



Thursday 11th September 2025

Morning Cross Country Club for Years 4, 5 and 6

Dear Parents and Carers,

We are excited to announce the launch of a morning Cross Country Club, running throughout the Autumn term until the end of Autumn 2. This club offers pupils a fantastic way to start the day with energy and focus, supporting both their physical health and readiness to learn. It also promotes wellbeing, builds confidence, and encourages positive routines in a fun and inclusive environment. There will be no cost for this club.

The club will be led by Mr Capper and Miss Searle and will take place **before school from 8:15am to 8:30am**, entrance will be through the front office. It is open to pupils in **Years 4, 5, and 6** on the following days:

- **Monday:** Years 4 & 6
- **Wednesday:** Years 4 & 5
- **Thursday:** Year 5
- **Friday:** Year 6

Pupils who attend will also have the opportunity to work towards representing the school at the upcoming **Walton Hall Cross Country events** taking place on:

- Saturday 27th September
- Saturday 13th December

Sign-ups for this morning club will go live on Monday 15th September at 8:00am, with sessions beginning from **Monday 22nd September**.

In the event of bad weather, the club will move indoors, and an alternative activity will be provided. We hope many of our pupils will join us to take part in this fun and healthy start to the day.

On the days children attend the club, they should come to school already dressed in their PE kit, as the sessions align with their usual PE days, also on wet days a spare pair of socks may be useful. After running, there will be time for pupils to have a drink and cool down before morning registration. Please make sure your child has any inhalers they need with them for the club.

We hope many of our pupils will join us for this fun and healthy start to the day.

Kind regards,

Mrs C McManus
PE Enhancements Lead

Please click on the following link to register your child for this activity -
<https://forms.office.com/e/0qLRmkYjij>