being engaged in sporting activities outside of school.</p> <p>More pupils, parents and teachers engaged in an active lifestyle and therefore increasing fitness and understanding the benefits of a healthy lifestyle including increased self-esteem and confidence of pupils, parents and teachers.</p> <p>To provide opportunities for children to be active outdoors and build on skills such as resilience and team building.</p> | <p>Give children opportunities for being active and leading a healthy lifestyle.</p> <p>Children to be more active at home. Termly active homework sent home for every child.</p> <p>Feel good Fridays and Summer term well-being week organised with cross-curricular links to other subjects and celebration through commonwealth games.</p> <p>Pupils and staff participating in daily mile (once in place) and daily physical activities including active play and lunchtimes.</p> <p>Staff to be confident in leading outdoor and adventurous activities. Children to gain team building skills.</p> | <p>When conditions in school allow, offer a yoga and dance club to pupils free of charge.</p> <p>Promote health and well-being through 'Our healthy year' resources leading towards a well-being week. Organise a variety of mindful/well-being activities. e.g. recipes/activity challenges/photos of achievements/mindful monsters.</p> <p>Enrichment days planned to promote new and exciting activities for pupils to try (Staff and children). Link to commonwealth games</p> | <p>HJ/other staff members</p> <p>All staff members to work through the weekly 'our healthy year' challenges with their class</p> <p>HJ/SS/EC/LH</p> <p>All staff upskilled</p> | <p>Throughout the year (half termly blocks) starting in spring</p> <p>Autumn- Our healthy year</p> <p>Spring- mindfulness and mental health</p> <p>Summer- wellbeing week challenges</p> <p>Summer</p> | <p>Additional equipment and resource cost TBC</p> <p>Mindful monsters £79 per year</p> <p>Equipment costs for well-being week</p> <p>£_____ daily mile track</p> <p>£_____ playground markings</p> |



|  |   |  |   |                   |         |  |
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|  | Continue to promote extra-curricular or internal physical activity achievements.<br>Continue to celebrate pupil's sporting achievements through the use of dojo, healthy selfie board and special mentions which could motivate other children. | Use dojo to promote a healthy and active lifestyle<br><br>Celebrate pupils' achievements during special mention assemblies | Using the 'Healthy Selfie' board as a starting point - keep this updated. | All staff members | Ongoing |  |
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|--|---|--|--|---|---|-------------------------------------|
| Children are not involved in many competitions.<br>(Pupil questionnaire)<br>(Links to key indicator 5) | More opportunities for children to be involved in both intra school competitions whilst interschool opportunities are not feasible.<br><br>Increased promotion of sportsmanship, teamwork and participation.<br><br>Increased understanding and enjoyment of a healthy lifestyle through the 'fun' of competitions. | Look into virtual school games via SGO<br><br>Increase the opportunities to compete against other classes or groups within school<br><br>Organise commonwealth games competition day to raise aspirations of pupils and celebrate event. | PE and other staff will arrange competitions and opportunities for children to compete against others within school.<br><br>Commonwealth games competitions day will reflect on the success of 2020's sport relief celebration | HJ/other supporting staff<br><br><br><br><br><br><br><br>HJ | Throughout the year<br><br><br><br><br><br><br>Summer | N/A<br><br><br><br><br><br><br>Free |



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