



CHORLTON HIGH SCHOOL: CURRICULUM


CHS Curriculum Intent

SUCCESSFUL: Learners who gain deep and powerful knowledge in preparation for life; combining academic rigour, curiosity and creative flair.

CREATIVE: Learners who are imaginative, optimistic and inventive; finding their voice to become effective communicators prepared for lifelong adaptability

HAPPY: Learners who are confident, resilient, well-rounded citizens; they understand the world’s communities and are ready to discover their place in it.

CHS Curriculum Area Framework for Learning – Year 10

SUBJECT	Mental Fitness within the Respect and the Pastoral Curriculum
INTENT 	<p>Our Mental Health Curriculum will result in students who are Successful (students are provided foundations for lifelong success) Creative (they who explore “real – life” and respond by being imaginative risk takers prepared to lead the future) Happy (students develop understanding that allows their confidence to come from within).</p> <p>We follow the SEL Essentials (Social and Emotional Learning), a crucial part of education and human development and a process through which young people apply the knowledge, skills and attitudes to develop healthy identities, manage emotions, achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships and make responsible and caring decisions.</p> <p>The Mental Health Curriculum is delivered as part of the Respect and Pastoral Curriculum spiralled through in a progressive way, with Pastoral Curriculum at times picking up expanding on issues covered in the Respect lessons, at times forming the centre piece of the Mental Fitness delivery for the half term, as Respect delivers on all the other aspects of PSHE.</p>

