

Chesterton PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Team building	Gym (indoor)	Dance (indoor)	Yoga (Indoor)	Athletics	Invasion games
	Fundamentals	Ball skills	Sending and receiving	Target games	Net and Wall	Striking and fielding
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	Team building	Gym (indoor)	Dance (indoor)	Fitness	Athletics	Invasion games
	Fundamentals	Ball skills	Sending and receiving	Target games	Net and Wall	Striking and fielding
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	OAA	Gymnastics (indoor)	Dance (indoor)	Dodgeball	Athletics	Tag rugby
	Fundamentals	Netball	Swimming	Swimming	Tennis	Cricket
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	OAA	Gymnastics (indoor)	Dance (indoor)	Yoga (indoor)	Athletics	Golf
	Basketball	Football	Handball	Hockey	Tennis	Rounders
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	OAA	Gymnastics (indoor)	Dance (indoor)	Fitness	Athletics	Badminton
	Netball	Football	Dodgeball	Tag rugby	Tennis	Cricket
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	OAA	Gymnastics (indoor)	Dance (indoor)	Yoga (indoor)	Athletics	Golf

	Basketball	Volleyball	Handball	Hockey	Tennis	Rounders
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