

WEEKLY MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Spaghetti Vegetable Bolognese 1.16 Shepherdess Pie 3.16 Cheesy Fusilli 1.7 V	Turkey Pie 1 Vegetable Sausage 1.16 Cheese, Tomato & Herb Penne 1.7 V	Minced Beef & Yorkshire Pudding 1.29 Bean & Sweet Potato Parcel 1.16 Pesto & Pea Pasta 1.7 V	Chicken Curry Butternut Squash Dahl 1.16 Cheese & Broccoli Fusilli 1.7 V	Beef Burger in a Bun 1.5 Vegan Burger in a Bun 1.45 16 Tomato & Chick Pea Penne 1.16
1st November	Jacket Potatoes with a Choice of Toppings 7.8.9 Sweetcorn, Peppers	Jacket Potatoes with a Choice of Toppings 7.8.9 New Potatoes Seasonal Vegetables	Jacket Potatoes with a Choice of Toppings 7.8.9 Mashed Potatoes, Broccoli Diced Swede	Jacket Potatoes with a Choice of Toppings 7.8.9 Rice, Sliced Carrots Green Beans	Jacket Potatoes with a Choice of Toppings 7.8.9 Chips, Baked Beans Peas, Cucumber Sticks
29th November	Fruit Pots Yoghurt 7	Cheese & Biscuits 1.7 Fruit Pots	Fruit Pots Yoghurt 7	Cheese & Biscuits 1.7 Fruit Pots	Sunshine Bar 1.6,15,16 Fruit Pots, Yoghurt 7
10th January					
7th February					
14th March					
WEEK 2	Macaroni Cheese 1.7 V Rice & Bean Burrito with Baked Wedges 1.16 Tomato & Herb Fusilli 1.16	Homemade Sausage Roll 1.6 Vegan Sausage Roll 1.16 Pesto & Pea Pasta 1.7 V	Roast Chicken & Gravy Vegetable Fingers 1.16 Mediterranean Bows 1.16	Mild Mexican Mince 4 Roast Vegetables & Rice 16 Cheese & Broccoli Twists 1.7 V	Salmon Risotto 8 Margherita Pizza 1.3,7.9 V Tomato & Sweetcorn Penne 1.16
8th November	Jacket Potatoes with a Choice of Toppings 7.8.9 Seasonal Vegetables	Jacket Potatoes with a Choice of Toppings 7.8.9 Mashed Potato, Cabbage Baked Beans	Jacket Potatoes with a Choice of Toppings 7.8.9 Rustic Roast Potatoes or Jollof Rice Broccoli, Sweetcorn	Jacket Potatoes with a Choice of Toppings 7.8.9 Rice, Cauliflower Carrots	Jacket Potatoes with a Choice of Toppings 7.8.9 Chips, Baked Beans Peas, Coleslaw 9
6th December	Fruit Pots Yoghurt 7	Cheese & Biscuits 1.7 Fruit Pots	Fruit Pots, Yoghurt 7	Cheese & Biscuits 1.7 Fruit Pots	Mr Nourish Biscuit 1 Fruit Pots, Yoghurt 7
17th January					
21st February					
21st March					
WEEK 3	Loaded Flatbread 1.7 V Cauliflower & Chick Pea Curry & Rice 16 Tomato & Bean Pasta Bows 1.16	Beef Stew & Dumpling 1 Country Stew & Dumpling 1.16 Cheese & Tomato Pasta Bake 1.7 V	Roast Turkey & Gravy Vegetable Wellington 1.16 Broccoli & Cheese Pasta 1.7 V	Chicken Pie 1 Cheese & Tomato Wrap Stack 1.7 V Tomato & Sweetcorn Penne 1.16	Fish Fingers 1.8 Cheese & Onion Pinwheel 1.7 V Pesto & Spinach Pasta Bake 1.7 V
15th November	Jacket Potatoes with a Choice of Toppings 7.8.9 Baked Wedges Seasonal Vegetables	Jacket Potatoes with a Choice of Toppings 7.8.9 Broccoli, Diced Swede	Jacket Potatoes with a Choice of Toppings 7.8.9 Rustic Roast Potatoes or Jollof Rice Diced Carrots, Cabbage	Jacket Potatoes with a Choice of Toppings 7.8.9 New Potatoes, Sweetcorn Cauliflower	Jacket Potatoes with a Choice of Toppings 7.8.9 Chips, Baked Beans Peas, Carrot Sticks
13th December	Fruit Pots Yoghurt 7	Cheese & Biscuits 1.7 Fruit Pots	Fruit Pots Yoghurt 7	Cheese & Biscuits 1.7 Fruit Pots	Oaty Biscuit 1.15 Fruit Pots, Yoghurt 7
24th January					
28th February					
28th March					
WEEK 4	Margherita Pizza 1.3,7.9 V Tofu Biryani 3.16 Pesto & Bean Fusilli 1.7 V	Cottage Pie Meatfree Meatballs with Mash 15,16 16	Roast Chicken & Gravy Vegan Mince Puff 1.3 16 Cheese & Spring Onion Pasta 1.7 V	Penne Bolognese 1 Cheesy Cajun Wedges 4.7 V Tomato & Pea Pasta 1.16	Chicken Bites 1.7 Bruschetta 1.7 V Cheese & Broccoli Penne 1.7
22nd November	Jacket Potatoes with a Choice of Toppings 7.8.9 New Potatoes, Sweetcorn Peppers	Jacket Potatoes with a Choice of Toppings 7.8.9 Cauliflower Peas	Jacket Potatoes with a Choice of Toppings 7.8.9 Rustic Roast Potatoes or Jollof Rice Broccoli, Sliced Carrots	Jacket Potatoes with a Choice of Toppings 7.8.9 Seasonal Vegetables	Jacket Potatoes with a Choice of Toppings 7.8.9 Chips, Baked Beans Peas, Coleslaw 9
3rd January	Fruit Pots Yoghurt 7	Cheese & Biscuits 1.7 Fruit Pots	Fruit Pots Yoghurt 7	Cheese & Biscuits 1.7 Fruit Pots	Ginger Cookie 1.15 Fruit Pots, Yoghurt 7
31st January					
7th March					

Dishes marked with any of the following numbers contain the matching allergen.

- 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

Key:
Vg Vegan
V Vegetarian

Available Daily: Selection of Salads 9, Homemade Bread 1,3,7,9.
Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



Remember... Reception, Year 1 and 2 are entitled to free school meals. This excludes independent schools.

