



## Chapelford Village Primary School PSHE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<b>All About Me</b> Starting school Classroom rules Getting to know each other	<b>Friendship</b> Anti-Bullying Week What makes a good friend?	<b>Families</b> Who is in my family Different family groups	<b>Every Body is Different</b> How are we different? Listening to and respecting other people's views What hobbies do we have?	<b>Healthy Eating and Staying Safe</b> Personal hygiene Stranger danger Road safety	<b>What have I Achieved?</b> Personal goals Emotions and feelings Value achievements and talents
<b>Key Stage 1</b>						
1	<b>The School Community</b> Classroom Rules Making a classroom a caring environment. Thinking about self and others Respect	<b>Friendships</b> Behaviour Anti-Bullying Week Value of having friends Caring for others	<b>My Family</b> Family groups Respect for others Part of community or groups Jobs	<b>Keeping Safe</b> Road safety Safety at home Safe places/people Internet safety	<b>Heathy Living</b> Personal hygiene Medicines Germs	<b>What have I Achieved?</b> Personal goals Emotions and feelings Value achievements and talents
2	<b>Local Community</b> Shops, services and advertising Community around them & who can help Look after local community What harms/helps the local environment?	<b>Celebrating and Recognising Difference</b> Anti-Bullying week Similarities and differences between people Feelings What makes us unique? Stereotypes	<b>Changing Friendships</b> Qualities of a good friend How to deal with making and losing friends Feelings associated with change Manage feelings positively and effectively	<b>Taking Charge</b> Personal values Making choices Recognise that their actions have consequences Jobs Money	<b>My Body</b> Value bodies Body Parts Need for a healthy lifestyle Disease Medicines/drugs	<b>Looking Forward</b> Responsibility Trust Reliability Respect Discussion Achievements and goals

Key Stage 2						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
3	<b>Community Boundaries</b> Why do we need rules? Rules in the classroom Rules at home Similarities and differences Reasons why	<b>Friendship</b> Anti-Bullying Week What makes a good friend? Conflict and Causes Recognising and acknowledging emotions in difficult situations Resolving difference	<b>In Someone Else's Shoes</b> Celebrating difference Challenging stereotype Feelings Social groups Different cultures Respecting people's feelings, rights and bodies	<b>The Local Community</b> What is a community? Which communities do I belong to? How does it impact on me? How do I affect it? Local Community: who lives in it? who supports us? who do we support?	<b>Keeping Safe</b> Safety at school Rules at school to stay safe Home Fire safety Healthy lifestyle (physically and mentally)	<b>People and their Work</b> Jobs Work roles Similarities and differences in jobs Explore how adults feel about work Money Enterprise
4	<b>Feeling Good</b> Appreciate home and school values Celebrate achievement, feelings and interests What is important to you?	<b>Peer Influences</b> Anti-Bullying Week Positive and Negative Teasing/bullying/nicknames/coping strategies Self Image Body Image	<b>Families</b> Different families and relationships Family roles and stereotypes What changes families may face Relationships (ups and downs) and where to get help Loyalty	<b>Learning about money</b> Why save money? Where can we save? Saving to spend Financial implications of future needs and wants	<b>Keeping Safe</b> Hazardous substances Legal drugs in everyday life e.g. prescribed and tobacco Effects of drugs Misuse of drugs and cost to society Risks and hazards in environment and where to go for help Abuse	<b>Looking Ahead</b> New situations Setting personal goals Current events Future choices Aspirations
5	<b>Who Decides?</b> Own choices and opinions Respect of others choices and opinions Value diversity Resisting pressures Attitudes towards drugs and people who misuse them	<b>We're All Different</b> Anti-Bullying Week Difference caused by genes and environments Different cultures Tolerance Acceptance Respect What is bullying? Why is it wrong? What is anti-social behaviour? Why is it wrong? Stereotypes	<b>Being Involved in my Community</b> Interest in the local community Social responsibility Understand that they can cause change for the better and take on a wider sense of social responsibility Planning to support a charity Working in partnership with parents visitors	<b>Looking at the World</b> Public provision, locally and nationally and know it isn't free Communities we belong to e.g. family, school, local, national & worldwide Willingness to move on personal opinions after considering new information or perspectives Benefits and costs of personal spending decisions on themselves,	<b>Healthy Living and Puberty</b> Choose healthy options in relation to food, exercise and rest Hygiene Development Changes Males/females	<b>Media Influence</b> Increased leisure time Internet Social networking Mobile phones Personal safety Getting help Implications for me <b>Emergency Response</b> Personal safety Emergency aid Emergency services

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
6	<b>The Global Community-Rights, Respect and Responsibilities</b> What is Global Citizenship? What is aid for? Is aid important? Is aid always good? What is fair trade? Is fair trade Charities	<b>Managing Conflict</b> Anti-Bullying Week Peer pressure, bullying, racism, & homophobia Resolve conflicts democratically Managing emotions Strategies to avoid conflict in situations Coping with pressure to take substances Personal Responsibility Social Responsibility <b>Media Bias</b> Can newspapers be biased? Stereotypes How trustworthy is information on the internet?	<b>Responsibilities for my own Actions</b> Effects of use / misuse Law related to alcohol, tobacco and solvents effects of use/misuse Role models Responsibilities for their bodies and behaviour Choosing the right decision making approach in real or simulated situations Recognising when to ask for support/help and where to turn	<b>World of Work</b> The Law and money Interview people about their jobs Range of jobs How does learning help? Making the most of me Respect other people's career choices Balance between leisure and work Life skills	<b>Changes</b> What is a teenager? Social changes Emotional changes Relationships (family and other) Grooming Child sexual Exploitation Love Relationships Emotions Fears Worries	<b>Transition and managing Change</b> Transition to ... new key stage new school Looking Forward Positive mental health Present themselves confidently and positively <b>What have I Achieved?</b> How will it help me in the future? Reviewing/setting personal goals

KidSafe to be delivered across the school