

## Brook: Sexual Behaviours Traffic Light Tool

Behaviours: age 0 to 5		
<p>What is a green behaviour? Green behaviours reflect safe and healthy sexual development. They are:</p> <ul style="list-style-type: none"> <li>Displayed between children or young people of similar age or developmental ability.</li> <li>Reflective of natural curiosity, experimentation, consensual activities and positive choices.</li> </ul> <p>What can you do? Green behaviours provide opportunities to give positive feedback and additional information.</p> <p>Green behaviours</p> <ul style="list-style-type: none"> <li>Holding or playing with own genitals.</li> <li>Attempting to touch or curiosity about other children's genitals.</li> <li>Attempting to touch or curiosity about breasts, bottoms or genitals of adults.</li> <li>Games e.g. mummies and daddies, doctors and nurses.</li> <li>Enjoying nakedness.</li> <li>Interest in body parts and what they do.</li> <li>Curiosity about the differences between boys and girls.</li> </ul>	<p>What is an amber behaviour? Amber behaviours have the potential to be outside of safe and healthy behaviour. They may be:</p> <ul style="list-style-type: none"> <li>Of potential concern due to age, or developmental differences.</li> <li>Of potential concern due to activity type, frequency, duration or context in which they occur.</li> </ul> <p>What can you do? Amber behaviours signal the need to take notice and gather information to assess the appropriate action.</p> <p>Amber behaviours</p> <ul style="list-style-type: none"> <li>Preoccupation with adult sexual behaviour.</li> <li>Pulling other children's pants down/skirts up/trousers down against their will.</li> <li>Talking about sex using adult slang.</li> <li>Preoccupation with touching the genitals of other people.</li> <li>Following others into toilets or changing rooms to look at them or touch them.</li> <li>Talking about sexual activities seen on TV/online.</li> </ul>	<p>What is a red behaviour? Red behaviours are outside of safe and healthy behaviour. They may be:</p> <ul style="list-style-type: none"> <li>Excessive, secretive, compulsive, coercive, degrading or threatening.</li> <li>Involving significant age, developmental, or power differences.</li> <li>Of concern due to the activity type, frequency, duration or the context in which they occur.</li> </ul> <p>What can you do? Red behaviours indicate a need for immediate intervention and action.</p> <p>Red behaviours</p> <ul style="list-style-type: none"> <li>Persistently touching the genitals of other children.</li> <li>Persistent attempts to touch the genitals of adults.</li> <li>Simulation of sexual activity in play.</li> <li>Sexual behaviour between young children involving penetration with objects.</li> <li>Forcing other children to engage in sexual play.</li> </ul>
Behaviours: age 5 to 9		
<p>What is a green behaviour? Green behaviours reflect safe and healthy sexual development. They are:</p> <ul style="list-style-type: none"> <li>Displayed between children or young people of similar age or developmental ability.</li> <li>Reflective of natural curiosity, experimentation, consensual activities and positive choices.</li> </ul> <p>What can you do? Green behaviours provide opportunities to give positive feedback and additional information.</p> <p>Green behaviours</p> <ul style="list-style-type: none"> <li>Feeling and touching own genitals.</li> <li>Curiosity about other children's genitals.</li> <li>Curiosity about sex and relationships, e.g. differences between boys and girls, how sex happens, where babies come from, same-sex relationships.</li> <li>Sense of privacy about bodies.</li> <li>Telling stories or asking questions using swear and slang words for parts of the body.</li> </ul>	<p>What is an amber behaviour? Amber behaviours have the potential to be outside of safe and healthy behaviour. They may be:</p> <ul style="list-style-type: none"> <li>Of potential concern due to age, or developmental differences.</li> <li>Of potential concern due to activity type, frequency, duration or context in which they occur.</li> </ul> <p>What can you do? Amber behaviours signal the need to take notice and gather information to assess the appropriate action.</p> <p>Amber behaviours</p> <ul style="list-style-type: none"> <li>Questions about sexual activity which persist or are repeated frequently, despite an answer having been given.</li> <li>Sexual bullying face to face or through texts or online messaging.</li> <li>Engaging in mutual masturbation.</li> <li>Persistent sexual images and ideas in talk, play and art.</li> <li>Use of adult slang language to discuss sex.</li> </ul>	<p>What is a red behaviour? Red behaviours are outside of safe and healthy behaviour. They may be:</p> <ul style="list-style-type: none"> <li>Excessive, secretive, compulsive, coercive, degrading or threatening.</li> <li>Involving significant age, developmental, or power differences.</li> <li>Of concern due to the activity type, frequency, duration or the context in which they occur.</li> </ul> <p>What can you do? Red behaviours indicate a need for immediate intervention and action.</p> <p>Red behaviours</p> <ul style="list-style-type: none"> <li>Frequent masturbation in front of others sexual behaviour engaging significantly younger or less able children.</li> <li>Forcing other children to take part in sexual activities.</li> <li>Simulation of oral or penetrative sex.</li> <li>Sourcing pornographic material online.</li> </ul>
Behaviours: age 9 to 13		
<p>What is a green behaviour? Green behaviours reflect safe and healthy sexual development. They are:</p> <ul style="list-style-type: none"> <li>Displayed between children or young people of similar age or developmental ability.</li> <li>Reflective of natural curiosity, experimentation, consensual activities and positive choices.</li> </ul> <p>What can you do? Green behaviours provide opportunities to give positive feedback and additional information.</p> <p>Green behaviours</p> <ul style="list-style-type: none"> <li>Solitary masturbation.</li> <li>Use of sexual language including swear and slang words.</li> <li>Having girl/boyfriends who are of the same, opposite or any gender.</li> <li>Interest in popular culture, e.g. fashion, music, media, online games, chatting online.</li> <li>Need for privacy.</li> <li>Consensual kissing, hugging, holding hands with peers.</li> </ul>	<p>What is an amber behaviour? Amber behaviours have the potential to be outside of safe and healthy behaviour. They may be:</p> <ul style="list-style-type: none"> <li>Of potential concern due to age, or developmental differences.</li> <li>Of potential concern due to activity type, frequency, duration or context in which they occur.</li> </ul> <p>What can you do? Amber behaviours signal the need to take notice and gather information to assess the appropriate action.</p> <p>Amber behaviours</p> <ul style="list-style-type: none"> <li>Uncharacteristic and risk-related behaviour, e.g. sudden and/or provocative changes in dress, withdrawal from friends, mixing with new or older people, having more or less money than usual, going missing.</li> <li>Verbal, physical or cyber/virtual sexual bullying involving sexual aggression.</li> <li>LGBT (lesbian, gay, bisexual, transgender) targeted bullying.</li> <li>Exhibitionism, e.g. flashing or mooning.</li> <li>Giving out contact details online.</li> <li>Viewing pornographic material.</li> <li>Worrying about being pregnant or having STIs.</li> </ul>	<p>What is a red behaviour? Red behaviours are outside of safe and healthy behaviour. They may be:</p> <ul style="list-style-type: none"> <li>Excessive, secretive, compulsive, coercive, degrading or threatening.</li> <li>Involving significant age, developmental, or power differences.</li> <li>Of concern due to the activity type, frequency, duration or the context in which they occur.</li> </ul> <p>What can you do? Red behaviours indicate a need for immediate intervention and action.</p> <p>Red behaviours</p> <ul style="list-style-type: none"> <li>Exposing genitals or masturbating in public.</li> <li>Distributing naked or sexually provocative images of self or others.</li> <li>Sexually explicit talk with younger children.</li> <li>Sexual harassment.</li> <li>Arranging to meet with an online acquaintance in secret.</li> <li>Genital injury to self or others.</li> <li>Forcing other children of same age, younger or less able to take part in sexual activities.</li> <li>Sexual activity e.g. oral sex or intercourse.</li> <li>Presence of sexually transmitted infection (STI).</li> <li>Evidence of pregnancy.</li> </ul>
Behaviours: age 13 to 17		
<p>What is a green behaviour? Green behaviours reflect safe and healthy sexual development. They are:</p> <ul style="list-style-type: none"> <li>Displayed between children or young people of similar age or developmental ability.</li> <li>Reflective of natural curiosity, experimentation, consensual activities and positive choices.</li> </ul> <p>What can you do? Green behaviours provide opportunities to give positive feedback and additional information.</p> <p>Green behaviours</p> <ul style="list-style-type: none"> <li>Solitary masturbation.</li> <li>Sexually explicit conversations with peers.</li> <li>Obscenities and jokes within the current cultural norm.</li> <li>Interest in erotica/pornography.</li> <li>Use of internet/e-media to chat online.</li> <li>Having sexual or non-sexual relationships.</li> <li>Sexual activity including hugging, kissing, holding hands.</li> <li>Consenting oral and/or penetrative sex with others of the same or opposite gender who are of similar age and developmental ability.</li> <li>Choosing not to be sexually active.</li> </ul>	<p>What is an amber behaviour? Amber behaviours have the potential to be outside of safe and healthy behaviour. They may be:</p> <ul style="list-style-type: none"> <li>Of potential concern due to age, or developmental differences.</li> <li>Of potential concern due to activity type, frequency, duration or context in which they occur.</li> </ul> <p>What can you do? Amber behaviours signal the need to take notice and gather information to assess the appropriate action.</p> <p>Amber behaviours</p> <ul style="list-style-type: none"> <li>Accessing exploitative or violent pornography.</li> <li>Uncharacteristic and risk-related behaviour, e.g. sudden and/or provocative changes in dress, withdrawal from friends, mixing with new or older people, having more or less money than usual, going missing.</li> <li>Concern about body image.</li> <li>Taking and sending naked or sexually provocative images of self or others.</li> <li>Single occurrence of peeping, exposing, mooning or obscene gestures.</li> <li>Giving out contact details online.</li> <li>Joining adult-only social networking sites and giving false personal information.</li> <li>Arranging a face to face meeting with an online contact alone.</li> </ul>	<p>What is a red behaviour? Red behaviours are outside of safe and healthy behaviour. They may be:</p> <ul style="list-style-type: none"> <li>Excessive, secretive, compulsive, coercive, degrading or threatening.</li> <li>Involving significant age, developmental, or power differences.</li> <li>Of concern due to the activity type, frequency, duration or the context in which they occur.</li> </ul> <p>What can you do? Red behaviours indicate a need for immediate intervention and action.</p> <p>Red behaviours</p> <ul style="list-style-type: none"> <li>Exposing genitals or masturbating in public.</li> <li>Preoccupation with sex, which interferes with daily function.</li> <li>Sexual degradation/humiliation of self or others.</li> <li>Attempting/forcing others to expose genitals.</li> <li>Sexually aggressive/exploitative behaviour.</li> <li>Sexually explicit talk with younger children.</li> <li>Sexual harassment.</li> <li>Non-consensual sexual activity.</li> <li>Use of/acceptance of power and control in sexual relationships.</li> <li>Genital injury to self or others.</li> <li>Sexual contact with others where there is a big difference in age or ability.</li> <li>Sexual activity with someone in authority and in a position of trust.</li> <li>Sexual activity with family members.</li> <li>Involvement in sexual exploitation and/or trafficking.</li> <li>Sexual contact with animals.</li> <li>Receipt of gifts or money in exchange for sex.</li> </ul>