



CHORLTON HIGH SCHOOL: CURRICULUM

CHS Curriculum Intent

SUCCESSFUL: Learners who gain deep and powerful knowledge in preparation for life; combining academic rigour, curiosity and creative flair.

CREATIVE: Learners who are imaginative, optimistic and inventive; finding their voice to become effective communicators prepared for lifelong adaptability

HAPPY: Learners who are confident, resilient, well-rounded citizens; they understand the world's communities and are ready to discover their place in it.

CHS Curriculum Area Framework for Learning – Year 11

SUBJECT	PE
INTENT	<p>Physical education supports the curriculum's vision for our young people by enabling students to become confident, connected, actively involved, lifelong learners. Physical education helps students to develop the skills, knowledge, and competencies to live healthy and physically active lives at school and for the rest of their life. Chorlton High School aims to begin, support and continue a pathway into sport and exercise through an enthusing, inspiring curriculum, extra-curricular programme and school-community club links.</p> <p>At CHS whether your passion is in: invasion games; net & wall games; strike & field games; track & field athletics; gymnastics based or swimming, you can learn transferable physical cognitive and social skills. You will be able to apply these skills into a plethora of conditioned and competitive situations. This development can help lead to improved physical, mental and social health whilst exposing you to a future hobby or career.</p> <p>We encourage our students to approach all physical activity with a positive attitude and an open mind. Students will be guided to independently develop their skillset and explore different ways to pally these skills. They will develop skills such as teamwork, cooperation, communication, creativity and leadership; all of which will be essential life skills. Additionally, students will learn to cope with physical and mental challenge through physical education.</p> <p><i>"Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic creative intellectual activity."</i></p> <p><i>J F Kennedy</i></p>

Year Group	YEAR 11 NCFE				
Rationale/ Narrative	Students will develop understanding of fitness and training in preparation for their second external examination and the component 2 Synoptic Project.				
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1
KNOWLEDGE	<u>PLC Driven Revision Lessons</u> <u>Topics identified from Unit 1</u> <u>Exam in March 2019 exam</u> <u>performance analysis.</u>	<u>PLC Driven Revision Lessons</u> <u>Topics identified from Unit 1</u> <u>Exam in March 2019 exam</u> <u>performance analysis..</u>	Completion of the External Unit 2 Coursework Task		
SKILLS	Describe (PASS criteria), describe in detail (MERIT criteria) and describe comprehensively. (DISTINCTION criteria) Explain (PASS criteria), explain in detail (MERIT criteria) and explain comprehensively. (DISTINCTION criteria) Create Planning and preparing Apply Demonstrate Design Evaluate		Describe (PASS criteria), describe in detail (MERIT criteria) and describe comprehensively. (DISTINCTION criteria) Explain (PASS criteria), explain in detail (MERIT criteria) and explain comprehensively. (DISTINCTION criteria) Revision /Recall Describe Create Planning and preparing Apply Demonstrate Design Reflection and Evaluate		
ASSESSMENTS	<u>Marking Point 1</u>	<u>Marking Point 4</u>	<u>PLS Driven</u>	<u>PLC Driven</u>	<u>PLC Driven</u>



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	<p>Classwork assessment piece Task- short answer questions on the skeletal system structure/functions</p>	<p>Classwork assessment piece Task- short answer questions on the muscular system structure/functions</p>	<p><u>Marking Point 7</u> Classwork assessment piece</p>	<p><u>Marking Point 10</u> Classwork assessment piece</p>	<p><u>Marking Point 13</u> Classwork assessment piece</p>
	<p><u>Marking Point 2</u> Written Home Learning Task- Test the knowledge and understanding of the skeletal system</p>	<p><u>Marking Point 5</u> Written Home Learning Task- Test the knowledge and understanding of muscular system</p>	<p><u>Marking Point 8</u> Written Home Learning Task-</p>	<p><u>Marking Point 11</u> Written Home Learning Task-</p>	<p><u>Marking Point 14</u> Written Home Learning Task-</p>
	<p><u>Marking Point 3</u> Classwork Assessment Piece (Written QWC Extended Answer Question) Application to health and fitness activities</p>	<p><u>Marking Point 6</u> Autumn Written Progress Test on Units 1.1 and 1.2</p>	<p><u>Marking Point 9</u> Classwork Assessment Piece</p>	<p><u>Marking Point 12</u> Spring Written Progress Test</p>	<p><u>Marking Point 15</u> Classwork Assessment Piece</p>