



Chisenhale Chatter



Chisenhale Primary School Bow



Learning Together for a Better Future

14/05/21

Hello!

It has been lovely to see the classes enjoying their Eid parties this morning - playing games and dancing to music. We hope that our families who celebrated Eid on Thursday had a very happy day.

This week, we marked Mental Health Awareness Week. In classes, the children talked about what happens in their mind and body when they feel stressed, anxious or worried. They discussed strategies to help regulate themselves and practised deep breathing techniques. This ties in with our ongoing work on the Zones of Regulation. The theme of this year's Mental Health Awareness Week is 'Nature'. Many studies have found a link between feeling connected to nature and having improved wellbeing. So if you are able, try to get out and about in nature with your children this weekend.

Please look out for a letter consulting on the wearing of uniform - it will come home in paper form with your child.

After the announcements from the Government on Monday, we are now able to open the climbing frame. We have booked the safety company to come in and check it, and as soon as it is given the all clear, it will, at last, be open. We have also ordered a very large delivery of sand for the EYFS sandpit.

Next week is Chisenhale School's Interstellar Science Week. This year we have decided to have a space theme running across all of our activities. In their bids to become space explorers, the children will take part in the Mission X: Train like an Astronaut programme. This will involve a series of daily physical activities set by scientists at The European Space Agency. You will be able to track their progress on their uploaded Google Classroom video blogs. In addition, afternoon activities will be packed with exciting, hands-on spaced themed science investigations. Finally, the trainee astronauts will take a visit to a Science Dome temporarily set up in the school. They will experience an immersive adventure across the solar system and beyond...

Have a great weekend,
Sharon

This week we are asking you to bring in the following for our science week:

- Small plastic water or drinks bottles (we need this for two of our experiments so as many as you can bring in would be amazing!)
- Empty plastic milk containers
- Small containers if possible
- bottle tops, both plastic and foil
- Cardboard tubes, eg wrapping paper, kitchen paper (not toilet paper rolls)

We also really need help with costumes and props for our Year 6 production. **Do you have a sewing machine and could you help us run up simple costumes?** If so, please let Ruth know on rcrossan.211@lgfmail.org The play this year has an Arabian theme and we are looking for:

- Old saris, salwar kameez, scarves, lengths of material or old tablecloths in bright jewel colours and silky fabrics
- Anything with sequins
- Waistcoats
- Bangles, bracelets and anklets
- Hand fans
- Old baseball caps

Please only send us things you DON'T want back as we may need to cut things up and re-fashion them.

Many thanks.

The following children will be receiving a praise postcard this week:

- Sprouts** - Manha and Ehsaan
- Broccoli** - Olivia and Thomas
- Curly Kale** - Minhaj and Charlotte
- Beetroot** - Umamah and Emmanuella
- Basil** - Bobby and Evie
- Thyme** - Queenie and Luca
- Mint** - Tom and Joey
- Lavender** - Adyan and Leon
- Cherry** - Evie and Reggie
- Rowan** - Honey and Lauren
- Oak** - Miki and Ruby Wa.
- Willow** - Jack and Ruby F