

Mar to Oct 2023

WEEKLY MENU

REMEMBER... RECEPTION, YEAR 1 & YEAR 2 ARE ENTITLED TO FREE SCHOOL MEALS. THIS EXCLUDES INDEPENDENT SCHOOLS





MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

WEEK 1

6th Mar 20th Mar

17th Apr Jackets with a

1st May Choice of Toppings 78.9 15th May

19th June

3rd July

5th June

17th July 4th Sept

18th Sept

2th Oct 16th Oct Macaroni Cheese 174

Spicy Meatfree Meatballs & Pasta 1 10

Green Beans

Carrots

Yoghurt 7

Fruit Pots

BBO Pulled Chicken in a Bun 15

Spicy Ratatouille va

Cheese & Tomato Pasta Bake 174

Jackets with a Choice of Toppings 7.8.9

Rainhow Rice

Sweetcorn

Courgettes

Yoghurt 7

Fruit Pots

Roast Beef & Gravy

Caribbean Pasty 1 va

Jackets with a Choice of Toppings 7.8.9

Rustic Boost Pototoes

Jollof Rice

Cabbage

Carrots

Yoghurt 7

Fruit Pots

Chicken Fajitas 14

Five Bean Chilli 410

Cheesy Pasta Twists 1.7 V

Rice

Seasonal

Vegetables

Yoghurt 7

Fruit Pots

Fish Fingers 1.8 or Salmon Fish Cakes 1.78

Cheesy Bean Slice 17 V

Jackets with a

Choice of Toppings 7.8.9

Chips

Peas

Baked Beans

Yoghurt 7

Fruit Pots

Chicken Goujons 1

Vegan Sausage Roll 1 vg

Jackets with a

Choice of Toppings 7.8.9

1 Wheat Gluten

2 Crustaceans

3 Soybean

4 Mustard

5 Sesame 6 Sulphites/

Sulphur Dioxide

7 Milk

8 Fish

9 Egg 10 Peanuts

11 Molluscs

12 Celeriac/Celery

13 Nuts

14 Lupins

15 Oat Gluten

16 Barley Gluten

Illergen

WEEK 2

13th Mar

27th Mar 24th Apr

8th May

22nd May

12th June

26th June

10th July 28th Aug

11th Sept

25th Sept 9th Oct

23rd Oct

Roast Pepper Pizza 1.3.7.9 v

Quorn Sausages 1 vg

Jackets with a

Choice of Toppings 78.9

Baked Wedges

Sweetcorn

Coleslaw .

Yoghurt 7

Fruit Pots

Keema Pie

Piri Piri

Vegan Pie 3 vg

Tomato & Herb

Penne 1 Va

Carrots

Cauliflower

Yoghurt 7

Fruit Pots

Roast Chicken & Gravy

Cheesy Vegetable Burrito 174

Jackets with a

Choice of Toppings 7.8.9

Rustic Roast Potatoes

Jollof Rice

Broccoli

Sweetcorn

Yoghurt 7 Fruit Pots

Potato Curry Moroccan Chick Pea

Beef & Sweet

Tagine vg

Cheesy Pasta Twists 1.7 v

Rice

Carrots

Green Beans

Yoghurt 7 Fruit Pots



Chips

Pens

Baked Beans

Yoghurt 7

Fruit Pots







