



# Chapelford Village Primary School

## POLICY FOR THE TEACHING AND LEARNING OF PHYSICAL EDUCATION

*Learn*  
*Achieve*  
*Respect*

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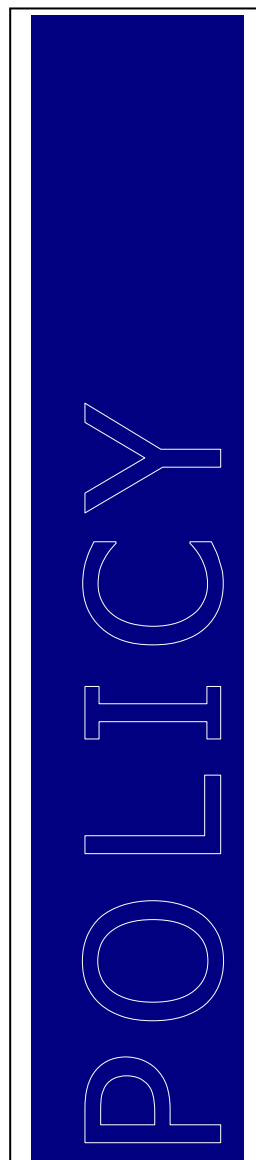
### DOCUMENT STATUS

Version	Date	Action
1	March 2016	New Document adopted by Full Governing Body
2	June 2020	Updated and appendix added for social distancing games

Ratified by governors on

Chair of Governors .....

Head Teacher .....



## **Policy Statement**

At Chapelford Village Primary School we believe that children should have access to high quality learning experiences that enable them to develop knowledge, skills and understanding developed through direct and cross curricular class teaching.

This document is a statement of the aims, principles and strategies for the teaching and learning of Physical Education at Chapelford Village Primary School.

## **Philosophy**

Physical Education (PE) contributes to the overall education of all children by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical skills, physical development and knowledge of the body in action. PE enables children to learn confidence, perseverance, team spirit, positive competitiveness and organisation. Children must engage in a programme of PE that encourages health and fitness, improves their strength and provides them with opportunities to compete in sport. PE is an integral part of school practices allowing all children in the school to gain a sense of achievement and develop positive attitudes towards themselves and others.

## **Aims**

Using the Programme of Study from the National Curriculum it is our aim to ensure pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active
- adopt the best possible posture and appropriate use of the body
- Engage in competitive activities that develop cardiovascular health, flexibility, muscular strength and endurance
- Understand the need for personal hygiene in relation to vigorous physical activity
- Lead healthy, active lifestyles
- Improve physical, social and emotional well-being

In order to develop positive attitudes all children will be encouraged to:

- Follow the conventions of fair play and honest competition
- Cope with success and limitations in their performance
- Persevere with and consolidate their performances
- Be mindful of others in their environment

### **Role of Subject Champion**

- Teach demonstration lessons
- Ensure teachers are familiar with Fundamental Movement Skills and help them to plan lessons
- Lead by example
- Support the SLT in carrying out the audit and agreeing the action plan with staff and governors.
- Work co-operatively with the SENCO in providing advice and support for staff.
- Observe colleagues teaching from time to time, with a view to identifying the support they need.
- To encourage staff to work within the guidelines laid down in the PE policy.
- To keep up to date with current good practice and with national changes within the PE curriculum.
- To evaluate and update the Policy and Scheme and resources on a regular basis.
- To manage a budget to purchase in line with the school's needs.

### **Entitlement**

The Physical Education programme for Key Stage One and Key Stage Two is drawn from the National Curriculum, which outlines the objectives for each year group.

It is compulsory for all pupils from Reception-Year 6 to take part in 2 hours of PE a week.

Fundamental movement skills will be experienced, taught and embedded from Reception. Fundamental Movement Skills are movement patterns that involve different body parts such as the legs, arms, trunk and head, and include such skills as running, hopping, catching, throwing, striking and balancing.

Children will be given opportunities to develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. (National Curriculum 2014.)

Year Group	PE entitlement	PE entitlement
	Outdoor	Indoor
EYFS	Unlimited opportunity for outdoor play experiences.	60 mins
Year 1	60 mins	60 mins
Year 2	60 mins	60 mins
Year 3	60 mins	60 mins
Year 4	60 mins	60 mins
Year 5	60 mins	60 mins
Year 6	60 mins	60 mins

### **Curriculum**

The areas of physical activity (games, gymnastics, dance, athletics, swimming and outdoor activities) are set out in the Foundation Stage Curriculum and National Curriculum 2014. The PE curriculum at Chapelford Village Primary School is based on these requirements and is detailed on the year planner.

Chapelford Village Primary School have adopted REAL PE scheme of work for the teaching of skills in PE and use the Val Sabin Scheme for Gymnastics and Dance.

Each year group will learn PE in accordance with the long term planning. This will ensure continuity and progression through school in order to continue to improve standards in PE.

At Chapelford Village Primary School, PE will be taught through;

- Exposition (demonstration, explanation and instruction) by the teacher to the class, groups or individuals
- Practical activity and related discussion
- Co-operative group work
- Consolidation and practice of fundamental skills
- Opportunity to discuss and reflect on their work through a plenary

- Use of professional/qualified coaching to enhance current provision within school
- Links made to Every Child Matters and Healthy Schools
- Extended high-quality provision through after school activities making use of professional / qualified coaches
- Use of community facilities - local swimming baths

### **Lesson Organisation**

All PE lessons will be taught in a whole class. Some children may be very skilful and will need to be challenged with harder activities; others will be less able and will need simpler activities or skills broken down into parts.

Lessons will have a clear, shared objective. It will fundamentally be driven by skills up to Year 4, and in Upper KS2, will be focussed on embedding those skills to improve performance.

At Chapelford Village Primary School, we will use external coaches to provide enrichment opportunities or to offer a broader experience of sports and activities. External coaches will also be used to develop CPD for teaching staff in designated areas, such as gymnastics.

Swimming lessons will take place in a 10 week block for children in Year 3 and Year 4.

### **High-quality lessons should include:**

- A statement of the learning objective
- Teaching the children to warm up safely
- The teaching of skills and techniques
- The application and adaptation of learnt skills in games activities
- Modelling of correct technique
- Use of correct and specific technical vocabulary
- Performance and evaluation of each other's work
- Work which reflects the learning objective
- Teaching the children to cool down safely
- Teaching the children the impact PE has on their bodies

## **Planning, Assessment, Recording and Reporting**

### **Planning**

Planning for PE is initially shown in long term plans, which incorporates REAL PE themes. Lesson plans (annotated from the schemes of work) show more detailed learning objectives and differentiated activities.

### **Assessment**

**Summative and formative assessment** in PE is carried out by class teachers:

- Informally during the course of teaching through observation
- Teachers assess children at the beginning, during and at the end of each REAL PE unit
- At the end of each unit of work, teachers to complete 'Skills Progression Grids' in order to update the children's attainment and progress in that area of PE.
- These are used to assist in reporting to the parents and passed on to the following class teacher. They should be used to inform future planning
- At the end of every term, the data is collated by Subject Leader and given to SLT.

### **Feedback**

- Verbal feedback is given to the child and children can be supported or extended where required.
- Children may assess their own, or a peer's work and give feedback.

## **Inclusion**

In accordance with the school's Inclusion Policy, teachers will set suitable learning challenges, providing all children the opportunity to experience success in Physical Education and to achieve as high standard as possible.

Teachers will ensure that they are responding to pupil's diverse learning needs and activities are appropriately differentiated to meet the needs of each pupil. When planning, teachers will set high expectations and provide opportunities for all pupils to achieve, including boys and girls, pupils with special educational needs, pupils with disabilities, pupils from social and cultural backgrounds, pupils of different ethnic groups, refugees, asylum seekers and those diverse linguistic backgrounds.

Curriculum planning and assessment for these pupils will take account of the type and extent of the difficulty experienced by the pupil. In many cases, the action necessary to respond to an individual's requirements for curriculum access will be met through greater differentiation of tasks and resources. Some pupils may need access to specialist equipment and approaches or to alternative or adapted activities.

## **Equality**

Chapelford Village Primary School is committed to providing a broad and balanced curriculum for all pupils.

Teachers will ensure that all pupils have fair access to the PE curriculum, regardless of specific needs, gender, race, or ability, in accordance with the school's Equality Policy.

## **Resources**

Resources should be used to deliver the activities and sports as outlined in the curriculum overview. PE resources are stored centrally and should be returned after use.

All PE resources are checked regularly to ensure that they meet health and safety requirements, and in addition to this, all resources are audited annually.

## **Health and Safety**

- Staff should carry out risk assessments with the children at the start of all PE lessons.
- All equipment, apparatus and environment should be checked before the start of every lesson by teacher and is the responsibility of the teacher.
- Pupils are taught to handle equipment carefully and resources are safely stored.

- Children will be dressed appropriately for the activity (hair tied back, no watches/jewellery, earrings out or tape, full school PE kit and appropriate footwear)
- Staff will be dressed appropriately for the activity and leading by example.

Every child must have a school PE kit. They should bring it into school at the beginning of a half term and take it home at the end of a half term for cleaning. Children will not be allowed to share or borrow PE kits from siblings or other children in school. (Spare PE kits will be provided for every year group and it must be washed after use).

When travelling to sporting activity, the appropriate risk assessments are completed and the followed issues addressed:

- All children wear seat belts
- All supervising adults to be aware of risk implications
- All supervising adults that attend swimming to hold a current DBS
- All transporting adults to be fully insured
- Parents permission for taking children out of school obtained
- After school competitions children to be transported by their parents or a responsible adult who the child's parents have given permission. School to be informed.

Safe-practice standards are consistently applied by staff, students and other visitors, across all aspects of the school.

### **Cross Curricular Links**

- Cross curricular links will be sought where appropriate - specifically with PSHE. With a focus on promoting independent, confident and responsible citizens who lead a healthy and active lifestyle.
- Active learning will be promoted and encouraged, providing opportunities for physical activity with a Maths/English focus
- Children should partake in an extra 30 minutes physical activity a day.(Daily Mile)

### **Partnership with Parents**

- Sports Day is held annually
- Parents and Carers are invited to spectate during competitions
- Achievements are shared on social media platforms.

### **Out of School Hours Provision**

Chapelford Village Primary School aims to offer a broad range of extra-curricular activities. These clubs are changed and updated half termly to



suit the interests of the children. After school clubs are available for children to attend from Reception to Year 6. All sports clubs are open to both girls and boys and are delivered by qualified coaches or teachers who deliver high quality lessons.

The provision of Out of School Hours sports clubs is reviewed annually and registers are kept to ensure opportunities are provided for all children.

### **Social Distancing Games and Activities (see appendix)**

At Chapelford Village Primary School, we will be promoting social distancing games and activities until it is safe to return to PE as we know it.

Teachers are responsible for ensuring children access some of the games available in the 'Playground Games' document attached.

In the Autumn Term, teachers will complete the REAL PE unit and curriculum area as stated by the PE leader.