|  |  |  |
| --- | --- | --- |
| **YEAR 11** | **Autumn 1** | **Autumn 2** |
| **Strand** | **Living in the Wider World** | **Health and Wellbeing** |
| **Life-skills** | Preparing for Post 16  College Talks by Xaverian, Loreto, Salford and Manchester College  Writing a Personal Statement or College Applications  Completing a college application form  Meeting with the Careers Advisor  Kudos – ICT based Careers support  Preparing for Further Education Evening | Revision techniques  Visualisation and Relaxation  Mental Health and Well Being  Preparing for College Entry Exams  College Entry Results morning |