

## PE Curriculum Map

# FOUNDATION STAGE

Year Grp	Autumn 1 - 1a	Autumn 2 - 1b	Spring 1 - 2a	Spring 2 - 2b	Summer 1 - 3a	Summer 2 - 3b
FS	<b>REAL PE</b> – Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 2 – Static Balance - Seated	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/ Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
<a href="#">Link to the curriculum for other physical development</a>						

# KEY STAGE 1

Year Grp	Autumn 1 - 1a (7 weeks 3 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
1	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 2 – Static Balance – Seated	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 7 -- Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
	<b>GAMES</b> – Football <i>Focus on:</i>	<b>Dance</b> – Val Sabin	<b>Team games focusing on fundamentals e.g.</b>	<b>ATHLETICS</b> – Sports Day Practice	<b>Gymnastics</b> – Val Sabin	<b>Striking and Fielding games focusing on</b>

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	<i>Ball control</i>	To be done outside	agility, balance, co-ordination			throwing and catching
2	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 2 – Static Balance - Seated	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
	GAMES – Football <i>Focus on: Ball control</i>	Team games focusing on fundamentals e.g. agility, balance, co-ordination. Missed the team game element in Year 1	ATHLETICS – Sports Day Practice	Gymnastics – Val Sabin	Dance – Val Sabin	Striking and Fielding games focusing on throwing and catching for improvement as well building up strategic game play. Missed the throwing and catching focus in Year 1

## LOWER KEY STAGE 2

Year Grp	Autumn 1 - 1a (7 weeks 2 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
3	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 1 – Static Balance – One Leg Standing 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – dynamic balance to agility 9 – co-ordination ball skills	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 8 – Co-ordination with Equipment 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 12 – Agility – Reaction/Response 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 4 – static balance small base 11 – agility reaction
	INVASION GAMES	Rugby ( 6 weeks with	OAA (4 wks)	Dance – Val Sabin	Gymnastics – Val Sabin	Athletics

## PE Curriculum Map

	Netball <i>Focus: Sending &amp; receiving linked to progression skills</i>	WW) <i>Focus: Sending &amp; receiving, tactics, teamwork</i>	Orienteering and team building skills  ATHLETICS Sports Day skills (3 weeks)			Missed in Year 2  OAA (orienteering and team building)
4	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 1 – Static Balance – One Leg Standing 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance – Seated 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – dynamic balance to agility 9 – co-ordination ball skills	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 8 – Co-ordination with Equipment 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 12 – Agility – Reaction/Response 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 4 – Static balance – small base
	Net/Wall & Striking/Fielding games Diamond Cricket <i>Focus: Attack &amp; defence (continue into Summer 2)</i>	Dance – Val Sabin  Must be completed outdoors.	Invasion Games Rugby (6 wks with WW)	Swimming (10 week block)  Year 3 children missed about 3 weeks of their 10 week block.	Gymnastics – Val Sabin	Athletics Missed in Year 3  OAA (orienteering and team building) Missed in Year 3

## UPPER KEY STAGE 2

Year Grp	Autumn 1 - 1a (7 weeks 3 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
5	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 9 – Co-ordination – Balls Skills 12 – Agility –	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 1 – Static Balance – One Leg Standing 6 - Dynamic Balance to	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 4 – Static balance – small base 10 – Co-ordination –	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 8 – Co-ordination with Equipment 11 – Agility – Ball

## PE Curriculum Map

	Reaction/Response			Agility	Floor Movement Patterns	chasing
	<p>INVASION GAMES Basketball <i>Focus: Tactics &amp; strategy</i></p> <p>Swimming – 10 weeks Autumn 1 and 2 due to missing in Y4.</p>	<p>DANCE – Val Sabin</p> <p>Complete outdoors</p>	<p>Net + Wall games Tennis <i>Focus: Precision and control</i></p>	<p>ATHLETICS with Sports Day Practise (3 wks)</p> <p>OAA (3 wks) – orienteering linked to map work can be done as a Geography lesson.</p>	<p>STRIKING/ FIELDING GAMES Rounders (6 wks) <i>Focus: Tactics &amp; strategy</i></p>	<p>GYMNASTICS – Val Sabin</p>
6	<p><b>REAL PE</b> - Unit 1 (Personal) FUNS: 9 – Co-ordination – Balls Skills 12 – Agility – Reaction/Response</p>	<p><b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 3 – Static Balance – Floor work</p>	<p><b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 7 – Counter Balance in Pairs</p>	<p><b>REAL PE</b> – Unit 4 (Creative) FUNS: 1 – Static Balance – One Leg Standing 6 - Dynamic Balance to Agility</p>	<p><b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 4 – Static balance – small base 10 – Co-ordination – Floor Movement Patterns</p>	<p><b>REAL PE</b> – Unit 6 (Health &amp; Fitness) FUNS: 8 – Co-ordination with Equipment 11 – Agility – Ball chasing</p>

	<p>INVASION GAMES - Handball <i>Focus: Developing precision &amp; control</i></p>	<p>ATHLETICS – Linked to Sports Hall Athletics competition in January</p> <p>Missed in Year 5</p>	<p>DANCE – Val Sabin</p> <p>Complete outdoors</p>	<p>OAA - orienteering linked to map work can be done as a Geography lesson.</p> <p>STRIKING/ FIELDING GAMES Rounders (6 wks) <i>Focus: Tactics &amp; strategy</i> Missed in Year 5.</p>	<p>GYMNASTICS – Val Sabin</p>	<p>NET/WALL &amp; STRIKING/ FIELDING GAMES Badminton (6 wks) <i>Focus: Developing precision &amp; control</i></p>
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GYMNASTICS

DANCE

INVASION, NET/WALL, STRIKING/FIELDING GAMES

ATHLETICS

OAA

SWIMMING