

SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, soren and cheese & biscuits
 Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Week One

Meat Free Monday

- ✔ Homemade Macaroni Cheese
- ✔ Vegetarian Sausage Roll baked diced potatoes and beans
- Vanilla Ice Cream

Tuesday

- ✔ Roast Gammon served with sage and onion stuffing creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy
- Cooks choice curry served with 50/50 rice
- Fresh Fruit Segments or yoghurt

Wednesday

- ✔ Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas
- ✔ Hot Tuna Panini served with coleslaw, sweetcorn and salad
- Homemade Blueberry Cake

Thursday

- ✔ Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans
- ✔ Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans
- Homemade Shortbread Biscuit

Friday

- ✔ Cooks choice Homemade Lasagne or Pasta Bake served with seasonal vegetables
- ✔ Homemade Cheese Flan served with baked jacket wedges sweetcorn and salad
- ✔ Jelly and Fruit

Week Two

Meat Free Monday

- ✔ Margarita Pizza served with herby diced potatoes, and sweetcorn
- ✔ Homemade Oven Baked Omelette served with diced potatoes baked beans and fresh spinach
- Vanilla Ice Cream

Tuesday

- ✔ Roast Turkey with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy
- ✔ Chilli Beef served with 50/50 rice
- Fresh Fruit Salad or Yoghurt

Wednesday

- ✔ Hot Cheese and ham panini melt served with fresh salad and coleslaw
- ✔ Spicy Quorn served with savoury rice and mixed vegetables
- ✔ Jelly and Fruit

Thursday

- ✔ Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans
- ✔ Red Tractor chicken goujons served with chunky chipped potatoes garden peas or baked beans
- Homemade cooks choice Biscuit

Friday

- ✔ Homemade Spaghetti Bolognese served with garden peas
- ✔ Vegetarian curry served with 50/50 rice
- Cooks choice
Homemade Carrot Cake or Banana and Oat Cake

Week Three

Meat Free Monday

- ✔ Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables
- ✔ Quorn nuggets with baked herby diced potatoes, and sweetcorn
- Vanilla Ice Cream

Tuesday

- ✔ Roast Chicken sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and fine beans
- Fish Finger, creamed potato, carrots and fine beans
- Fresh Fruit Segments or Yoghurt

Wednesday

- ✔ Chicken Tikka Masala served with 50/50 rice
- ✔ Vegetarian Burger in a bun Baked wedged potatoes and coleslaw
- Homemade Flapjack

Thursday

- ✔ Seasoned Chicken Fillet served with chunky chipped potatoes, garden peas or baked beans
- ✔ Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans
- Cooks Choice Toffee Date Cake or Chocolate Cake with Orange

Friday

- ✔ Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas
- ✔ Cooks choice Hot Panini or Wrap served with fresh salad and coleslaw
- ✔ Jelly and Fruit

School Menu Spring/Summer 2022

Menu cycle week one: 25th April, 16th May, 6th June, 27th June, 18th July, 8th August, 29th August, 19th Sept, 10th Oct

Menu cycle week two: 2nd May, 23rd May, 13th June, 4th July, 25th July, 15th Aug, 5th Sept, 26th Sept, 17th Oct

Menu cycle week three: 9th May, 30th May, 20th June, 11th July, 1st August, 22nd August, 12th Sept, 3rd Oct, 24th Oct



= Vegetarian V = Vegetarian substitute available
 Lunch will be served with fresh milk or drinking water.
 All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



WARRINGTON
 Borough Council

