

# Maes y Nant Menu

Break time snacks are provided and additional fruit is always available.

Hot Chocolate and a biscuit are served on both evenings.

We aim to provide healthy meals that will appeal to the children in order they get the energy intake they need to fuel their three days at Robinwood.

#### Lunch

Cheese and Tomato Pizza
Crisps
Biscuit
Fruit available

## **Evening Meal**

Baked Potato (with choice of fillings)
Pasta Bolognese
Tomato Pasta
Salad available
Choc Ice

#### **Breakfast**

Sausage
Vegetarian Sausage
Bacon
Mini potato waffles
Beans
Toast
Choice of Cereals
Fruit available

#### Lunch

Chicken Burger
Hotdog
Sandwich with filling
(cheese, ham, tuna or jam)
Muffin
Fruit
Yogurt tube

## **Evening Meal**

Fish Fingers and Chips Curry and Rice Peas and Sweetcorn available Ice Cream Pot

## **Breakfast**

Sausage
Vegetarian Sausage
Bacon
Mini potato waffles
Beans
Toast
Choice of Cereals
Fruit available

### Lunch

Sausage Roll Cheese Roll Crisps Fruit Biscuit There is always a vegetarian option and we regularly cater for special diets such as coeliac disease (gluten free), lactose free, dairy free and halal.

Please let us know in advance of any dietary needs.