

Chapelford Village Primary School



PE Curriculum Statement

Intent:

At Chapelford Village Primary School, we believe that Physical Education (PE), experienced in a safe and supportive environment, is fundamental to ensuring that all children attain optimum physical and emotional development. We intend to deliver high-quality teaching and learning opportunities which inspire all children to achieve success in PE and promote life-long skills. We aim to teach children life skills which will keep them safe such as being able to swim and to use their bike safely on the roads.

It is our priority to educate our children with the transferrable skills needed to succeed in life beyond primary school including how to cooperate and work collaboratively in teams, understand fair play and to embed our core values of 'RESPECT' (resilience, empathy, self-awareness, passion, excellence, communication and team work). These characteristics underpin all aspects of our curriculum.

Our PE curriculum has been planned to improve the health and wellbeing of our children through a unique child-centred approach. As a school, we follow the REAL PE scheme (one session per week) which builds each year on the development of fundamental skills in an engaging and challenging way where children get to self-critique their performance and understand how to improve their skills. Throughout the children's school journey, they will be exposed to a broad range of sports building on prior skills taught.

Implementation:

- PE at Chapelford Village Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, striking and fielding, gymnastics, dance, swimming and OAA.
- The PE long term plan (LTP) sets out the units which are to be taught throughout the year in order to fulfil the requirements set out in the national curriculum.
- Pupils participate in two high quality PE lessons each week. One REAL PE session and one sport based session.
- Happy Lunchtimes are run in every year group where children are encouraged to participate in a variety of activities during break and lunch times to promote physical activity.
- Children are encouraged to participate in the varied range of extracurricular clubs we have on offer.
- Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by our children.

- Each year a small group of Year 5 and 6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual sports day and any other sporting activities.
- During our annual Healthy Schools Week, children participate in activities which are not always provided within our school curriculum including; hula hooping, taekwondo, archery, quidditch, boxing, yoga and curling. This not only allows develops our children's fitness but provides them with the opportunity to try something new.
- Children in Year 3 and Year 4, swim once a week for 10 weeks during the autumn and spring term. We repeat sessions for any children that are still unable to swim to ensure that they leave primary school confident and competent swimmers.
- Each year, we enter the Fire 7s tournament where children are provided with the opportunity to compete at their local rugby club before the profession team play.
- We work closely with outside providers to deliver specialist coaching and opportunities to our children including; Warrington Wolves, Penketh Panthers, Bike Right, Livewire, Warrington Ball Hall, Warrington Gymnastics.

Impact:

We help motivate children to participate in a variety of sports through high quality teaching that is engaging and fun. Children take responsibility to improve and develop their own health, well-being and fitness. We equip our children with the necessary life skills and promote a love for sport and exercise that stays with them beyond their time with us at Chapelford. Many of our children enjoy and thrive in competitive sports and their keen enthusiasm is demonstrated outside of school. Through a holistic school approach, children utilise the characteristics developed as well as the skills and knowledge acquired in PE to become well rounded individuals and have a positive impact on our society.