



Tuesday 12th March

Dear parents/carers,

In order to support the P.S.H.C.E. and Science areas of the National Curriculum, the school nurses will be delivering a session to all year five children which will prepare boys and girls for the changes that adolescence brings. The session is scheduled to take place on **Monday 25th March 2024**. The session will be delivered to each whole class together for the first part of the session which is around 30-45minutes. A further session with just the girls from each class, lasting around 30-45minutes, will focus on menstruation and sanitary products. The boys will undertake other science learning during this time.

Primary sex education beyond the Science curriculum is not compulsory in primary schools and the primary schools in Omega MAT will only teach those aspects of sex education which are covered in the National Curriculum for primary science. You will find the PowerPoint on the school website under PSHCE if you would like to find out more about exactly what is covered, and the vocabulary used.

If you have any questions or concerns regarding the session, please direct to the class teacher in the first instance or myself on h.hackett@cvps.omegamat.co.uk. Please be assured that all enquiries will be dealt with sensitively and discretely.

Yours sincerely

Mrs Hackett
Assistant Headteacher