

# Your Education Inclusion Family Advisor



**Amanda Gilbert**

Education Inclusion Family Advisors offer you an opportunity to ask for information, advice and support on any issue affecting your family life in a relaxed and confidential environment. These areas include:

- Challenging behaviour
- Routines
- Supporting emotions and wellbeing
- School transitions
- Parenting strategies
- Building resilience and confidence
- Any other family challenges you might be facing

As Education Inclusion Family Advisors, we offer support in various ways:

- 1:1 sessions
- Workshops on specific topics
- Attending school events
- Group sessions on areas of need
- Signposting to other services

For more information speak to your school office or contact us directly on:

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