

# CHS Computing and Technology 2023/2024

#### Design and Technology & Food Preparation and Nutrition

#### Key stage 3: Rotation model

	Design and Technology	Food Preparation and Nutrition	Computing
Year 7	2 hours per week	2 hours per week	2 hours per week
Teal 7	10 weeks	10 weeks	20 weeks
Year 8	2 hours per week	2 hours per week	2 hours per week
	10 weeks	10 weeks	20 weeks
Year 9	2 hours per week	2 hours per week	1 hour per week
real 9	20 week rotation	20 week rotation	40 weeks

Year 7	Rotation				
	Materials and their working properties		Balanced Diets		
	Weeks 1 - 5	Weeks 6 - 10	Weeks 1 - 5	Weeks 6 - 10	
Declarative What should they know?	<ul> <li>Workshop safety         <ul> <li>Students should know how to be in the workshop safely.</li> <li>Students should know basic health and safety rules of the D&amp;T rooms.</li> </ul> </li> <li>Timbers         <ul> <li>Students should know about the Sources and origins of timbers.</li> <li>Students should know about the Impact of deforestation.</li> <li>Students should know How to ensure sustainability timbers.</li> <li>Students should know about the Difference between hardwoods, soft woods, and manufactured boards.</li> </ul> </li> </ul>	<ul> <li>2D and 3D design.</li> <li>The role of a graphic designer as well as the skills, qualities, and attributes they need to possess to be successful.</li> <li>The differences between 2-dimensional design, and 3-dimensional design and how these are used for varying different design and product manufacture.</li> <li>Students should know that maths and numeracy skills are a large factor in successful technical design, for example when drawing nets/surface developments to ensure accuracy and quality control in design.</li> <li>The key principles of 3-dimensional design when producing isometric and perspective drawings.</li> </ul>	<ul> <li>Food hygiene and safety</li> <li>Students should know personal hygiene and its importance in a food preparation environment.</li> <li>Students should know cross contamination and how this might occur, and methods used to prevent it.</li> </ul>	<ul> <li>Fats</li> <li>Students should understand the purpose of fats in the diet.</li> <li>Students should understand the difference between saturated and unsaturated fats.</li> <li>Students should know how fats can lead to health complications such as increased cholesterol and obesity.</li> <li>Food Practical – Savoury Rice</li> <li>Students should know how to prepare ingredients using a knife (Skill 2/3).</li> <li>Students should understand how to use the cooker when preparing dishes (Skill 5)</li> </ul>	



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	<ul> <li>Students should know about the Sources and origins of Polymers.</li> <li>Students should know about the Impact of oceanic pollution.</li> <li>Students should know the Differences between Thermoplastics and thermosetting.</li> <li>Students should know about the Positive and negative impacts of plastics.</li> <li>Students should know What the recycling symbol on plastics means.</li> <li>Design communication <ul> <li>Students should know what isometric drawing is.</li> <li>Students should know what rendering is.</li> <li>Students should know the purpose of annotation.</li> </ul> </li> <li>DT Practical – Pivot mirror <ul> <li>Students should know how to use a range of saws in different materials.</li> <li>Students should understand how to join timber together using wood joints.</li> <li>Students should know how to apply different finishing techniques.</li> </ul> </li> </ul>	<ul> <li>Colour theory</li> <li>Students should know what the colour wheel is and how it is used to differentiate between colours on the spectrum (primary, secondary and tertiary).</li> <li>Students should know the use of complimentary colours, tint, hue, and shade in colour to vary colour balance.</li> <li>Students should know about how the selection of colour can be based upon its emotive language, a key consideration for designers when choosing colour schemes for a project.</li> <li>Students should know how pattern can be generated and its importance as a key factor in design generation. Colour blocking and gradients are commonly used to break up blank space in designs.</li> <li>Typography and branding</li> <li>Students should know about the impact of branding for a company, business website etc.</li> <li>Students should know about the key characteristics of typography and brand identity exploring the impact of colour, typography, and imagery.</li> <li>Students should know about the key characteristics of typography and how this is used in various ways to represent text/words.</li> </ul>	<ul> <li>Students should know how to prepare ingredients using a knife (Skill 2/3).</li> <li>Students should understand how to prepare vegetables using the bridge and claw method.</li> <li>Carbohydrates</li> <li>Students should know what carbohydrates are and why we need carbohydrates in our diet.</li> <li>Students should understand carbohydrates as a <u>starch</u>-based ingredient and what constitutes a <u>complex carbohydrate</u>.</li> <li>Students should understand carbohydrates as a <u>sugar</u> and how over consumption can lead to tooth decay and type 2 diabetes.</li> <li>Students should understand carbohydrates as a sugar and how over consumption can lead to tooth decay and type 2 diabetes.</li> <li>Students should understand how carbohydrates can provide us with <u>dietary fibre</u> to support our digestive system.</li> <li>Food Practical – Caribbean Muffins</li> <li>Students should understand how to use the Hob/Oven when cooking dishes (Skill 4).</li> <li>Reduced sugar recipes – students should understand methods to reduce sugar in the diet using natural sweeteners as a substitute (Skill 7).</li> <li>Food Practical – High Fibre scones/Falafel</li> <li>Students should understand how to weigh and measure ingredients (Skill 1).</li> <li>Students should know how to weigh and measure ingredients (Skill 1).</li> </ul>	<ul> <li>Students should understand how to combine ingredients including spices to make a sauce - reduction method (Skill 8).</li> <li>Protein <ul> <li>Students should understand the function of protein in the diet.</li> <li>Students should understand how proteins support healthy body growth including the repair of body tissue and supporting healthy muscles and bones.</li> <li>Students should what foods include proteins and how to include protein in the diet when living a vegetarian or vegan lifestyle.</li> </ul> </li> <li>Food Practical – Chilli/ Vegetable Bean Chilli <ul> <li>Students should understand how to prepare ingredients using a knife (Skill 2/3).</li> <li>Students should understand how to use the cooker when preparing dishes (Skill 5)</li> <li>Students should understand how to combine ingredients including spices to make a sauce - reduction method (Skill 8).</li> </ul> </li> <li>Sensory Analysis <ul> <li>Students should understand how taste, smell, texture, touch and appearance can be influential factors in our choice of foods for consumption.</li> <li>Students should understand how foods can be described based on their sensory factors.</li> </ul> </li> </ul>
<b>Procedural</b> What should they be able to do?	<ul> <li>Timbers</li> <li>Students should be able to Identify the origin of timber.</li> <li>Students should be able to Explain timber conversion.</li> </ul>	<ul> <li>2D and 3D design.</li> <li>Students should be able to create ideas in 2D using the structure and presentation methods of a net.</li> </ul>	During the rotation students will complete a number of practical lessons (some may be omitted due to time); Fruit crumble, apple cake, bread rolls (iced buns), pizza, pasta and sauce, fruit tarts, pastry topped pie and samosas/spring rolls.	During these practical's there will be procedural knowledge acquired relating to the application of skills: Savoury Rice • Knife Skills (Skill 2)



	<ul> <li>Students should be able to Suggest how to ensure timber product are sustainable.</li> <li>Students should be able to Explain the role of the FSC.</li> <li>Students should be able to Identify a range of hardwoods soft woods and manufactured boards.</li> <li>Students should be able to Describe a hardwood, softwoods properties and potential uses.</li> <li>Polymers         <ul> <li>Students should be able to Identify the origin of polymers.</li> <li>Students should be able to Identify different types of polymers.</li> <li>Students should be able to Identify different types of polymers.</li> <li>Students should be able to Identify different types of polymers.</li> <li>Students should be able to Identify different types of polymers.</li> <li>Students should be able to Identify different types of polymers.</li> <li>Students should be able to Identify different types of polymers.</li> <li>Students should be able to Identify different types of polymers.</li> <li>Students should be able to Identify different types of polymers.</li> <li>Students should be able to Explain how plastics are commonly used and their impact on the environment.</li> </ul> </li> <li>Design communication         <ul> <li>Students should be able to Use different rending techniques.</li> <li>Students should be able to Draw in isometric.</li> <li>Students should be able to Annotate work effectively.</li> </ul> </li> </ul>	<ul> <li>Students should be able to present ideas for a net clearly using accuracy and dimensions to support structure.</li> <li>Students should be able to include tabs appropriately on a design to allow for construction.</li> <li>Colour theory         <ul> <li>Student should be able to identify colour and its properties based on where it appears on the colour wheel.</li> <li>Students should make suitable colour choices for designs.</li> </ul> </li> <li>Typography and branding         <ul> <li>Students should be able to identify and create ideas for branding and logos knowing the requirements of these (simple, not overly complicated with the inclusion of colour and icons, suitable typography).</li> <li>Students should be able to create lettering and letter styles relevant to a topic or them.</li> </ul> </li> <li>Design ideas/generation         <ul> <li>Student should be able to generate ideas for a logo/brand, a surface development and a 3D presentation based on a brief or scenario.</li> </ul> </li> </ul>	<ul> <li>During these practical's there will be procedural knowledge acquired relating to the application of skills:</li> <li>Quesadilla <ul> <li>General practical skills – weigh and measure (Skill 1)</li> <li>Prepare, combine and shape (Skill 7)</li> <li>Use of the cooker (Skill 4)</li> </ul> </li> <li>Scones <ul> <li>Rubbing in method (Skill 7)</li> <li>General practical skills – weigh and measure (Skill 1)</li> <li>Use of the cooker (Skill 4)</li> </ul> </li> <li>Caribbean muffins <ul> <li>General practical skills – weigh and measure (Skill 1)</li> <li>Use of the cooker (Skill 4)</li> </ul> </li> <li>Caribbean muffins <ul> <li>General practical skills – weigh and measure (Skill 1)</li> <li>Use of the cooker (Skill 4)</li> </ul> </li> <li>Caribbean gractical skills – weigh and measure (Skill 1)</li> <li>Use of the cooker (Skill 4)</li> </ul>	<ul> <li>Preparing fruits and vegetables (Skill 3)</li> <li>Use of the cooker (Skill 4)</li> <li>Cooking methods (Skill 6)</li> <li>Sauce making (Skill 8)</li> </ul> Vegetable Chilli <ul> <li>Knife Skills (Skill 2)</li> <li>Preparing fruits and vegetables (Skill 3)</li> <li>General practical skills – weigh and measure (Skill 1)</li> <li>Use of the cooker (Skill 4)</li> <li>Cooking methods (Skill 6)</li> <li>Prepare, combine and shape (Skill 7)</li> <li>Tenderise and Marinade (Skill 9)</li> </ul>
Disciplinary Literacy (Tier 3 Vocab)	Tier 3 Disciplinary literacy linked to the unit of study: Hardwood Softwood Grain Veneer Properties Density Toughness Strength Function Aesthetics Monomer Polymer	<ul> <li>Tier 3 Disciplinary literacy linked to the unit of study:</li> <li>Two Dimension</li> <li>Nets</li> <li>Shape and Form</li> <li>Isometric</li> <li>Perspective</li> <li>Three Dimension</li> <li>Angles</li> <li>Parallel</li> <li>Vanishing Point</li> <li>Horizon Line</li> <li>Colour</li> <li>Render</li> </ul>	<ul> <li>Tier 3 Disciplinary literacy linked to the unit of study:</li> <li>Eatwell guide</li> <li>Nutrient</li> <li>Energy, Calories</li> <li>Portion</li> <li>Guidelines</li> <li>Carbohydrates, Fats, Protein</li> <li>Food spoilage</li> <li>Contaminated</li> <li>Cross contamination</li> <li>Bacteria &amp; Microorganism</li> <li>Pathogens</li> <li>Enzymes</li> </ul>	Tier 3 Disciplinary literacy linked to the unit of study: • Weigh • Measure • Rubbing in method • Fibre • Wholemeal • Fats • Protect • Insulation • Saturated • Unsaturated • Visible fats • Invisible fats



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	Thermoplastic	Pattern	Perishable	Cholesterol
	Thermosetting	Complimentary	<ul> <li>Food poisoning bacteria</li> </ul>	Obesity
	Malleability	Opposite	• E-Coli	Excess, Deficiency
	Hardness	Pattern	Campylobacteria	Aroma & Taste
	<ul> <li>Electrical conductivity Fibre</li> </ul>	• Typography	Salmonella	Consistency
	Tenon Saw	Letter Style	Bridge method, Claw method	Preparation
	Hazard	Fonts	Consistency	Reduction
	Sandpaper	Italic, Bold, Script	Quality	Infuse
	PPE	Surface Development	<ul> <li>Food hygiene &amp; Safety</li> </ul>	Proteins:
	• File	Assembly	Cross contamination	<ul> <li>Amino acids (essential and non-essential)</li> </ul>
	Rasp	Graphic	Starch	High biological value
	Adhesive		Simple & Complex carbohydrates	Low biological value
	Stock from		Weigh and measure	Protein alternatives
	Component		Caramelisation	Kwashiorkor
	Coping saw		Coagulation	Protein, Protein alternative
			Raising agent	Quality control
			Vitamins	Organisation
			Fibre	Time management
				Sauce reduction, Simmer
				Conduction, Convection
Assessment	Key assessment task:	Key assessment task:	Key assessment task:	Key assessment task:
Assessment	Extended writing assessment impact of polymers	Design assessment isometric, Students will be	Carbohydrates - marked and fed back as part of a	Progress Test - marked and fed back as part of a
	on the environment – students will be assessed on	assessed, accuracy of isometric projection, quality	Key Assessed piece of work.	Key Assessed piece of work.
	SPAG, understanding of environmental concerns,	of rendering techniques, annotation.	Feedback should use a two star and wish model.	The assessment will be marked out of 50 and
	explanation of plastic pollution and sustainability		A Mark should be recorded for a progress	developmental approaches used to improve
		Key assessment task:	statement to be generated.	students' knowledge and understanding.
		Progress Test - marked and fed back as part of a		Feedback should use a two star and wish model.
		Key Assessed piece of work.	Key assessment task:	A feedback workshop should be used to support
		The assessment will be marked out of 50 and	Practical Assessment – feedback should be	students in the development of their knowledge
		developmental approaches used to improve	generated using a 2 star and wish method.	and skills in this subject.
		students' knowledge and understanding.	Feedback to learners should be based on practical	
		Feedback should use a two star and wish model.	skills and development evidenced in the lessons to	Home Learning Task 2:
			support progress in future practicals.	Herbs and Spices – students should investigate
				different herbs and spices used in cooking/recipes,
			Home Learning Task 1:	Students should consider how these are used to
			Pasta – students should investigate different types	support the sensory appeal of dishes.
			of pasta, their shape, form and properties.	Students should complete this as an independent
			Students should complete this as an independent investigation task that requires them to develop	investigation task that requires them to develop research and investigation skills and consider
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			research and investigation skills and consider	ingredients and their function.
			ingredients and their function.	
			Llama learning supports knowledge in following	Home learning supports knowledge in following
			Home learning supports knowledge in following lesson looking at carbohydrates and starchy	lesson looking at seasonings used in a vegetable curry.
			carbohydrates typically consumed.	curry.