# What's on in Warrington **Autumn 1 2025**

**ADDvanced Solutions Community Network** 



**ADDvanced Solutions Community Network** is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. **No diagnosis or referral is needed to access the offer.** 

# **Warrington Community Network Group**

The face-to-face Warrington Community Network Group is an informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. **No need to book**, **just come along**, to meet the team and visiting professionals.

**Day:** Tuesday

Time: 12:30pm - 2:30pm

**Venue: Orford Community Hub,** 

Hughes Avenue, Warrington WA2 9EW.



Thursday Afternoons 12:30pm-2:30pm  No need to book - just drop in!				
11 <sup>th</sup> September	Identifying Problems, Finding Solutions			
18 <sup>th</sup> September	Specific Learning Difficulties			
25 <sup>th</sup> September	Supporting Friendships  Puberty and Neurodevelopmental Conditions			
2 <sup>nd</sup> October				
9 <sup>th</sup> October	Choosing a School			
16 <sup>th</sup> October	Early Help			
23 <sup>rd</sup> October	Encouraging Independence			

# **Online Community Network Groups**

An informal, online opportunity to seek advice and get support around challenges at all stages of your journey.

Monday morn 9.30am - 11.00an		
8 <sup>th</sup> September	Identifying Problems, Finding Solutions	
15 <sup>th</sup> September	Puberty and Neurodiversity	
22 <sup>nd</sup> September	Supporting Organisational Skills	
29 <sup>th</sup> September	Autism and Girls	
6 <sup>th</sup> October	Choosing a School	
13 <sup>th</sup> October	Encouraging Independence	
20 <sup>th</sup> October Communicating with your		

Wednesday afternoons 5.00pm-6.30pm  Click here to register					
10 <sup>th</sup> September	ldentifying Problems, Finding Solutions				
17 <sup>th</sup> September	Introduction to Autism				
24 <sup>th</sup> September	Choosing a School				
1 <sup>st</sup> October	Difficulties Attending School				
8 <sup>th</sup> October	Puberty and Neurodiversity				
15 <sup>th</sup> October	Zones of Regulation				
22 <sup>nd</sup> October	Encouraging Independence				

#### Neurodevelopmental Conditions Learning Programme - Face-to-Face

This three session programme will run during the daytime. The sessions equip parents and carers with:

- A greater understanding of Neurodevelopmental Conditions including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.
- Practical strategies to manage everyday challenges and behaviours including sleep, toileting and eating.
- Knowledge around your Local Offer, disability welfare rights and SEND, Early Help and EHCPs.

Please contact us to register your interest for our next available face-to-face Neurodevelopmental Conditions Learning Programme in Warrington.

#### Neurodevelopmental Conditions Learning Programme - Online

An online, evening alternative to the face-to-face learning programme. The programme is delivered as a webinar, with the ability to engage with the facilitator and other parents/carers through the Q&A and chat.

**Day:** Tuesday

Time: 6:30pm - 8:30pm Venue: Online via Zoom

Tuesday evenings for six weeks 6:30pm - 8:30pm				Click here to register	
Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Tuesday 9 <sup>th</sup> September	Tuesday 16 <sup>th</sup> September	Tuesday 23 <sup>rd</sup> September	Tuesday 30 <sup>th</sup> September	Tuesday 7 <sup>th</sup> October	Tuesday 14 <sup>th</sup> October

#### Online Learning Workshop - Sleep Difficulties

Online Learning Workshops are designed to help parent/carers understand and learn more in-depth about a specific topic relating to neurodevelopmental conditions. This half term's topic will be **Sleep Difficulties**:

Sleep can be a challenge for neurodivergent children and young people, which can have an impact on their day-to-day life and wider family. During this webinar, our sleep practitioners will identify the difficulties that neurodivergent children and young people experience which can impact bed time and sleep. We will also explore what a good bedtime routine looks like, incorporating sleep hygiene, whilst providing advice and strategies for common challenges.

**Day:** Friday

Time: 9:30am - 12:00pm Venue: Online via Zoom **Supporting Sleep Difficulties** 

Friday 26<sup>th</sup> September 9:30am - 12:00pm

Click here to register



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges

Our online offer is delivered by Zoom for Healthcare, you will need to have a free Zoom account to register. The details we request when you register are kept securely and used in line with our privacy policy:

https://www.addvancedsolutions.co.uk/wpcontent/uploads/2025/04/Privacy-Policy.pdf

### Preparing for the Future Learning Offer - Parent/Carers

Offering parents and carers, in St Helens, Knowsley and Warrington, learning opportunities to understand and better support neurodivergent young people aged 11+ as they prepare for the future.

This is a structured, 6 session learning programme, delivered face to face or online, supporting parents and carers as their young person approaches adulthood:

- Independent living
- Community inclusion
- Relationships
- Good health and wellbeing
- Exploring local provision and services for young people
- Planning for transition
- Supporting independence
- Reasonable adjustments and SEND
- Further education and employment

**Day:** Tuesday

**Time:** 6:30pm - 8:30pm **Venue:** Online via Zoom

Tuesday evenings for six weeks 6:30pm - 8:30pm			Click here to register		
Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Tuesday 9 <sup>th</sup> September	Tuesday 16 <sup>th</sup> September	Tuesday 23 <sup>rd</sup> September	Tuesday 30 <sup>th</sup> September	Tuesday 7 <sup>th</sup> October	Tuesday 14 <sup>th</sup> October

#### Preparing for the Future Learning Opportunity - Young People

A 7-session programme, created for neurodivergent young people 11-18, with or without a diagnosis, providing information, strategies and advice around:

- Health, wellbeing and personal safety
- Friendships and Relationships
- Transition planning and coping with change
- Workplace readiness
- Independence, travel and managing money
- Community engagement opportunities
- Education and training opportunities

**Day:** Wednesday **Time:** 6:00pm - 7:30pm **Venue:** Online via Zoom

**Wednesday evenings for seven sessions** Click here to register 6:00pm - 7:30pm Session 1 **Session 2** Session 3 Session 4 **Session 5 Session 6** Session 7 Wed 10<sup>th</sup> Wed 17th Wed 24th Wed 1st Wed 8th Wed 15th Wed 22<sup>nd</sup> September September September October October October October

# Neurodevelopmental Conditions Awareness Raising Training for Professionals

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- Understand the differences between and the typical behaviours of ADHD, Autism, and other NDCs
- Recognise the impact that unsupported and unmanaged NDCs can have on an individual and their family
- Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families

Contact us for further information about our next training for professionals.

<u>Seeking Crisis Support? Click here.</u>











