

ADDvanced Solutions

Community Network Supporting you to find the answers



What's On in Warrington: Summer Term 1 2022

ADDvanced Solutions Community Network have an online and face-to-face offer to support children, young people, families and professionals in the Warrington area.

Our online offer is delivered using Zoom for Healthcare. If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept securely and used in line with our privacy policy: https://www.addvancedsolutions.co.uk/policies/privacy-policy.html

If you are accessing our online offer using your mobile phone, please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Our COVID-19 Health & Safety commitment to you for face-to-face attendance

We will:

- Follow government guidance
- Offer hand sanitiser, face masks and face visors, if desired

We ask that you:

- Follow government guidance
- Do not attend if you have any COVID-19 symptoms
- Respect the venue, and our team's requests around observing COVID-19 health & safety measures

- Test our team regularly
- Observe social distancing measures
- Follow our registration process
- Observe social distancing measures
- Understand that we may need to limit face-to-face attendance

Community Network Groups

Community Network Groups provide a discussion based opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience. You can talk to other parents, the ADDvanced Solutions team and **visiting professionals** who can help and support you.

To attend our face to face Community Network Groups, come and join us at the address listed.

Some of our Community Network Groups for this term will be running online. **To join an online group, click the appropriate registration link below.**





Monday All Areas Community Network Group

Mondays during term time: 9:30am - 11:00am Location: Online

To join online: please click here to register

25th April:	Identifying Problems, Finding Solutions
9th May:	Supporting Siblings of Children with NDCs
16th May:	Exploring Specific Learning Difficulties
23rd May:	Understanding and Supporting Behaviours that Challenge

Wednesday All Areas Community Network Group

Wednesdays during term time: 5:00pm - 6:30pm Location: Online

To join online: please click here to register

27th April:	Attachment and NDCs
4th May:	Supporting Siblings of Children with NDCs
11th May:	Preparing for Meetings with Professionals
18th May:	Understanding and Supporting Behaviours that Challenge
25th May:	Sharing a Diagnosis

Thursday Warrington Community Network Group

Thursdays during term time: 12:45pm - 2:45pm

Location: Sandy Lane Children's Centre, 113 Sandy Lane, Orford, WA2 9HY No booking required.

21st April:	Identifying Problems, Finding Solutions
28th April:	Understanding and Supporting Behaviours that Challenge
5th May:	Supporting Siblings of Children with NDCs
12th May:	Preparing for Meetings with Professionals
19th May:	Attachment and NDCs
26th May:	Sharing a Diagnosis





Neurodevelopmental Conditions Family Learning Programmes

This half term, we are providing the opportunity to choose from either an online or a face-to-face Family Learning Programme:

- Mondays: three full days Face-to-Face
- Mondays and Thursdays: six evening sessions (two sessions per week for three weeks) Online

Our Neurodevelopmental Conditions (ND) Family Learning Programme provides an opportunity for parents and carers to gain understanding and skills about neurodevelopmental conditions including autism and ADHD (pre, during and postdiagnosis) with strategies to support the difficulties that may present:

- Neurodevelopmental conditions/specific learning difficulties and associated mental health difficulties
- Autism Spectrum Disorder/Condition (ASD/C)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Sensory Processing/Integration Difficulties (SPD)
- Supporting behaviours associated with neurodevelopmental conditions
- Your Local Offer, disability welfare rights and special educational needs support including Early Help and Education Health Care Plans

Warrington ND Family Learning Programme (Face-to-Face)

This Warrington Family Learning Programme will be running Face-to-Face, and will be delivered over three sessions.

Wednesdays: 9:30am - 2:45pm Location: WA5

Please contact the office on 01925 320863 if you wish to register for a place.

Monday 9th May Monday 16th May Monday 23rd May

All Areas ND Family Learning Programme (Online)

This online programme will be delivered over six sessions. Monday and Thursday evenings: 6:30pm - 8:30pm

Please click here to register for this learning programme

Monday 9th May Thursday 12th May Monday 16th May

Thursday 19th May Monday 23rd May Thursday 26th May





ND and Me - For young people (face-to-face)

We are delivering a coaching-based learning opportunity, ND and Me, which has been designed for children/young people aged 8-11 and 11-14 with neurodevelopmental conditions to help them to gain a better understanding of themselves and explore their needs.

Location: WA5 (full address available on registration)

Age 8-11 Mondays: 4:15pm - 5:45pm Monday 25th April Monday 9th May Monday 16th May Monday 23rd May Age 11-14 Mondays 6:00pm - 7:30pm Monday 25th April Monday 9th May Monday 16th May Monday 23rd May

Parents and carers must have attended, or be attending, the ND Family Learning Programme for their child or young person to attend the ND and Me learning opportunity.

Please contact the office on 01925 320863 if you wish to register for a place.

Sensory Processing Difficulties Learning Workshops (Online)

Our Sensory Processing Difficulties learning workshops will be delivered as webinars. It is recommended that you attend all three sessions.

Mondays: 1:00pm - 2:30pm

<u>Please click here to register for the three sessions.</u>

25th April:	Introduction to Sensory Processing Difficulties
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9th May:	Emotional Regulation and Praxis
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16th May:	Sensory Strategies
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Neurodevelopmental Conditions and Eating Difficulties (online)

This Learning Workshop is specifically for families of children who experience avoidant and restrictive food intake difficulties. **We recommend you access the Sensory Processing Difficulties training before accessing our Eating Difficulties training.**

Monday 23rd May

1:00pm - 2:30pm: Please click here to register for this session.





Learning Workshops for Families (Online)

Our Family Learning Workshops, delivered as webinars, have been designed for families to better recognise, understand and support their own needs and those of their children and young people living with neurodevelopmental conditions (NDCs). **Please click the appropriate link below to register:**

Monday 9th May

10:00am - 12:00noon: Autism with a Demand Avoidant/PDA Profile

Sleep Difficulties Learning Workshop

Our trained sleep practitioners will present a webinar on sleep difficulties faced by children and young people with neurodevelopmental conditions, and offer suggestions and strategies to improve their sleep routine.

Thursday 26th May

9:30am - 12:30pm:

Supporting Sleep Difficulties

Professionals Learning Workshops (Online)

Our Professionals Learning Workshops, delivered as webinars, will support you and your organisation to better recognise, understand, and improve outcomes for the children, young people, and families that you work with. Parents/carers are also welcome to attend.

Please click the link below to register:

Thursday 12th May

3:30pm-5:30pm:

Sensory Processing Difficulties

Coffee Mornings

We are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office.







 Follow us on Twitter: @ADDvancedSol
Follow us on Instagram: @ADDvancedSolutions
Like us on Facebook: ADDvanced Solutions Community Network Join our closed Facebook group for parents and carers: ADDvanced Solutions Community Network Discussion Group Telephone: 01925 320863

For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website <u>ADDvanced Solutions Community</u> <u>Network</u> and view the calendar listings.

Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, we have listed the local area crisis contact details on our urgent support page, which you can find on our website: www.addvancedsolutions.co.uk under the 'Contact' menu option, where you will also find links to national organisations that can offer support.

Click <u>HERE</u>