

## Ideas for handwriting practise at home - EYFS.

### Fun Letter Formation Activities

#### 1) Sandy Letters



Outdoor activities are always more fun than indoors, and **practicing numbers and patterns in the sand** hardly seems like work! Have your child use a stick or a finger to draw in the sand.

If you don't have access to outdoor sand, put some sand on a tray instead, for a great indoor sand activity.

## 2) Gloopy, Edible Letters



Put some gloopy food on a tray or plate, and have your child trace or copy the letter with a finger. You can try any squishy food that your child likes - such as yogurt, custard, angel delight or Jello instant pudding mix.

If your child dislikes the tactile sensation, then put the gloopy food in a Ziploc baggie to get the sensation without the messy feeling! Fill the bag about a quarter full, and squeeze out all the air. You will need to tape the bag down to enable the letters to be formed more easily.

### 3) Shaving Cream Letters



Ok, this one is really messy, but loads of fun. Stick your child in a bath or shower cubicle with a handful of shaving cream to smear and write in. For a more tactile experience, let your child use the whole hand as well as just the fingers!

**Caution!** Shaving cream can irritate tender skin, so use the sensitive skin variants, and don't let it get in the eyes.

#### 4) "Wet And Dry" Letter Formation Activities



You need a chalkboard for this one. You draw the letter with chalk and then have your child trace the letter with a **piece of wet sponge** . Your child can also use their index finger to trace your letter before or after the wet sponge is used.

## 5) Wipe Off Letters



Write a number or letter on a whiteboard or chalkboard, and have your child trace it with a finger to wipe it off. You could also use a small piece of dry sponge dry cloth to wipe off the whiteboard marker.

## 6) Go outdoors



Get a bucket and fill it with water. Using a large paintbrush ask your child to make the letters in water on a fence, wall or floor. You can also try shapes and patterns to focus on gross motor skills.