



- Bedwetting
- Healthy Eating
- Behaviour
- Emotional Health
- Relationships & Friendships
- Hygiene
- Puberty
- Sleep

Drop ins will be held once a month
Next date – 02/02/2023

For children, young people, parents, and carers

Ask at your school office
to book an appointment or
contact

Ruth Crossan
0208 980 2584

Your School Nurse

Tiffany McKenzie-Curtis
T.mckenzie-curtis@nhs.net