







7/1/22

Happy New Year to all!

I hope all of our families had a restful and peaceful break. Thank you to those who notified me of positive cases of Covid-19, I hope everyone is fully recovered and it did not spoil the holiday too much. We have welcomed the children back and I have to say it was lovely to see them. We have also welcomed Paul, as our teacher of Willow Class, Zak as a TA in year 6 and Maria who will work on the reception desk in the afternoons.

All of the classes start a new topic, and a new book this term - please ask your children about what they are learning. Topic letters will be out next week.

We have had lots of requests for the after-school clubs, we will allocate places to children who did not get one last term as a priority, and try our best to make sure everyone who has asked for one gets something. Currently only coding and gymnastics are completely full, with waiting lists for the Summer term.

Covid looks like it may continue to affect staffing and attendance for children at school, please keep us informed of any positive cases. Children who have been in close contact with a positive case can still come to school if they are not displaying any symptoms, but, if over 5, should test daily for 7 days.

A quick reminder that children will need their coats as the weather becomes chillier. Have a great weekend, Sharon

Resources for parents and carers

Every week we send out extra information with this newsletter about courses or events that might be of interest to our families so please have a look at the attached leaflets. Here are some more suggestions from the Tower Hamlets Healthy Lives and Parenting teams.

Help your child with language and literacy

Teachers from the Language, Literacy and Communication Team are running three sessions at SENDIASS, on Greatorex Street, Whitechapel, E1 5NP from **Thursday 13th January.** The sessions are FREE – see leaflet for details.

Sleep and mental health 19th January 2022 from 10-11am and 21st January 2022 from 10-11am The Healthy Lives Team will be hosting a free online webinar which aims to provide staff and parents with practical, easy to understand knowledge about sleep, interesting facts and a range of strategies and tips to take away and apply that very same evening! The webinars will cover topics such as the importance of sleep, identifying barriers to sleep, sleep cycles, routines and much more!

Email <u>sultanax.begum@towerhamlets.gov.uk</u> to book your place.

Responding to worries and fears: covid

and beyond 23rd February 2022 from 2 - 3pm Short webinar for parents of primary and secondary age children followed by a Q&A session. We will share practical strategies for responding to the concerns and worries of children and young people.

Email <u>sultanax.begum@towerhamlets.gov.uk</u> to book your place.

Child in Mind The Anna Freud Centre have produced a series of expert podcasts to help parents understand and manage child and family mental health problems. The series, Child in Mind, is presented by BBC Radio 4 presenter Claudia Hammond. In each 20-minute episode, she discusses an important issue in child and family mental health with an expert and a young person or parent. You can listen here: https://www.annafreud.org/parents-andcarers/child-in-mind/

Applying for Nursery and Reception places

If you have a child in **Nursery** and you wish to apply for a place in our **Reception**, the application phase for Reception 2022 remains open until the deadline date of **19th January 2022**. If you wish to apply for a **Nursery** place for a younger sibling the deadline is **16th February**. Parents need to submit their application online on <u>www.eadmissions.org.uk</u> If you need any help with this please see Ruth or email <u>info@chisenhale.towerhamlets.sch.uk</u>