

Health

If your child requires medication, or has a medical condition, you need to make us aware of this. **All medicines should be prescribed in the original packaging, labelled with the dosage and the child's name.** The medical form must be filled in and signed.

All medicines should be given to staff before going on the trip as early as possible. **Please remember inhalers with the information required to administer.** If your child has an inhaler in school, please still provide one from home with the relevant form. Children who are travel sick should be given the appropriate dose in time for our 9.30 a.m. departure. Any other tablets must follow the above procedure.

We must be informed of any allergies before the trip. We will need to inform the centre as early as possible if this involves food.

If your child has a bed-wetting problem, please let us know. All the beds have waterproof mattress covers. If we know your child has a problem, we will make sure they do not drink much in the evening, go to the toilet before bed and check their bed in the morning.

The matter will be dealt with discretely. No child needs to be worried or excluded from the trip on the basis of having this little problem.

A parental consent form MUST be completed and returned to Mrs Stewart a week before departure to allow your child's needs to be checked in time for the trip. Children cannot go on the trip if these are not completed.

Sleeping arrangements

Beds are arranged in a dormitory style, ranging from 4 to 8 children to in a room, with bunk beds. If you are concerned with sleep walking or any other sleeping matter, please advise the class teacher as early as possible. Children will be asked to nominate 1 friend who they wish to share with, and we will try and accommodate this where possible.

Personal Hygiene

Facilities are available for the children to wash. However, please be prepared to bath some grubby individuals on their return!

There are wash hand basins in each bedroom. It's a good idea to send wash stuff, a toothbrush and tooth paste in a labelled toilet bag.

An extra labelled bin sack for washing and any wet clothes will be very handy!

Suggested programme

This is an outline of planned activities, subject to weather conditions.

Children arrive at school as normal and register in class.

Depart for Llandudno early morning.



Welsh Mountain Zoo

Talk with the zoo rangers

Games and art activities on the beach

Visit to Great Orme mines

Nature walk on the Great Orme

Picnic on the picturesque Orme

Ride on the Great Orme tram



Food

Day 1

Packed lunch to be provided from home in a disposable bag, named. No fizzy drinks please.

An evening meal is provided by the hotel.

Supper

Day 2

A breakfast of toast, cereal and a drink.

The centre provides a packed lunch.

An evening meal will be provided before the children return home.

Children should not bring any extra food or drink.

Additional information

There are no water sports or high rope activities at this centre.

All activities have been risk assessed.

Security

The hotel is reserved for use by our school only and Chapelford staff will supervise all activities and night times. If you have any concerns, please feel free to speak to one of the Year 5 team.



Kit List

Accompanying adults

All adults have Criminal Records Bureau checks

Insurance

We are covered under Warrington Education Authorities insurance and also have extra insurance cover through school.

Cost

The cost of the trip covers accommodation, food, transport and all activities. The only additional item needed is a packed lunch for the first day.

Consent forms

Please return all consent forms and medical forms to school as soon as possible so that we can notify the centre of any special requirements, thank you.



Electronic games or Kindles are **not allowed**.

Disposable cameras are a good idea - please write your child's name on. Photos should not be uploaded onto the internet or shared unless prior written permission has been gained from each child's parents. Bedding is provided.

Telephone calls

Mobile phones are **not allowed** on the trip.

Children will not telephone home. You can be assured that if there is a problem, we will get in touch with you.

Emergency

The following numbers are given strictly for emergencies only, should you have a problem at home.

Please ring school in the first instance 01925 723558

Mrs Hewson (Headteacher)

They will then contact the staff at Llandudno

Item (all clearly named)	Tick
Medication if required (given to teacher with medical form)	
Slippers	
Outdoor shoes or walking boots (worn to travel)	
Waterproof coat (worn to travel)	
Fleece or very warm jumper (worn to travel)	
Thick socks - several pairs	
Trainers	
Sun tan cream - labelled with name	
Nightwear	
Underwear	
T shirts	
Sweatshirts	
Track suit bottoms/leggings or equivalent. No jeans please	
Towel and face cloth	
Wash bag - soap, toothbrush, toothpaste, comb, brush	
Teddy bear	
Small activity eg Book/magazine/puzzle book/cards	

Llandudno Y5 Residential



Arrive at school for 8.50 am and register in classrooms.

Your child will need to be re-registered before they can be taken out of school on their return. Children to be collected at classroom doors as per usual.

We will send a message to school to update parents if we are delayed in traffic. Please see school door and check any texts that may come through.

Please note travel dates and arrival times for your child's class

Class 18 Depart Monday 15th May return
Tuesday 16th May at 7:00pm

Class 17 Depart Tuesday 16th May and
return Wednesday 17th May 7:00pm

Class 16 Depart Wednesday 17th May and
return Thursday 18th May at 7:00pm