BMHF Workshop – Children's Mental Health Week

'Supporting Young People's & Children's Mental Wellbeing' (In Bangla language)

তরুণদের এবং শিশুদেরকে মানসিকভাবে সুস্থ রাখার সহায়তা করেন

- **Would like to understand how you can support your child's mental wellbeing?**

আপনি কি বুঝতে চান, আপনার বাচ্চাদের মানসিক স্বাস্থ্য কিভাবে সাপর্ট বা সমর্থন করতে পারেন ?

Please attend our online workshops to find out more

Workshop Details (Online)

Supporting Young People's & Children's Mental Wellbeing (Bengali)

Date: Thursday 10th February 2022 Time: 12-1.30pm

Zoom Meeting Details:

Meeting ID: 991 9616 4458

Passcode: 526725

Kindly email to confirm your attendance (preferred option)
or if you wish to remain anonymous* you can also join on the day.

If you wish to remain anonymous, please use a pseudonym name (not you real name) and please ensure that your camera (video) is switched off.

*For more information on the workshop and to register your attendance please contact Shamsur Choudhury on **0771 607 8840***
*or email: **shamsur@bangladeshimentalhealth.org***
www.bangladeshimentalhealth.org / Charity Number: 1128579