Lunch

Please be assured that the menu choices for individuals with allergens can be adapted and is not limited to the items displayed here. PGL can provide meals that do not include the main 14 allergens as ingredients, where the dietary needs form has been completed during the booking process. If you require more specific information in advance, please contact our customer service team. Available everyday: homemade soup (ve) with bread roll (v)

Cheese Burger With Bun Gluten Free Alternative Available	Cheese Roll Gluten Free Alternative Available V
British and Irish 100% Aberdeen Angus beef burger topped with cheese served in an unseeded bun	2 Rolls (i)
1 Childs Serving ①	100g ①
100g ①	g
1 Adult Serving ①	Ham Roll Gluten Free Alternative Available
	2 Rolls 🛈
Vegetable Burger in a Bun Gluten Free Alternative Available V VE	100g 🛈
Breaded vegetable burger in an unseeded bun	100g C
1 Childs Serving ①	Ziggy Fries v vE GF
100g ①	1 Child Serving ①
1 Adult Serving ①	1 Adult Serving 🛈
Tuna Mayo Roll Gluten Free Alternative Available	100g ①
2 Rolls ①	Sheese Vegan Sandwich Gluten Free Alternative Available V V
100g ①	1 Serving ①
	100g 🛈

Dinner

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Chicken Nuggets Gluten Free Alternative Available	Mixed Vegetables v ve GF
1 Childs Serving ①	1 Childs Serving (i)
100g ①	1 Adult Serving (i)
1 Adult Serving ①	100g (i)
Homemade Vegetable Lasagne v vE Pasta layered with vegetables and topped with vegan cheese style sauce 1 Childs Serving ① 100g ① 1 Adult Serving ①	Potato Wedges v vE GF deep fried potato wedges 1 Childs Serving ① 100g ① 1 Adult Serving ①
Homemade Beef Lasagne Gluten Free Alternative Available Homemade lasagne topped with cheddar & mozzarella cheese 1 Childs Serving ① 1 Adult Serving ①	or Jacket Potato Wedges v ve GF 100g ① 1 Child Serving ① 1 Adult Serving ①
Penne Pasta with Tomato Sauce & Grated Cheese Gluten Free Alternative Available V 1 Childs Serving ① 1 Adult Serving ① 100g ①	Garlic Bread v 2 Slices ① 100g ① Waffle Gluten Free Alternative Available v 1 Serving ① 100g ①

Breakfast

100g (i)

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Available every day: porridge with toppers, selection of cereals, assorted yoghurts (v), white or brown toast (ve) & jam

Pork Sausage GF	Baked Beans v vE GF
Gluten Free Pork Sausage	1 Childs Serving ①
1 Childs Serving, 1 Sausage ①	100g ①
1 Adult Serving, 2 Sausages ①	1 Adult Serving ①
100g ①	
	Vegetable Sausages v vE GF
Hash Browns v ve GF	1 Childs Serving ①
1 Hash Brown ①	1 Adult Serving ①
2 Hash Browns ①	100g ①
100g ①	
Corn Flakes with Semi Skimmed Milk v	Fresh Mushrooms v ve GF
	1 Childs Serving ①
3/4 Bowl with 150ml Semi Skimmed Milk ①	1 Adult Serving ①
100g ①	100g ①
Crisp Puffed Rice with Semi Skimmed Milk v	Toast with Sunflower Spread & Jam Gluten Free Alternative Availal
3/4 Bowl with 150ml Semi Skimmed Milk ①	2 Slices ①
100g ①	
-	100g ①
Weetabix™ with Semi Skimmed Milk v ve	
2 Weetabix™ Biscuits with 150ml Semi Skimmed Milk ①	