



It's Your Life is a local education charity that has been supporting hundreds of families in London and Liverpool for over 10 years. We are delighted to be offering Chisenhale's parents another opportunity to take part in our outstanding programme, It's Your Child's Life.

*"I found the course incredibly insightful, it helped me to connect to my children on a deeper level. It helped me identify ways to improve communication and enabled me to create a more harmonious household".*

**Parent of Chisenhale pupils in Yr1 & Yr3**



Our 6-session programme will help you discover ways you can further support the development and wellbeing of your child and gain a real understanding of how they are learning and the skills needed.

This course will help you to:

- Make sure your child is prepared to learn.
- Understand how your child learns.
- Know that you are the MOST important person in your child's education.
- Build self-esteem and confidence in your child.

**When:** Monday 27<sup>th</sup> February @ 1.00 – 2.30pm

**Where:** The Glasshouse, 161 Old Ford Road, E2 9QB

If you have any questions and would like a place on the course please contact Jackie Barnes or Carlie Villarreal.

**Tel:** 0203 952 3164 **Web:** [www.itsyourlife.me.uk](http://www.itsyourlife.me.uk) **E-mail:** admin@itsyourlife.me.uk

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