

Building aspiration, overcoming barriers and celebrating diversity in our community, learning and relationships

Respect | Persevere | Care



An Active Learning Trust Academy

Anti-Bullying Policy

February 2022

The *Active Learning* Trust

Contents

Section 1 - What is Bullying?

- a) Our Shared Beliefs about Bullying
- b) A definition of Bullying
- c) Bullying Forms and Types
- d) Recognising Signs and Symptoms

Section 2 - Implementing the Anti Bullying Policy in our School

- a) Introduction
- b) Policy Aims
- c) Reporting Incidents of Bullying
- d) Responding to Incidents of Bullying
- e) Working with Parents/Carers
- f) Following Up, Supporting and Monitoring
- g) Prevention
- h) Delivering the Entitlement Curriculum for Friendships and Relationships and Bullying in our School
- i) CYP's Consultation and Participation
- j) Whole staff Awareness and Training Opportunities
- k) Involving Outside Agencies
- l) Monitoring and Evaluating the Anti Bullying Policy

Section 3 - Appendices

- a) Types of Bullying
- b) A Sample Bullying Incident Report Form
- c) Racist Incident Report Form
- d) A Summary of our Anti-Bullying Procedures

Section 1

What is Bullying?

a) Our Shared Beliefs about Bullying

Bullying damages children's and young people's physical and mental health, including their self-confidence and ability to build and sustain relationships. It can also destroy self-esteem sometimes with devastating consequences and with the effects lasting into adult life. Bullying undermines the ability to concentrate and learn and can impact on children's and young people's chances of achieving their full potential at school and later in life. Bullying causes harm to those who bully, those who are bullied and those who observe bullying. This school believes that all children and young people have the right to learn and work in an environment where they feel safe and that is free from harassment and bullying. The purpose of this policy is to communicate how the school aims to create a climate and school environment in which everyone agrees that bullying is unacceptable and is committed to tackling it in order to improve outcomes for children and young people

b) A Definition of Bullying

Bullying is a subjective experience that can take many forms. Various national and international definitions of bullying exist and most of these definitions have three things in common which reflect CYP's experience of bullying and evidence gained from extensive research in this area. The three common aspects in most definitions of bullying are that:

- It is hurtful behaviour.
- It is repeated over time.
- There is an imbalance of power, which makes it hard for those being bullied to defend themselves.

At our school we define bullying as:

Bullying is emotionally or physically harmful behaviour which is:

- repetitive, willful or persistent
- harmful, carried out by an individual or a group
- based on an imbalance of power leaving the person who is bullied feeling disempowered.

c) Bullying Forms and Types

Although children and young people may be particularly vulnerable to bullying as a result of personal characteristics such as height, weight, colour of hair or more structural inequalities such as race, disability or sexuality, anyone can be bullied for almost any reason or difference. Research has identified various different types of bullying which reflect different causations.

Bullying behaviour across all types of bullying can represent itself in a number of different forms. Children and young people can be bullied in ways that are:

Physical – by being punched, pushed or hurt; made to give up money or belongings; having property, clothes or belonging damaged; being forced to do something they don't want to do.

Verbal – by being teased in a nasty way; called gay (whether or not it's true); insulted about their race, religion or culture; called names in other ways or having offences comments directed at them

Relational / indirect – by having nasty stories told about them; being left out, ignored or excluded from groups.

Electronic / 'cyber bullying' - for example, via mobile phones (text messages, calls, picture/video clips) and computers (emails, website, chatroom, instant messaging).

Specific Types of Bullying can include prejudice driven bullying such as:

- Racist bullying
- Faith based bullying
- Gender or Sexist bullying
- Homophobic bullying
- SEN / Disability bullying

d) Recognising Signs and Symptoms

The following signs and behaviour could indicate other problems but bullying should be considered as a possibility. Possible signs and behaviour include:

- Being frightened of walking to or from school
- Losing self confidence and self-esteem
- Being frightened to say what's wrong
- Developing cuts, bruises and other injuries
- Unwilling to go to school, development of school phobia and unusual patterns of non attendance
- Failing to achieve potential in school work
- Becoming withdrawn, nervous and losing concentration
- Becoming isolated and disengaged from other CYP
- Developing changes in physical behaviour such as stammering and nervous ticks
- Regularly having books or clothes destroyed
- Having possession go 'missing' and money 'lost'
- Starting to steal money (to pay bully)
- Becoming easily distressed, disruptive or aggressive
- Developing problems with eating and food
- Running away
- Developing sleep problems and having nightmares
- Developing suicidal thoughts or attempting suicide (extreme cases)

Section 3 – Implementing the Anti Bullying Policy in our School

a) Introduction

This anti bullying policy is set within the wider context of the school's overall aims and values.

At Chesterton Primary School:

- *We promote a healthy, safe and caring environment for all pupils and staff.*
- *We provide a broad and balanced curriculum for all our pupils, having considered gender, ability and culture.*
- *We promote pupil's self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.*
- *We prepare our pupils to confidently meet the challenges of adult life.*
- *We provide sufficient information and support to enable our pupils to make safe choices.*
- *Through an enriched curriculum, we provide young people, with opportunities to develop the necessary skills to manage their lives effectively.*
- *We help our young people to learn to respect themselves and others and move safely from childhood, through adolescence, into adulthood.*
- *We create a wider awareness of religious, cultural and moral values within a Christian framework and respect for different ethnic groups, religious beliefs and ways of life.*
- *We promote an inclusive ethos and culture where tolerance and respect are promoted and diversity and difference are recognised and celebrated*

b) Policy Aims

The aim of this anti bullying policy is to communicate the school's approach to involving the whole school community in developing and promoting a whole school anti bullying ethos and culture.

The policy provides clear guidance on how the school intends:

- *To raise the profile of bullying and the effect it has on children and young people's emotional health and well being, life chances and achievement*
- *To make clear to everyone within our whole school community that no form of bullying is acceptable*
- *To encourage and equip the whole school community to report all incidents of bullying, including those who have experienced being bullied and bystanders who have witnessed an incident*
- *To respond quickly and effectively to incidents of bullying within the overall positive behaviour management policy*
- *To support CYP who are bullying in recognising the seriousness of their behaviour and to offer support and counselling to help them to readjust their behaviour*
- *To offer support and comfort to CYP who have been bullied.*
- *To provide longer term support to promote the self esteem of those who have been bullied to reduce the likelihood of long term damage and also to address the emotional and behavioural needs of CYP who bully others to reduce the likelihood of repeated incidents of bullying*

- *To identify vulnerable CYP and those critical moments and transitions when they may become vulnerable, and provide additional support when needed.*
- *To ensure all staff are trained and supported and model positive relationships*
- *To regularly monitor incidents of bullying and harassment and report to responsible bodies e.g. governors*
- *To provide a curriculum entitlement framework for Personal Social and Health Education that includes learning about bullying and discrimination*

c) Reporting Incidents of Bullying

The school encourages and equips the whole school community to report all incidents of bullying, including CYP who have experienced being bullied and bystanders who have witnessed an incident. The school endeavours to provide clear, accessible and confidential incident reporting systems. We encourage all who may be aware of bullying to tell a trusted adult, whether they be the victim, a witness or the perpetrator of that bullying. In the first instance we

The school's incident reporting systems and guidance on defining bullying and recognising the signs and symptoms of bullying in CYP are recorded and communicated to the whole school community via:

- *the school's and or /local authorities anti bullying leaflet for parents/carers and children*
- *the school's website*
- *the school's curriculum/open evenings for parents/carers*

d) Responding to Incidents of Bullying

The school has an agreed procedure for responding consistently to incidents or allegations of bullying, which will be followed by all staff. Direct action to respond to incidents of bullying occurs within a context, which reminds all CYP that bullying behaviour is unacceptable to the school and will not be tolerated. At our school all CYP are encouraged to report incidents of bullying whether they have been bullied or have witnessed bullying. The school will investigate the incident including the context and the roles of the people involved.

The procedure and stages in responding effectively to bullying at our school are:

- **Making sure the person being bullied is safe and feels safe.** When a child says s/he is being bullied (including when s/he describes disability, racial, gender or homophobic bullying), it is important to acknowledge this. A child's feeling that s/he is being bullied should never be dismissed. Incidents of bullying reported by witnesses should be treated in the same manner.
- **Establishing and recording what happened by listening to different perspectives, including those of the person bullied, the person doing the bullying and those that have witnessed the bullying ('bystanders').** Throughout this process a written record and log will be kept of the initial incident and any subsequent incidents. These records will detail what happened and who was involved including the views and observations of any bystanders. Follow up action / strategies and the monitoring and impact of these strategies will also be recorded. The logging form covers:-

- Date, time incident reported
- Member of staff to whom the incident was reported
- Date, time, location of alleged incident
- Nature of the alleged incident
- Date, time when parents/carers were informed
- Details of immediate action taken
- Details of follow up strategies including outcomes of mediation and reconciliation process

When an incident of bullying is reported the school will endeavour to make a written record of this incident within 24 hours of the incident occurring. Written records will be factual and where opinions are offered these will be based on factual evidence. CYP will be invited to contribute initially and on an ongoing basis throughout the follow up period. Where appropriate CYP will be told what should happen to the information. Logging incidents helps to build a picture of behaviour patterns in school e.g. who, when, how, what action taken. Records of bullying incidents will be kept in *the bullying Log Folder in the School Office until the children involved leave the school. (See appendix Bullying Incident Report Form)* and recorded on Pupil Asset.

In cases of racist bullying or racist incidents, an additional written record will be given to the governing body. The governing body will use this record to submit figures in relation to racist bullying / incidents to the local authority on an annual basis. This information allows local authorities to monitor the occurrence of incidents and identify underlying trends in racist bullying so that appropriate and relevant training and support can be provided to schools. **(See appendix Racist Incident Report Form)**

Deciding upon a response. All incidents of bullying will be responded to seriously and the behaviour of those who have been bullying will be challenged. It will be made clear that such behaviour is unacceptable. The school's response will endeavour to meet the circumstances of the particular situation. For serious, persistent and long term cases of bullying, the school will utilize punishments and sanctions as stipulated in the school behaviour policy. In new cases of bullying, bullying of a less serious nature and situations where it appears that with some intervention, the behaviour of the bully can be modified and the bullying stopped, the school will initiate the agreed process for mediation, problem solving and reconciliation between all parties. The school's response to bullying is outlined in the appendices

This process supports the person who is doing the bullying to understand and accept that it is wrong to bully, take responsibility for their behaviour and make amends. Doing this in an emotionally intelligent way will require focusing on the unacceptable behaviours being displayed, and not reinforcing a sense of the individual being bad. The school believes that all bullying is unacceptable but that many CYP who display anti social behaviour and lack empathy for others can be helped to understand the consequences of their actions and change their behaviour.

Where CYP do not respond to intermediately strategies and in the case of more serious bullying including violence and damage to property, the school will take further tougher action in relation to CYP who have been bullying. The school will draw upon the school's behaviour management policy and follow the system for sanctions, which includes:

- *involving CYP in developing appropriate 'fair punishments' for those who have been involved in bullying e.g. litter picking and school clean ups*
- *removing child / young person who is bullying from particular groups of CYP including withdrawing them from certain activities breaktimes/ lunchtimes.*
- *withdrawing privileges or excluding the child/ young person from school trips.*
- *excluding child/young person from the school where serious violence/bullying is involved*

In cases of serious violence and bullying, exclusion from school is an option that the head teacher can consider.

- **Communicating with the whole school community.** The school will communicate, where necessary and appropriate to the whole school community that the bullying has been taken seriously and has been responded to well. This will include talking to parents/ carers. (See Section Working With Parents/Carers)
- **Monitoring and following up with all parties concerned, including parents/carers to ensure that the bullying has stopped.** Part of the school's process of responding to an incident is to seek an agreement to meet at some point in the future to see whether the situation has been resolved or whether further work needs to be done. This will include evaluating the effectiveness of the follow up strategies that have been put in place to ensure that the bullying has stopped. The school does not assume that a situation requires no further attention simply because a child has made no further complaints. Where a problem has not been resolved to the satisfaction of all parties the follow up strategies will be reviewed and/or further advice sought.

e) Working with Parents/Carers

Where the school has become aware of a bullying situation, parents/carers of the child/young person who is being bullied and the child/ young person who is allegedly bullying, will be invited to the school to discuss their children's behaviour. The school will endeavour to involve parents/carers constructively at an early stage to support the process of investigating allegations and positively working together to seek ways of resolving the situation and bringing about reconciliation. The school adopts a problem solving approach with parents/carers e.g. 'It seems your son/daughter and (other child) have not been getting on very well' rather than 'your son/daughter has been bullying...'. While the school firmly believes that all bullying is unacceptable and that where bullying occurs it must be challenged and the perpetrators made to accept responsibility for their behaviour and make amends, the school will refrain from apportioning blame to the different parties involved as this could undermine the cooperative ethos that the school is seeking to promote and make it harder to reach a resolution that is effective and long lasting. A record of the meeting and agreed actions/responses will be recorded by the school.

The school takes parents/carers reporting bullying seriously. Parents are initially encouraged to refer their concerns to the class teacher. If the parent does not feel this is appropriate then they may inform any trusted adult in school, most likely the Head Teacher or Assistant Head Teacher. Parents/carers are encouraged to note details of the incident to share with the class teacher/ member of staff. A record of the incident and the agreed actions/response made at the meeting will be recorded by the school and added to the school's bullying incidents report form. (See

appendices 4/5) The school will then invest the time to further establish and record what happened by listening to the different perspectives of all those reportedly involved in the incident, including those of the person bullied, the person doing the bullying and those that have witnessed the bullying ('bystanders'). The school ensures that staff and parents/carers remain fully aware of the measures that have been put into place to prevent the occurrence of further incidents. Follow up appointments are made with parent/carers to share these agreed measures and to monitor their success in preventing further bullying.

Guidance for parents/carers regarding advice on recognising the signs and symptoms of bullying in CYP and how to approach the school to register concerns/incidents and seek support is available via the:

- *school's/ local authority anti bullying leaflet for parents/carers*
- *school's prospectus / booklet*
- *school's website*
- *school's positive relationships/behaviour and anti bullying awareness events*

f) Following Up / Supporting and Monitoring

The school employs a number of specific measure/strategies to minimise further risks of bullying and to ensure that children feel safe. Strategies include immediate and longer-term support for all parties including the person being bullied, bystanders and the person who has done the bullying. Many of the school's strategies include problem solving processes, which enable a situation to be disentangled and explored, and help to reveal underlying issues. In most cases the school will encourage honest and direct discussion and use a reconciliation process like this before going down the sanction route. Some of the following strategies form a part of the school's anti bullying preventative work. Our strategies include:

- *Accessing support from external agencies and professional including educational psychologists, Child and Adolescent Mental Health Services (CAMHS), the Cambridgeshire Specialist Teaching Service, the Cambridgeshire Race Equality Diversity Service*
- *Providing opportunities for CYP who have been bullied or are bullying to attend social skills groups to develop emotional resilience and learn skills in assertiveness, listening, negotiating and empathising with others.*
- *Providing supportive and nurturing structures for identified vulnerable individuals*

(See appendix Responding to and Following Up Incidents of Bullying)

g) Prevention

The school believes that the whole school community should work together to reduce bullying as part of our efforts to promote a positive and inclusive whole school ethos and create a safe, healthy and stimulating environment for CYP and the whole school community. Alongside the school's responsive strategies for dealing with bullying incidents when they occur, the school adopts as part of our pastoral support system, a whole school approach to implementing proactive and preventative interventions at a school, class and individual level to reduce bullying. Our approach includes:

- *Adopting positive behaviour management strategies as part of the school's Behaviour Policy*
- *Implementing a whole school approach to the teaching of PSHE and Citizenship and the implementation of the Social and Emotional Aspects of Learning Programme (SEAL)*
- *Ensuring that the school's anti bullying (pupil mission statement) is actively promoted in assemblies and other formal occasions, as well as displayed around the school*
- *Providing training on behaviour management and anti bullying for all relevant staff including playground staff*
- *Providing regular circle time, enabling CYP to talk about their feelings and concerns in a safe environment and to enable them to share concerns about bullying*
- *Providing peer support systems such as playground buddies and play leaders*
- *Participating in the national annual anti bullying week and supporting learning on bullying through whole school activities, projects and campaigns*
- *Reviewing the development and supervision of the school inside and outside including the outdoor areas and playground to ensure provision is safe, inclusive and supports CYP's emotional wellbeing.*
- *Providing confidential communication systems such as Listening/Bully Boxes, Bubble Time and counseling services, and working with CYP to identify key individuals with whom they can confide.*
- *Providing publicity including information leaflets for CYP and parents/carers to raise awareness of bullying and support those who are being bullied or have witnessed bullying to report incidents and seek help.*
- *Providing social skills groups for vulnerable individuals and groups*
- *Providing Friendship clubs and other peer support networks*
- *Providing cross year group family or mixed age group tutor groups to allow children from different age groups to socialise and support each other*
- *Providing a transition programme to support children moving across year groups and key phases.*
- *Providing information on support agencies such as ChildLine and Kidscape including telephone numbers for help lines and addresses for supportive websites*
- *Engaging in community initiatives and safer school partnerships*

h) Supporting Friendships and Relationships and Bullying in our school through PSHE

The school acknowledges the role of the PSHE and Citizenship curriculum in preventative work on bullying. The PSHE curriculum supports the development of CYP's self esteem and their emotional resilience and ability to empathise with others. The curriculum provides opportunities for CYP to learn and develop the skills to identify manage and challenge incidents of bullying as well as providing opportunities for CYP to learn about bullying in relation to the wider context of diversity and inclusion.

- *The school adopts the Cambridgeshire Primary Scheme of Work for PSHE and Citizenship in which learning related to bullying, diversity and difference is covered within the themes of *Myself and My Relationships* and *Healthy and Safer Lifestyles*.*
- *The school is also implementing the Social and Emotional Aspects of Learning Programme (SEAL) to support a whole school approach to enhancing children's learning and understanding in relation to social, emotional and behavioural skills.*
- *The school recognises and participates in the national anti bullying week, which provides an annual intensive focused week on the subject of recognising and combating bullying.*

Work on bullying as part of the PSHE and Citizenship curriculum is taught through:

- *Designated lesson/tutor times/focused events/ health weeks/ conferences.*
- *Other curriculum areas such as Citizenship, Religious Education, Humanities, History*
- *Enrichment activities such as visits from the Life Education Centre, drama groups/ theatre in Education, outside agencies.*

(See Appendix Curriculum Entitlement)

See school's PSHE and Citizenship policy for further detailed information on curriculum planning, teaching methodologies and teaching resources

i) CYP's Consultation and Participation

The school considers listening to the voices of CYP and actively seeking their views and opinions regarding bullying as an important part of our preventative work. The school regularly audits the way in which bullying is being addressed which includes, listening to CYP and ensuring they are given the opportunity to speak out, and have their voices heard on their experiences of bullying. CYP are actively encouraged to participate in identifying both the problems and solutions to bullying; reviewing and developing the schools anti bullying policy and practice and engaging in initiatives to support an anti bullying ethos in school. CYP actively participate in:

- *Identifying when and where the bullying happens and who is doing it to whom*
- *Identifying new forms of bullying, such as cyber bullying*
- *Making decisions about how to address and tackle bullying*
- *Reviewing the development and delivery of the taught curriculum focusing on aspects of bullying and discrimination*
- *Learning how to play an active participant role in challenging bullying such as engaging in peer support schemes such as buddying, mentoring and mediating*

The school adopts a number of democratic methods / systems for promoting pupil consultation including:

- *Class and school councils*
- *Focus groups and face to face discussions with small groups of CYP*
- *Active learning and interactive learning techniques included in PSHE and Citizenship such as role play, puppets, group work and creative arts.*

j) Whole Staff Awareness and Training Opportunities

The school endeavours to ensure that teachers and other adults working with CYP are equipped with the necessary skills and knowledge to identify and address all types and forms of bullying effectively and safely. Training will include recognising the signs of bullying in CYP and how to identify vulnerable CYP who may be susceptible to being bullied or becoming actively involved in bullying and bullying type behaviour. Training for staff is provided to ensure that they feel competent and confident in appropriately challenging bullying and have a clear understanding of the school's policy and procedures on preventing and responding to incidents of bullying including providing short and long term support to those effected by bullying. The views of staff are sought

as part of the school's review and evaluation of the anti bullying policy and used to inform developments and enhance the school's anti bullying ethos and practice.

k) Involving Outside Agencies

The school seeks the support and guidance from relevant local and national agencies and organisations that work collectively to ensure that those who work with and support CYP are equipped with the skills and knowledge to address bullying effectively. Support and involvement from outside national and local agencies and organisation include the:

- *National Anti Bullying Alliance, Child Line, Kidscape*
- *Cambridgeshire Specialist Teaching Service (Local authority Access and Inclusion Service)*
- *National Primary / Secondary Strategy Behaviour and Attendance Consultants*
- *Cambridgeshire PSHE Service*
- *Cambridgeshire Education Child Protection Service*
- *Local Authority Education Welfare Officers*
- *Local Authority Education Psychologists*
- *Children and Adolescent Mental Health Services (CAMH)*

(See appendix 8 Support Agencies and Organisations)

l) Monitoring and Evaluating the Anti Bullying Policy

The school involves the whole school community including staff, governors, CYP and parents/carers in regularly reviewing and developing the school's anti bullying policy. This will involve monitoring, evaluating and developing anti bullying preventative and responsive strategies / interventions, to ensure the school's practice is effective and sustained. This process also includes regularly reviewing the school's definition of bullying and identifying new types and forms of bullying as they emerge. The review will involve consultation with all members of the school community using a range of methods such as:

- *surveys and questionnaires*
- *focus groups and interviews*
- *whole school audit tools*

Consultation with CYP is described in Section 3 i). The school regularly analyses records of bullying incidents to identify patterns of behaviour regarding individuals and groups of CYP, and places and times where bullying may be occurring. This analysis helps to inform the development of policy and practice, ensuring the school continues to foster an ethos that inhibits bullying and promotes inclusion and respect for diversity.

The policy is reviewed annually. Review date due: January 2023

Appendix -Types of Bullying

Prejudice-Driven Bullying including:

Racist Bullying

Racist bullying is bullying based on a person's background, colour, religion or heritage and is both similar to and different from other kinds of bullying. The essential difference between racial bullying and other forms of bullying is that the characteristics singled out not only apply to the individual child but also make reference to their family and more broadly their ethnic community as a whole. Racial elements in bullying can be seen to heighten the negative impact on a child's sense of identity, self worth and self esteem.

Examples of racist bullying may include:

- physical, verbal, written, on-line or text abuse or ridicule based on differences of race, colour, ethnicity, nationality, culture, religion or language
- refusal to co-operate with others on the basis of any of the above differences
- derogatory name-calling, insults, racist jokes and language
- stereotyping on the basis of colour, race, ethnicity
- racist comments
- racist graffiti
- incitement of others to act in a racist manner
- provocative behaviour such as wearing racist badges or insignia
- promoting offensive materials such as racist leaflets, magazines or computer software
- attempting to recruit young people to racist organisations or groups

Schools have a statutory duty to log all incidents of racial bullying and submit them annually to the local authority. This allows local authorities to monitor the occurrence of incidents and identify underlying trends in racist bullying so that appropriate and relevant training and support can be provided to schools.

Faith Based Bullying

Children and young people can experience bullying based on their personal belief systems including religious and cultural beliefs

Gender or Sexual Bullying

Children and young people can experience bullying based on gender. Comments that question others' masculinity or femininity as well as those that refer directly to sexuality are also damaging. Examples of such bullying may include:

- use of sexist language
- negative stereotyping based on gender
- unwanted/inappropriate physical contact
- sexual innuendo
- suggestive propositioning
- distribution/display of pornographic material aimed at an individual
- graffiti with sexual/sexist content aimed at an individual

Homophobic Bullying

Homophobia is a dislike or fear of someone who is lesbian, gay or bisexual (LGB). At its most benign it involves passive resentment of LGB men and women. In its most destructive form it involves active victimisation. Such attitudes can also affect anyone who is perceived to be homosexual or whose life choices and interests do not conform to stereotypical standards of masculine or feminine behaviour or whose friends or relatives may be LGB.

Homophobic bullying involves the targeting of individuals on the basis of their perceived or actual sexual orientation. Homophobic bullying can include all forms of bullying. Behaviour associated specifically with homophobic bullying include:

- the regular use, consciously or unconsciously, of offensive and discriminatory language, particularly the widespread use of the term 'gay' in a negative context
- spreading rumours that cause an individual's perceived sexual orientation to be ridiculed, questioned or insulted
- exclusion from social groups, isolation and rejection
- sexual assault or physical attack

SEN / Disability Bullying / Bullying and Learning Difficulties

CYP with learning or communication difficulties are especially vulnerable to bullying. They may not have the ability to be assertive because they lack self confidence and may be more sensitive. CYP who are caring for a disabled parent are more likely to be bullied than their peers.

Examples of such bullying may include:

- name-calling based on disability or learning difficulties

Appendix – Chesterton’s Bullying Incident Report Form

Logging and Filing information

This form should be completed within 24 hours of the incident’s being reported. Due consideration should be given to issues of confidentiality, including third party information.

ALLEGED BULLYING INCIDENT			
Student allegedly bullied			
Name(s)	d.o.b.	Year	Group
Ethnicity	Gender M / F	SEN Stage	
Home language	looked-after child Y / N		
Date of incident			
Time of incident			
Location of incident			
Nature of incident, identify details of any injury or damage to property, etc			
Circle any elements that apply:			
Racist	Sexual/Sexist	Homophobic	SEN/Disability
Member of staff to whom the incident was reported			

Alleged perpetrator(s):		
Name(s)	Year	Group
Witnesses to the incident		
Witness reports of incident (continue on separate sheets if necessary)		
Parents/carers of alleged subject(s) informed:		
Date		Time
Parents/carers of alleged perpetrators informed:		
Date		Time
Details of immediate action taken		

Appendix – Racist Incident Report Form

RACIST INCIDENT REPORT FORM

School/Establishment

Date & time of Incident.....

Victim's name.....	
Year Group/Age	<input type="checkbox"/>
Outside Person(s) inc. Parents/Carers	<input type="checkbox"/>
Teaching Staff	<input type="checkbox"/>
Support Staff	<input type="checkbox"/>
Unknown	<input type="checkbox"/>

Perpetrator's name.....	
Year Group/Age	<input type="checkbox"/>
Outside Person(s) inc. Parents/Carers	<input type="checkbox"/>
Teaching Staff	<input type="checkbox"/>
Support Staff	<input type="checkbox"/>
Unknown	<input type="checkbox"/>

Nature of incident (*tick any that apply*):

- | | | | | | |
|------------------------------|--------------------------|------------------------|--------------------------|--|--------------------------|
| Racist comments and language | <input type="checkbox"/> | Ridicule and ostracism | <input type="checkbox"/> | Provocative behaviour | <input type="checkbox"/> |
| Verbal abuse and threats | <input type="checkbox"/> | Racist graffiti | <input type="checkbox"/> | Possession/distribution of racist material | <input type="checkbox"/> |
| Physical assault | <input type="checkbox"/> | Written abuse | <input type="checkbox"/> | Other | <input type="checkbox"/> |
| | | Damage to property | <input type="checkbox"/> | | |

Details of incident:.....

.....

To be completed by designated member of staff

Action taken.....

.....
(continue on separate sheet if necessary)

Have parent(s)/carer(s) of victim been informed? YES NO

Have parent(s)/carer(s) of perpetrator been informed? YES NO

Perpetrator's ethnic origin (including Traveller or Refugee)

Victim's ethnic origin (including Traveller or Refugee).....

Outcome recorded in victim's/perpetrator's files (*please circle*)

Record completed by:.....

Signature of designated Member of SMT:.....

Appendix - A summary of our Anti-Bullying Procedures

A definition of bullying

Bullying is emotionally or physically harmful behaviour which is:

- repetitive, willful or persistent
- harmful, carried out by an individual or a group
- based on an imbalance of power leaving the person who is bullied feeling disempowered.

Reporting bullying...

- Children may be aware of bullying as a victim, a witness or as a bully
- Children will be encouraged to tell any trusted adult if they think bullying is taking place – this may be a member of staff or family member
- We ask parents to talk to the child's class teacher in the first instance, but if they feel unable to do this, to report it to the head teacher or assistant head teachers
- Any reported incident of bullying will be recorded on the record sheet
- If an incident is reported to another member of staff the incident will be referred to the class teacher
- The class teacher will investigate to establish if the incident(s) meet our definition of bullying
- If it does **not** meet the definition of bullying, any incident will be dealt with according to our usual behaviour management procedures
- If it does, what is outlined below will take place as appropriate...

An initial response to bullying...

- The school's anti-bullying co-ordinator will be informed
- Parents/carers of the bully and the victim will be informed
- The "zero tolerance" of bullying will be made clear to everyone involved
- The bully will be encouraged to reflect on their behaviour, perhaps through a "thinking sheet"
- If appropriate and the victim welcomes it, an opportunity for the victim and bully to meet to discuss what is happening, its impact on them both and to plan to stop it happening
- All staff will be informed so that they are aware of the situation and will inform the designated adult
- Key periods or areas will be monitored/planned for (e.g. pick up/drop off at school, routes home. This will be done in partnership with parents/carers)

Sanctions

As appropriate:

- time out from the play/lunchtimes
- time out from after school clubs
- if bullying continues, fixed-term exclusions may be used

Support

As appropriate...

- SEAL Programme relating to social skills, self-esteem for both victim and bully
- "Secure zone" for victim to go to
- Regular opportunity to talk to an identified adult
- Lunchtime buddies
- Empowerment of witnesses, e.g. to report further incidents of bullying
- Child and family to be aware of the Childline number – 0800 11 11; www.childline.org.uk

- The school's usual procedures for supporting children with emotional and behavioural difficulties will be used

Ongoing Monitoring

A designated adult will check with all those involved as part of an agreed plan to ensure that further instances of bullying are not occurring