

CHS Progress Tests

Student Study Timetable

Year 7 Spring Term Progress Test

Have a PLAN – Create Progress Test Timetable

When you know when your Progress Tests are – put them

in the **PROGRESS TEST TIMETABLE** below:

In lessons you need to check:

- 1) **WHEN** the Progress Test is
- 2) **WHAT** the Progress Test will cover
- 3) **HOW** you can prepare yourself for it.



7X Band forms	7Y band forms
7AE	7NC
7KA	7AR
7KM	7LM
7SB	7TI
7MS	7TK
7LJ	7N

Progress Test Timetable Week 1

A Week	Monday 15th January	Tuesday 16th January	Wednesday 17th January	Thursday 18th January	Friday 19th January	Exams this week
Period 1		7yEn			7ySc	<ul style="list-style-type: none"> English Science French Spanish History Art Drama PE
Period 2						
Period 3			7xEn			
Period 4				7xSc		
Period 5			7ySc			

Progress Test Timetable Week 2

B Week	Monday 22nd January	Tuesday 23rd January	Wednesday 24th January	Thursday 25th January	Friday 26th January	Exams this week
Period 1						<ul style="list-style-type: none"> Maths Geography EPR Music Dance Technology Computing
Period 2			7xMa			
Period 3						
Period 4			7yMa			
Period 5						



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Have a PLAN – Create your Home Study Planner

Use the planner below to PLAN your revision and HOME STUDY. Prioritise spending time on the subject and specific knowledge that you find tricky.

Study Week 1

	Monday 4 th December	Tuesday 5 th December	Wednesday 6 th December	Thursday 7 th December	Friday 8 th December	Saturday 9 th December	Sunday 10 th December
Study Session 1 (45 Minutes)							
Study Session 2 (45 Minutes)							
Study Session 3 (45 Minutes)							

Study Week 2

	Monday 11 th December	Tuesday 12 th December	Wednesday 13 th December	Thursday 14 th December	Friday 15 th December	Saturday 16 th December	Sunday 17 th December
Study Session 1 (45 Minutes)							
Study Session 2 (45 Minutes)							
Study Session 3 (45 Minutes)							

After the Christmas Break - Study Week 3

	Monday 1 st January	Tuesday 2 nd January	Wednesday 3 rd January	Thursday 4 th January	Friday 5 th January	Saturday 6 th January	Sunday 7 th January
Study Session 1 (45 Minutes)	School Closed	School Closed	INSET DAY				
Study Session 2 (45 Minutes)	School Closed	School Closed	INSET DAY				
Study Session 3 (45 Minutes)	School Closed	School Closed	INSET DAY				

Have a plan



H

Organise your resources



O

Maximise your study habits



M

Evaluate your progress








E

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Study Week 4

	Monday 8 th January	Tuesday 9 th January	Wednesday 10 th January	Thursday 11 th January	Friday 12 th January	Saturday 13 th January	Sunday 14 th January
Study Session 1 (45 Minutes)							
Study Session 2 (45 Minutes)							
Study Session 3 (45 Minutes)							

How to study throughout your Progress Tests:

	Have a plan for your home study. <ul style="list-style-type: none"> Plan out when your progress tests are then, plan revision sessions into your timetable leading up to the tests. Plan what and where you will study Sessions should last 45 minutes. You should include all your subjects across the week 		Utilise your online learning platforms. <ul style="list-style-type: none"> Use MS Teams to help plan out and organise your timetable and resources. Look for information and tasks set by your teacher. Use other online platforms recommended by your teacher to maximise your revision sessions
	Use mind maps to maximise your study. <ul style="list-style-type: none"> Mind maps are a useful way to map out big concepts and topic areas. Choose your topic area to revise and put this in the centre of your mind map. Then, add branches with each individual area that links to that topic. Use colour, words, and pictures to make it interactive 		Use revision cards to maximise your study. <ul style="list-style-type: none"> Revision cards help in creating a summary of a topic area. Question & answer cards are useful for learning and memorising specific information like key facts, and key words. Choose a topic you want to revise and either create a summary card or write 10 key questions.
	Evaluate your home study by self-testing. <ul style="list-style-type: none"> Test yourself to check if information is going into your memory. At the end of your revision session use; look, cover, write & check, you could practice a question that you might be asked about the topic, quiz yourself on your mind map or revision cards. The next day, quiz yourself again using your mind map or cards to see what you have remembered. You could also work with your friends or someone at home by asking them to quiz you too! 		



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Spring Progress Tests - Year 7 Home Study Strategy:

Mind Maps

Mind maps are a way of organising ideas about a topic.

A mind map starts with a central idea with a series of branches, each relating to one aspect of the main idea. It allows you to see the whole topic.

Making the mind map helps you learn both the detail & the big picture.



Mind Mapping



Reflection

Top Tips!

- ✓ You will need coloured pens and a big piece of paper.
- ✓ Start with your central topic in the middle of the page.
- ✓ Use different colours for different trains of thought or themes.
- ✓ Use different styles of writing for different factors e.g., capital letters for THEMES.
- ✓ Use words in boxes- for facts to remember.
- ✓ Use as few words as you can. Use a picture or symbol instead of some words.
- ✓ To test how much of a subject you know, make a mind map without your notes in front of you. When you've finished it, look at your notes and add anything to it that you've missed out in a really bold colour.
- ✓ When you glance at them and notice the pictures or symbols you have used, you automatically jog your memory about what they stand for!
- ✓ Picture the poster in your mind's eye in the exam Progress Test.

