Timetable

Successful

It is recommended that you spend:

- 1 x 45 minutes on English – 5 times a week
- 1 x 45 minutes on Maths – 5 times a week
- 3 x 45 minutes on other subjects – 5 times a week

Choose from a the range on offer - General Studies, option subjects, facilitating subjects – a lot of you will change the subjects you want to do at College so keep your subjects broad!

Creative

- 1 hr a day on Creative activities

This adds up to a maximum of 5 hours a day – including breaks!!

Happy

- You should also make sure you spend 1 hour a day doing things that make you happy!

In partnership with Xaverian College

Bridge to Post 16

Suggested Timetable 1

	Session 1 45 minutes	**Session 2** 45 minutes	**Session 3** 1 hour	**Session 4** 1 hour	**Session 5** 1 hour	
Monday	English	Maths	Post-16 subject 1	Post-16 subject 2	Critical thinking / Sociology	Happy - Wellbeing
Tuesday	Maths	English	Post-16 subject 3	Post-16 subject 4	Critical thinking / Sociology	
Wednesday	English	Maths	Post-16 subject 2	Post-16 subject 1	Creative e.g. Future Learn	
Thursday	Maths	English	Post-16 subject 4	Post-16 subject 3	Creative e.g. Future Learn	
Friday	PE with Joe [The Body Coach](#) The Body Coach YouTube	English	Maths	Creative Friday – develop a hobby or skill e.g. music, language, cooking, art, photography, touch typing course		

- **4 ½ hours a day – for English, Maths and 4 post 16 subjects,**
- **1 hour a day on Sociology or creative challenges.**
- **Developing new skills / hobbies on Friday**

Bridge to Post 16

	Session 1 45 minutes	Session 2 45 minutes	Session 3 1 hour	Session 4 1 hour	Session 5 1 hour	
Monday						Happy - Wellbeing
Tuesday						
Wednesday						
Thursday						
Friday						

	Session 1 45 minutes	Session 2 45 minutes	Session 3 1 hour	Session 4 1 hour	Session 5 1 hour	
Monday						Happy - Wellbeing
Tuesday						
Wednesday						
Thursday						
Friday						

Suggested Timetable 2

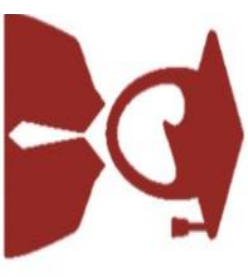
	Session 1 45 minutes	**Session 2** 45 minutes	**Session 3** 1 hour	**Session 4** 1 hour	
Monday	English	Maths	Post-16 subject 1	Critical thinking / Sociology	Happy - Wellbeing
Tuesday	Maths	English	Post-16 subject 2	Creative e.g. iDEA award	
Wednesday	English	Maths	Post-16 subject 3	Creative e.g. Future Learn	
Thursday	Maths	English	Post-16 subject 1	Creative e.g. Future Learn	
Friday	Post-16 subject 2	Post-16 subject 3	Creative Friday – develop a hobby or skill e.g. music, language, cooking, art, photography, touch typing course		

- **3½ hours a day (Monday to Thursday on English, Maths and post 16 subjects**
- **I hour a day on creative challenges or Sociology**
- **2 hrs on Creative Friday to develop new skills / hobbies**

Bridge to Post 16

	Session 1 45 minutes	Session 2 45 minutes	Session 3 1 hour	Session 4 1 hour	
Monday					Happy - Wellbeing
Tuesday					
Wednesday					
Thursday					
Friday					

	Session 1 45 minutes	Session 2 45 minutes	Session 3 1 hour	Session 4 1 hour	
Monday					Happy - Wellbeing
Tuesday					
Wednesday					
Thursday					
Friday					



Suggested Timetable 3

	Session 1 1 hour	**Session 2** 1 hour		**Session 3** 1 hour	**Session** 4
Monday	English	Post-16 subject 1		Creative e.g. Future Learn	Happy - Wellbeing
Tuesday	Maths	Post-16 subject 2		Post-16 subject 3	
Wednesday	English	Post-16 subject 1		Creative e.g. iDEA award	
Thursday	Maths	Post-16 subject 2		Post-16 subject 3	
Friday	PE with Joe The Body Coach The Body Coach YouTube	English	Maths	Creative Friday – develop a hobby or skill e.g. music, language, cooking, art, photography, touch typing course	

3 hours a day – for English, Maths and 3 post 16 subjects, I hour a day on a creative challenge. And a well being activity at the end of the day

Bridge to Post 16

	Session 1 1 hour	Session 2 1 hour		Session 3 1 hour	Session 4
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					

	Session 1 1 hour	Session 2 1 hour		Session 3 1 hour	Session 4
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					

Xaverian College

Preparation for Year 12

Xaverian College have created a website with information about every subject, to help Year 11 students prepare to begin these courses at college.

Every subject at A-Level and Advanced BTEC has their own page, and each one is unique, to reflect the most appropriate work to look at for each area.

This may be books, articles or journals to read, podcasts to listen to, films to watch, problems to work through or creative composition for you to undertake.

Find details and each page at: http://intranet.xaverian.ac.uk/y12

Bridge to Post 16