



Autism Coffee Mornings

for parents that have a child diagnosed with Autism.

The weekly coffee mornings will be run by parents and staff from DCOS (Disabled Children Outreach Service).

We will be discussing topics relating to:

- Sleep
- Difficulties with eating
- Toileting
- Behaviours that may be challenging
- Routine
- Accessible activities and services

And many more. We are also open to other topic suggestions from parents.



When: Every Tuesday starting from 14th January 2020 (10am-11am)

> **Location:** Stebon Primary School Burdett Estate, Wallwood St London E14 7AD