

## PE Curriculum Map

# FOUNDATION STAGE

Year Grp	Autumn 1 - 1a	Autumn 2 - 1b	Spring 1 - 2a	Spring 2 - 2b	Summer 1 - 3a	Summer 2 - 3b
FS	<b>REAL PE</b> – Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 2 – Static Balance - Seated	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/ Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
<a href="#">Link to the curriculum for other physical development</a>						

# KEY STAGE 1

Year Grp	Autumn 1 - 1a (7 weeks 3 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
1	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 2 – Static Balance – Seated	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 7 -- Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
	Gymnastics	Dance – Linked to journeys along the river.	GAMES – Football Focus on:	ATHLETICS – Sports Day Practice	Striking and Fielding games focusing on	Team games focusing on fundamentals e.g.

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			<i>Ball control</i>		throwing and catching	agility, balance, co-ordination
2	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 10 – Co-ordination – Floor Movement Patterns 1 – Static Balance – One Leg Standing	<b>REAL PE</b> – Unit 2 (Social) FUNS: 6 - Dynamic Balance to Agility 2 – Static Balance - Seated	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 4 – Static balance – small base	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 9 – Co-ordination – Balls Skills 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 8 – Co-ordination with Equipment 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 3 – Static Balance – Floor work
	Dance – linked to English text. How might the troll move? Where could it be hiding? Link to movements.	Gymnastics	GAMES – Football <i>Focus on: Ball control</i>	ATHLETICS – Sports Day Practice	Team games focusing on fundamentals e.g. agility, balance, co-ordination	Striking and Fielding games focusing on throwing and catching for improvement as well building up strategic game play.

## LOWER KEY STAGE 2

Year Grp	Autumn 1 - 1a (7 weeks 2 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
3	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 1 – Static Balance – One Leg Standing 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – dynamic balance to agility 9 – co-ordination ball skills	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 8 – Co-ordination with Equipment 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 12 – Agility – Reaction/Response 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 4 – static balance small base 11 – agility reaction
	DANCE (Topic related)	OAA (4 wks) Orienteering	INVASION GAMES Football (3 wks)	ATHLETICS Sports Day skills (3)	Gymnastics	NET/WALL & STRIKING/ FIELDING GAMES

## PE Curriculum Map

		Swimming (10 week block)	Netball (4 wks) <i>Focus: Sending &amp; receiving linked to progression skills</i>	weeks)  OAA (3 wks) Team building skills		Rugby ( 6 weeks with WW) <i>Focus: Sending &amp; receiving, tactics, teamwork</i>
4	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 1 – Static Balance – One Leg Standing 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance – Seated 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – dynamic balance to agility 9 – co-ordination ball skills	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 8 – Co-ordination with Equipment 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 12 – Agility – Reaction/Response 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 11 – Agility – Ball chasing 4 – Static balance – small base
	SWIMMING (10 week block)  OAA (3 wks) Orienteering		DANCE (Topic related)	GYMNASTICS  ATHLETICS Sports Day	INVASION GAMES Hockey (4 wks) <i>Focus: Attack &amp; defence</i>  Diamond Cricket (3 wks) <i>Focus: Attack &amp; defence (continue into Summer 2)</i>	NET/WALL & STRIKING/ FIELDING GAMES Rugby (6 wks with WW)

## UPPER KEY STAGE 2

Year Grp	Autumn 1 - 1a (7 weeks 3 days)	Autumn 2 - 1b (7 weeks)	Spring 1 - 2a (6 weeks)	Spring 2 - 2b (5 weeks 4 days)	Summer 1 - 3a (4 weeks 4 days)	Summer 2 - 3b (6 weeks 4 days)
5	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 9 – Co-ordination – Balls Skills 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 1 – Static Balance – One Leg Standing 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 4 – Static balance – small base 10 – Co-ordination – Floor Movement	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 8 – Co-ordination with Equipment 11 – Agility – Ball chasing

## PE Curriculum Map

					Patterns	
	<b>INVASION GAMES</b> Football (3 wks) Netball (4 wks) <i>Focus: Tactics &amp; strategy</i>	<b>GYMNASTICS</b>	<b>DANCE</b> (Topic related)	<b>ATHLETICS</b> Sports Day (3 wks)  OAA (3 wks) – orienteering linked to map work can be done as a Geography lesson.	Net + Wall games Tennis Focus: Precision and control	<b>STRIKING/ FIELDING GAMES</b> Rounders (6 wks) <i>Focus: Tactics &amp; strategy</i>
<b>6</b>	<b>REAL PE</b> - Unit 1 (Personal) FUNS: 9 – Co-ordination – Balls Skills 12 – Agility – Reaction/Response	<b>REAL PE</b> – Unit 2 (Social) FUNS: 2 – Static Balance - Seated 3 – Static Balance – Floor work	<b>REAL PE</b> – Unit 3 (Cognitive) FUNS: 5 – Dynamic Balance 7 – Counter Balance in Pairs	<b>REAL PE</b> – Unit 4 (Creative) FUNS: 1 – Static Balance – One Leg Standing 6 - Dynamic Balance to Agility	<b>REAL PE</b> – Unit 5 (Applying Physical Skills) FUNS: 4 – Static balance – small base 10 – Co-ordination – Floor Movement Patterns	<b>REAL PE</b> – Unit 6 (Health & Fitness) FUNS: 8 – Co-ordination with Equipment 11 – Agility – Ball chasing
	<b>DANCE</b> (Topic related)	<b>ATHLETICS</b> – Linked to Sports Hall Athletics competition in January	<b>INVASION GAMES</b> – over Spring 1 and 2 Rugby (4 wks) Hockey (4 wks) <i>Focus: Developing            precision &amp; control</i>	<b>OAA(3 wks)</b> Orienteering linked to map work can be done as a Geography lesson.	<b>GYMNASTICS</b>	<b>NET/WALL &amp; STRIKING/            FIELDING GAMES</b> Badminton (6 wks) <i>Focus: Developing            precision &amp; control</i>

GYMNASTICS

DANCE

INVASION, NET/WALL, STRIKING/FIELDING GAMES

ATHLETICS

OAA

SWIMMING