

## PE Curriculum Map

# FOUNDATION STAGE

Year Grp	Autumn 1 - 1a	Autumn 2 - 1b	Spring 1 - 2a	Spring 2 - 2b	Summer 1 - 3a	Summer 2 - 3b
FS	<b>REAL PE</b> – Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 2 – Static Balance - Seated	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/ Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
<a href="#">Link to the curriculum for other physical development</a>						

# KEY STAGE 1

Year Grp	Autumn 1 - 1a (7 weeks 3 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
1	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 2 – Static Balance - Seated	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 7 -- Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
	Gymnastics	Dance – <a href="#">Link to topic</a>	GAMES – Football <i>Focus on:</i>	ATHLETICS – Sports Day Practice	Gymnastics/ Dance <a href="#">Link to topic</a>	Games

## PE Curriculum Map

			<i>Ball control</i>			
<b>2</b>	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 2 – Static Balance - Seated	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
	Dance – Link to topic	Gymnastics	GAMES – Football <i>Focus on: Ball control</i>	ATHLETICS – Sports Day Practice	Games	Gymnastics/Dance

## LOWER KEY STAGE 2

Year Grp	Autumn 1 - 1a (7 weeks 3 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
<b>3</b>	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 1 – Static Balance – One Leg Standing 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – dynamic balance to agility 9 – co-ordination ball skills	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 8 – Co-ordination with Equipment 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 12 – Agility – Reaction/Response 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 4 – static balance small base 11 – agility reaction
	INVASION GAMES Football (3 wks) Netball (4 wks) <i>Focus: Sending &amp; receiving</i>	Swimming  OAA (3 wks) Team building skills	GYMNASTICS (3 wks)  DANCE (Topic related)	ATHLETICS Sports Day skills	Gymnastics	NET/WALL & STRIKING/ FIELDING GAMES Rounders (3 wks) Tennis (3 wks) <i>Focus: Sending &amp; receiving</i>

## PE Curriculum Map

	SWIMMING					
4	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 1 – Static Balance – One Leg Standing 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance – Seated 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – dynamic balance to agility 9 – co-ordination ball skills	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 8 – Co-ordination with Equipment 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 12 – Agility – Reaction/Response 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 4 – Static balance – small base
	INVASION GAMES Rugby (3 wks) Hockey (4 wks) <i>Focus: Attack &amp; defence</i>	OAA (3 wks) Orienteering  GYMNASTICS (3 wks)	SWIMMING	SWIMMING  ATHLETICS Sports Day	DANCE (Topic related)  Gymnastics	NET/WALL & STRIKING/ FIELDING GAMES Badminton (3 wks) Cricket (3 wks) <i>Focus: Attack &amp; defence</i>

## UPPER KEY STAGE 2

Year Grp	Autumn 1 - 1a (7 weeks 3 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
5	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 9 – Co-ordination – Balls Skills 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 1 – Static Balance – One Leg Standing 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 4 – Static balance – small base 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 8 – Co-ordination with Equipment 11 – Agility – Ball chasing
	INVASION GAMES Football (3 wks) Netball (4 wks) <i>Focus: Tactics &amp; strategy</i>	GYMNASTICS (3 wks)  OAA (3 wks)	DANCE (Topic related)	ATHLETICS Sports Day (2 wks)  OAA (3 wks)	GYMNASTICS	NET/WALL & STRIKING/ FIELDING GAMES Rounders (3 wks) Tennis (3 wks) <i>Focus: Tactics &amp; strategy</i>

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6	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 9 – Co-ordination – Balls Skills 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 1 – Static Balance – One Leg Standing 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 4 – Static balance – small base 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 8 – Co-ordination with Equipment 11 – Agility – Ball chasing
	<b>INVASION GAMES</b> Rugby (3 wks) Hockey (4 wks) <i>Focus: Developing precision &amp; control</i>	<b>OAA (3 wks)</b> <b>Orienteering</b>  <b>GYMNASTICS (3 wks)</b>	<b>DANCE</b> (Topic related)	<b>ATHLETICS</b> Sports Day (2 wks)  <b>OAA(3 wks)</b> Team building skills	<b>GYMNASTICS</b>	<b>NET/WALL &amp; STRIKING/ FIELDING GAMES</b> Badminton (3 wks) Cricket (3 wks) <i>Focus: Developing precision &amp; control</i>

GYMNASTICS

DANCE

INVASION, NET/WALL, STRIKING/FIELDING GAMES

ATHLETICS

OAA

SWIMMING