

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# WEEK 1

31/10/22, 21/11/22, 12/12/22,  
2/1/23, 23/1/23, 13/2/23

# WEEK 2

7/11/22, 28/11/22,  
19/12/22, 9/1/23, 30/1/23

# WEEK 3

14/11/22, 5/12/22,  
26/12/22, 16/1/23, 6/2/23

Raviolini with Tomato /auce (Ve)  
or  
Rainbow Vegetable /tir-Fry (Ve) (WG)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**Garden Peas, Carrot Batons**  
Choice of Fresh Fruit or Yoghurt (V)

Choice of Pork or Chicken /sausages with Mash & Gravy  
or  
Veggie /ausage with Mash & Gravy (Ve)  
or  
Jacket Potato with Choice of Filling  
**/weetcorn & Peppers, Garden Peas**  
Apricot Flapjack (Ve)

Chicken & /weetcorn Pasta Bake (WG)  
or  
French Bread Margherita Pizza (V)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**Broccoli Florets, /weetcorn**  
Apple & Pear Crumble (Ve) with Custard (V)

Roast of the Day with Roast Potatoes & Gravy  
or  
Quorn Fillet with Roast Potatoes & Gravy (V)  
or  
Jacket Potato with Choice of Filling  
**Cauliflower, /liced Carrot**  
/trawberry Jelly & Peaches (Ve)

M/C Fish Fingers or /almon Fish Fingers  
with Chips & Tomato /auce  
or  
Quorn Fishless Fingers with Chips & Tomato /auce (Ve)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**Baked Beans, Garden Peas**  
Chocolate Oaty /quare (Ve) (WG)

F – Vegetarian Ve – Vegat NG – NLo(egfats)

Pasta with Tomato Pesto (Ve) (WG)  
or  
/hepherdess Pie (Ve)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**Garden Peas, /weetcorn**  
Choice of Fresh Fruit or Yoghurt (V)

Texan One Pot Beef Chilli (WG)  
or  
Veggie Noodle /tir-Fry (V)  
or  
Jacket Potato with Choice of Filling  
**/uper Greens**  
Jammy Dodger Flapjack (Ve) (WG)

Arabiatta Chicken Meatballs with Pasta (WG)  
or  
French Bread Margherita Pizza (V)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**Cucumber /ticks, Tomato Wedges**  
Jumbleberry Crumble (Ve) with Custard (V)

Roast of the Day with Roast Potatoes & Gravy  
or  
Veggie /ausage Toad in the Hole with Roast Potatoes & Gravy (V)  
or  
Jacket Potato with Choice of Filling  
**Garden Peas, /liced Carrots**  
/trawberry Jelly & Pears (Ve)

M/C Fish Fingers or /almon Fish Fingers  
with Chips & Tomato /auce  
or  
Quorn Hotdog with Chips & Tomato /auce (V)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**Baked Beans, Garden Peas**  
Chocolate /hortbread (Ve)

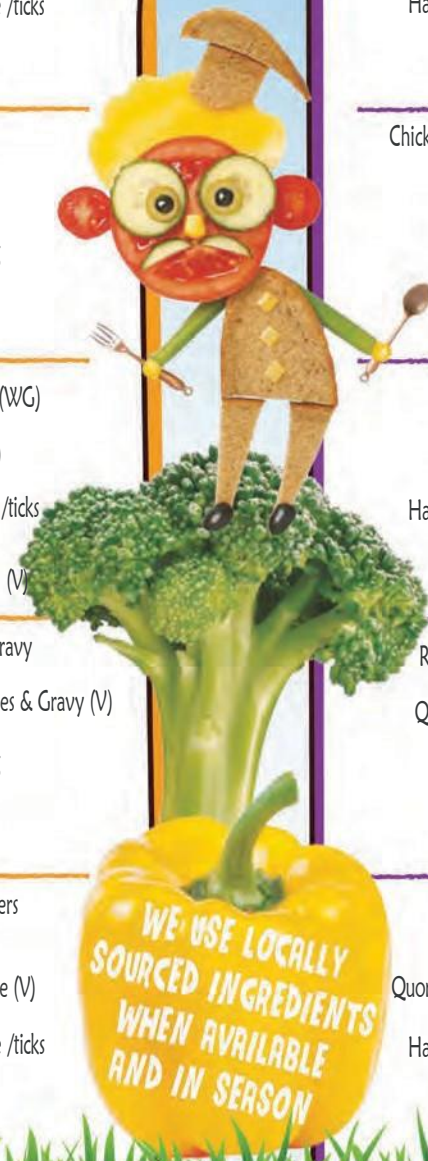
Mac & Cheese (V)  
or  
Lentil & Mushroom Keema Curry with /teamed Rice (Ve) (WG)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**/weetcorn, /hredded Carrots**  
Choice of Fresh Fruit or Yoghurt (V)

Chicken & /weetcorn Pie Topped with Cheesy Mash  
or  
/hepherdess Pie (Ve)  
or  
Jacket Potato with Choice of Filling  
**Cauliflower, Green Beans**  
/t C(enet's /Loffbead IVe)

Pasta with Bolognese /auce (WG)  
or  
French Bread Margherita Pizza (V)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**Cucumber /ticks, Tomato Wedges**  
Apple Crumble (Ve) with Custard (V)

Roast of the Day with Roast Potatoes & Gravy  
or  
Quorn Fillet with Roast Potatoes & Gravy (V)  
or  
Jacket Potato with Choice of Filling  
**/liced Carrots, Garden Peas**  
/trawberry Jelly & Peaches (Ve)

M/C Fish Fingers or /almon Fish Fingers  
with Chips & Tomato /auce  
or  
Quorn Fishless Fingers with Chips & Tomato /auce (Ve)  
or  
Ham or Cheese (V) /andwich with Veggie /ticks  
**Baked Beans, Garden Peas**  
Chocolate & Beetroot Brownie (V)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.