

High Performance Learning: Top Tips for Parents



At Chapelford Village Primary, we celebrate and reward children who demonstrate important values, attitudes, and attributes (VAAs) that help them become confident, resilient learners. These include:

- Listening
- Collaboration
- Helpful
- Enterprising & Creativity
- Dynamic
- Open-minded
- Perseverance
- Resilience
- Fearless
- Aspirations

How Can You Help at Home?

Supporting your child's growth mindset and these positive behaviours plays a vital role in their success both at school and beyond. When parents and the school work closely together, sharing the same values and goals, it creates a strong foundation for children to thrive. Your encouragement at home reinforces what we teach in school, helping your child build confidence, resilience, and a love of learning. By collaborating with us, you ensure that every child has the best chance to develop their full potential and achieve their goals. Here are some ways you can help:

Believe in their potential: Show your child that you have confidence in their ability to achieve great things.

- **Praise effort and attitude:** Celebrate the learning journey and the hard work and the VAAs they show, not just the results. This encourages a love of learning and resilience.
- **Foster curiosity:** Encourage your child to ask questions and discover new things. Show them how to be curious by exploring and learning alongside them.
- **Support emotional understanding and awareness:** Make it normal to talk about feelings and help your child develop empathy for others.
- **Engage in conversation and reading:** Spend time talking and reading together, helping them link ideas and make sense of the world around them.
- **Give responsibility:** Let your child take on tasks and don't worry if they make mistakes—it's part of learning!
- **Create regular talking times:** Use everyday moments like the walk to school or mealtimes to chat and connect with your child.
- **Be a role model:** Show your own enthusiasm for learning—your positive attitude will inspire them.

Encouraging Phrases to Support Your Child's Learning



Here are some encouraging phrases inspired by High Performance Learning to help support and motivate your child's growth mindset and learning journey:

- "I know this is tricky, but I believe in you—you can keep going!"
- "Well done for sticking with it, even when it was tough."
- "What's your plan for solving this?"
- "How can you check if you're on the right track?"
- "You've improved so much! What do you want to try next?"
- "I'm proud of how hard you're trying and not giving up."
- "You have such a great attitude towards learning."
- "That's a really creative idea—you're thinking brilliantly!"
- "You handled that challenge really well—I can see your problem-solving skills growing."
- "Why don't you have a go on your own and show me what you can do?"
- "I love that you tried—let's think about how to get even better next time."