



It's lovely to be back and see the children after the summer break. Everybody's summer may have been different, and some families may find it easier than others to return to the school day. Please remember, the therapeutic service is here to provide support to you and your families if you would like. As Therapeutic Lead for the service, I am based at Chisenhale every Thursday. If you would like to meet with me, please get in touch using my details below.

See you soon,

Roxy



Here are some of the ways SCP can support you, your children and the school:

CHILDREN

The Space: Every Thursday, Roxy offers a drop-in for children who want to talk about any feelings or worries they may be struggling with. This is a safe, confidential space where children can feel listened to, in order to feel better or to better understand their emotions.

If you would NOT like your child to make use of this service, please notify the school as soon as possible.

1:1 counselling: We have a counsellor who works with specific children who may benefit from more regular support, using therapeutic play and the creative arts.

PARENTS/CARERS

Every Thursday at 9-10am: Sometimes, we could all do with someone to talk to and that includes you as parents. If you would like to meet with Roxy for a safe and confidential chat about you, your child or any concerns you might have, please get in touch either via email

roxy@schoolsounsellingpartnership.co.uk or by phone **07730 416 019** to book an appointment.

SCHOOL STAFF

Roxy is also here to support all our staff, whether through training or one to one meetings to help think about specific children who may need a little extra help.