

★ Friday 20th October ★

Nurturing minds and supporting Mental Health

In a world where mental health is gaining increasing recognition as a vital aspect of overall well-being, the "Happy Minds" initiative has emerged as a beacon of support for children's mental health. With a focus on nurturing emotional resilience, promoting self-awareness, and encouraging open conversations, Happy Minds is a valuable resource available for the young minds of the future to navigate the complexities of growing up.

Children at Chapelford Village Primary School are guided through a variety of activities with their class teacher that provide a safe space for them to express their emotions, learn essential coping mechanisms and understand how their brains function. Each chapter in the My Happy Mind programme is a stepping stone, guiding children toward emotional intelligence, resilience, and a profound sense of well-being. Children have their own individual journal to reflect upon their key learning or to think about how an activity made them feel.



Our current topic of 'Meet Your Brain' involves discussions around understanding how our brain works and how to ensure we look after it so that we can manage our emotions and be at our best. Growth mindset is a key part of this - ensuring children believe abilities and intelligence can be developed and strengthened through dedication, hard work, and learning.

A key aspect of Happy Minds is the emphasis on creating a stigma-free environment surrounding mental health. By encouraging open conversations and educating children about the importance of mental well-being, the initiative aims to eliminate any fear associated with seeking help.

We hope that these weekly sessions support children at our school to grow mentally strong, resilient, and equipped to face life's challenges.

For more information on the myHappyMind programme, click on the link below.

<https://myhappymind.org/programmes/school-programme/>

Notice from Chapelford Medial Centre

May we ask that you refrain from parking on the Medical Centre car park, this is for the use of patients only.

On occasion this is resulted in patients being late and even missing appointments, as well as disabled patients not being able to access the disabled spaces due to them being taken up.

Thank you for your cooperation.

School Photographers

We are happy to inform all parents that we have reviewed the photography package we normally offer based on parent feedback and have spent time looking at different companies, we have found a highly-recommended company which offers 19 photos for just £10.95. This company will be in school on **Tuesday 21st November** to take individual and sibling photographs. If your children all attend Chapelford the sibling pictures will be taken during the school day. If a sibling does not attend Chapelford and you would like a family photograph taking, please enter the community hall via the community doors at 8:30am on the morning of the 21st November. If any parents do not wish their child to have a picture taken please contact the school office.

Dates for your diary

October 2023	
Friday 27th	End of Term
Friday 27th - Sunday 29th	Year 6 Robinwood Residential
November 2023	
Monday 6th	Back to School - Autumn 2
Tuesday 7th	Parent's Evening
Tuesday 7th	Book Fair in school
Thursday 9th	Parent's Evening
Monday 13th - Thursday 16th	Year 3 Fox Howl Residential
Friday 17th	Children in Need Whole School Fundraiser
Tuesday 21st	School photographers at school
Friday 24th	School closed to children for Inset Day
December 2023	
W/B Monday 11th	Festive Disco's across the School
Monday 18th	EYFS Christmas Play
Tuesday 18th	EYFS Christmas Play
Wednesday 20th	Last day of Term
January 2023	
Thursday 3rd	Back to School - Spring 1

Star Learners

4	Oliver	15	Darsh
5	Aurora	16	Sebastian
6	David	17	Ben
7	Oliver	18	Harry
8	Hassan	19	Frankie
9	Emily	20	Milo
10	Daniel	21	Mayama
11	Victoria	22	Leyton
12	Scarlett	23	Maverick & Aanya
13	Callan	24	Abbie
14	Archie	25	Nathan

Readers of the Week

4	Dylan	15	Jasmine
5	Heidi	16	Imogen
6	Emi	17	Ariana
7	Sophie	18	Gwyneth
8	Hasnain	19	Eldon
9	Jordan	20	Elise
10	Ben	21	Heyz
11	Ella	22	Lexi
12	Meadow	23	Indi
13	Teddy	24	Jacob
14	Rhys	25	Thomas

Values Award

4	Georgie	15	Maanvi
5	Aria	16	Abigail
6	Pippa	17	Eva
7	Alex	18	Lily
8	Harry	19	Mia
9	Navkerat	20	Aarush
10	Lottie	21	Sam
11	Josh	22	David
12	Leo	23	Amelia
13	Harleen	24	Isla
14	June	25	Ben

Reading Percentages

4	35%	15	74%
5	64%	16	50%
6	81%	17	45%
7	74%	18	62%
8	88%	19	72%
9	92%	20	70%
10	70%	21	52%
11	68%	22	96%
12	65%	23	81%
13	73%	24	86%
14	50%	25	56%

Health & Safety Reminders

- ◆ **May we ask for support with the safe use and enjoyment of the climbing frame by ensuring children do not use it before and after school.**
- ◆ Could we please politely remind parents to take care driving around both front and rear car parks at school drop off and pick up times, paying particular attention to the crossings as there have been a few near misses this week. Thanks in advance for your support with this as we all work together to keep our children safe.
- ◆ Smart Watches are not to be worn for school.
- ◆ E-SCOOTERS. Please can we take care on arrival to school on e-scooters.
- ◆ Bikes and scooters must **NOT** be ridden until outside of the school grounds!
- ◆ All ballgames including football are not to be played on the school playgrounds during drop-off and pick-up.
- ◆ School Gym Equipment is for pupils during the school day only.
- ◆ Please remember that dogs except for assistance dogs are NOT permitted on school grounds under any circumstances.

School Meals



In line with the Government's Healthy School initiative parents are requested to only send healthy snacks for their children for break and lunch time. Please ensure these items are low in fat and/or sugar. Thank you for your co-operation.

Please be aware that we are a **NUT FREE** school as we have in school with nut allergies. Please do not send your child into school with nut related products. Thank you



Please can all school uniform be clearly labelled with your child's name. This will help us in getting it back to the right owner. Thank you.

School menu for week beginning **Monday 23rd October** is **Week 1**



ParentPay

Can we request that children's ParentPay accounts are regularly topped up, to make sure the children continue to receive their school lunches and snacks.

Free School Meals end for pupils at the end of Year 2. School lunch is £2.60 per person per day it to be paid via Parentpay.

If you require more help please don't hesitate to contact the school office on [01925 712554](tel:01925712554) or email us on office@chapelfordvillageprimary.co.uk

Reminder - Once money has been put onto your child's account this needs to be allocation to school meals.



Parental concerns and issues

We take all concerns and issues seriously.

- ◇ If you have any worries, please contact the school and/or class teachers directly via the following methods: Email the class teacher: All class teachers have a direct email – these can be found on the [school website](#)
- ◇ Email the school office: office@chapelfordvillageprimary.co.uk.
- ◇ Call the school: 01925 712554





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