**Weekly lunch update – week starting 2nd November 2020**

**Menu 1**

This week Years 1,3 & 5 will be having packed lunches and Years 2, 4 and 6 will be having hot dinners.

However, on Tuesdays Year 3 and 6 will swap lunch slots so Year 3 will have a hot dinner and Year 6 a packed lunch.

Nursery and Reception will always have the hot meal option.

Teachers will ask children in the morning which option from the menu they would like for their main meal. Please look at the menu with your child so that they know what the options are in advance.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week beginning 2nd November** | **Monday**  | **Tuesday**  | **Wednesday** | **Thursday**  | **Friday** |
| **Main** | Chicken& sweetcorn sandwich or Quorn dipper wrap with sweet chilli sauce and salad | Tuna pasta or cheese sandwich  | Chicken sausage bap or veggie sausage roll or cheese roll |  Pizza with half an egg mayo sandwich or tuna & cucumber sandwich | Chicken thigh in a bap or vegan sausage roll & half a cheese sandwich |
| **Salads** | Carrot and cucumber sticks, cherry tomatoes | Carrot and cucumber sticks, cherry tomatoes | Carrot and cucumber sticks, cherry tomatoes | Carrot and cucumber sticks, cherry tomatoes | Carrot and cucumber sticks, cherry tomatoes |
| **Dessert** | Crackers & cheese  | Sultana flapjack | Fruit yogurt | Carrot cake | Fruit yogurt pots |
| **Fresh Fruit** | Selection of fresh or dried fruit  | Selection of fresh or dried fruit | Selection of fresh or dried fruit | Selection of fresh or dried fruit | Selection of fresh or dried fruit |
|  |  |  |  |  |  |

 **Packed lunch menu for Years 1, 3 and 5**

**Hot dinners menu for Years 2, 4 and 6**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main | Penne pasta with tomato and vegetable sauce | Lamb curry with white rice | Roast chicken, stuffing & roast potatoes | Meat loaf with mashed potatoes | Fish fingers with oven chips |
| Vegetarian | Quorn dippers with sweet chilli sauce and brown rice | Quorn & potato balti with white rice | Leek & Cheddar frittata | Mac & cheese | Vegetarian sausage roll |
| Sides/Vegetable | Sweetcorn & garden peas | Cauliflower & green beans | Cabbage & carrots | Corn on the cob & broccoli | Peas & baked beans |
| SaladFresh seasonal salads |  |  |  |  |  |
| Dessert |  |  | Fresh fruit, yoghurt, cheese and crackers |  |  |