

# CHS Progress Tests

## Student Study Timetable

### Year 8 Spring Term Progress Test

#### Have a PLAN – Create Progress Test Timetable

When you know when your Progress Tests are – put them in the **PROGRESS TEST TIMETABLE** below:

In lessons you need to check:

- 1) **WHEN** the Progress Test is
- 2) **WHAT** the Progress Test will cover
- 3) **HOW** you can prepare yourself for it.



#### Progress Test Timetable Week 1

A Week	Monday 15th January	Tuesday 16th January	Wednesday 17th January	Thursday 18th January	Friday 19th January	Exams this week
Period 1	Year 8 Maths					<ul style="list-style-type: none"> <li>▪ Maths</li> <li>▪ French</li> <li>▪ Spanish</li> <li>▪ Geography</li> <li>▪ EPR</li> <li>▪ Music</li> <li>▪ Dance</li> <li>▪ Technology</li> <li>▪ Computing</li> </ul>
Period 2						
Period 3						
Period 4						
Period 5						

#### Progress Test Timetable Week 2

B Week	Monday 22nd January	Tuesday 23rd January	Wednesday 24th January	Thursday 25th January	Friday 26th January	Exams this week
Period 1			Year 8 Science	Year 8 English		<ul style="list-style-type: none"> <li>▪ English</li> <li>▪ Science</li> <li>▪ History</li> <li>▪ Art</li> <li>▪ Drama</li> <li>▪ PE</li> </ul>
Period 2						
Period 3						
Period 4						
Period 5						



# CHS Progress Tests

## Have a PLAN – Create your Home Study Planner

Use the planner below to PLAN your revision and HOME STUDY. Prioritise spending time on the subject and specific knowledge that you find tricky.

### Study Week 1

	Monday 4 <sup>th</sup> December	Tuesday 5 <sup>th</sup> December	Wednesday 6 <sup>th</sup> December	Thursday 7 <sup>th</sup> December	Friday 8 <sup>th</sup> December	Saturday 9 <sup>th</sup> December	Sunday 10 <sup>th</sup> December
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

### Study Week 2

	Monday 11 <sup>th</sup> December	Tuesday 12 <sup>th</sup> December	Wednesday 13 <sup>th</sup> December	Thursday 14 <sup>th</sup> December	Friday 15 <sup>th</sup> December	Saturday 16 <sup>th</sup> December	Sunday 17 <sup>th</sup> December
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

### After the Christmas Break - Study Week 3

	Monday 1 <sup>st</sup> January	Tuesday 2 <sup>nd</sup> January	Wednesday 3 <sup>rd</sup> January	Thursday 4 <sup>th</sup> January	Friday 5 <sup>th</sup> January	Saturday 6 <sup>th</sup> January	Sunday 7 <sup>th</sup> January
<b>Study Session 1</b> (45 Minutes)	School Closed	School Closed	INSET DAY				
<b>Study Session 2</b> (45 Minutes)	School Closed	School Closed	INSET DAY				
<b>Study Session 3</b> (45 Minutes)	School Closed	School Closed	INSET DAY				

Have a plan



H

Organise your resources



O

Maximise your study habits



M

Evaluate your progress








E

# CHS Progress Tests

## Study Week 4

	Monday 8 <sup>th</sup> January	Tuesday 9 <sup>th</sup> January	Wednesday 10 <sup>th</sup> January	Thursday 11 <sup>th</sup> January	Friday 12 <sup>th</sup> January	Saturday 13 <sup>th</sup> January	Sunday 14 <sup>th</sup> January
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

## How to study throughout your Progress Tests:

	<b>Have a plan for your home study.</b> <ul style="list-style-type: none"> <li>Plan out when your progress tests are then, plan revision sessions into your timetable leading up to the tests.</li> <li>Plan what and where you will study Sessions should last 45 minutes.</li> <li>You should include all your subjects across the week</li> </ul>		<b>Utilise your online learning platforms.</b> <ul style="list-style-type: none"> <li>Use MS Teams to help plan out and organise your timetable and resources.</li> <li>Look for information and tasks set by your teacher.</li> <li>Use other online platforms recommended by your teacher to maximise your revision sessions</li> </ul>
	<b>Use mind maps to maximise your study.</b> <ul style="list-style-type: none"> <li>Mind maps are a useful way to map out big concepts and topic areas.</li> <li>Choose your topic area to revise and put this in the centre of your mind map. Then, add branches with each individual area that links to that topic.</li> <li>Use colour, words, and pictures to make it interactive</li> </ul>		<b>Use revision cards to maximise your study.</b> <ul style="list-style-type: none"> <li>Revision cards help in creating a summary of a topic area.</li> <li>Question &amp; answer cards are useful for learning and memorising specific information like key facts, and key words.</li> <li>Choose a topic you want to revise and either create a summary card or write 10 key questions.</li> </ul>
	<b>Evaluate your home study by self-testing.</b> <ul style="list-style-type: none"> <li>Test yourself to check if information is going into your memory.</li> <li>At the end of your revision session use; look, cover, write &amp; check, you could practice a question that you might be asked about the topic, quiz yourself on your mind map or revision cards.</li> <li>The next day, quiz yourself again using your mind map or cards to see what you have remembered. You could also work with your friends or someone at home by asking them to quiz you too!</li> </ul>		



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## Spring Progress Tests - Year 8 Home Study Strategy:

### Revision Cards

Summarise vocabulary, terminology and important points on a single blank postcard or note card (front and back if necessary).



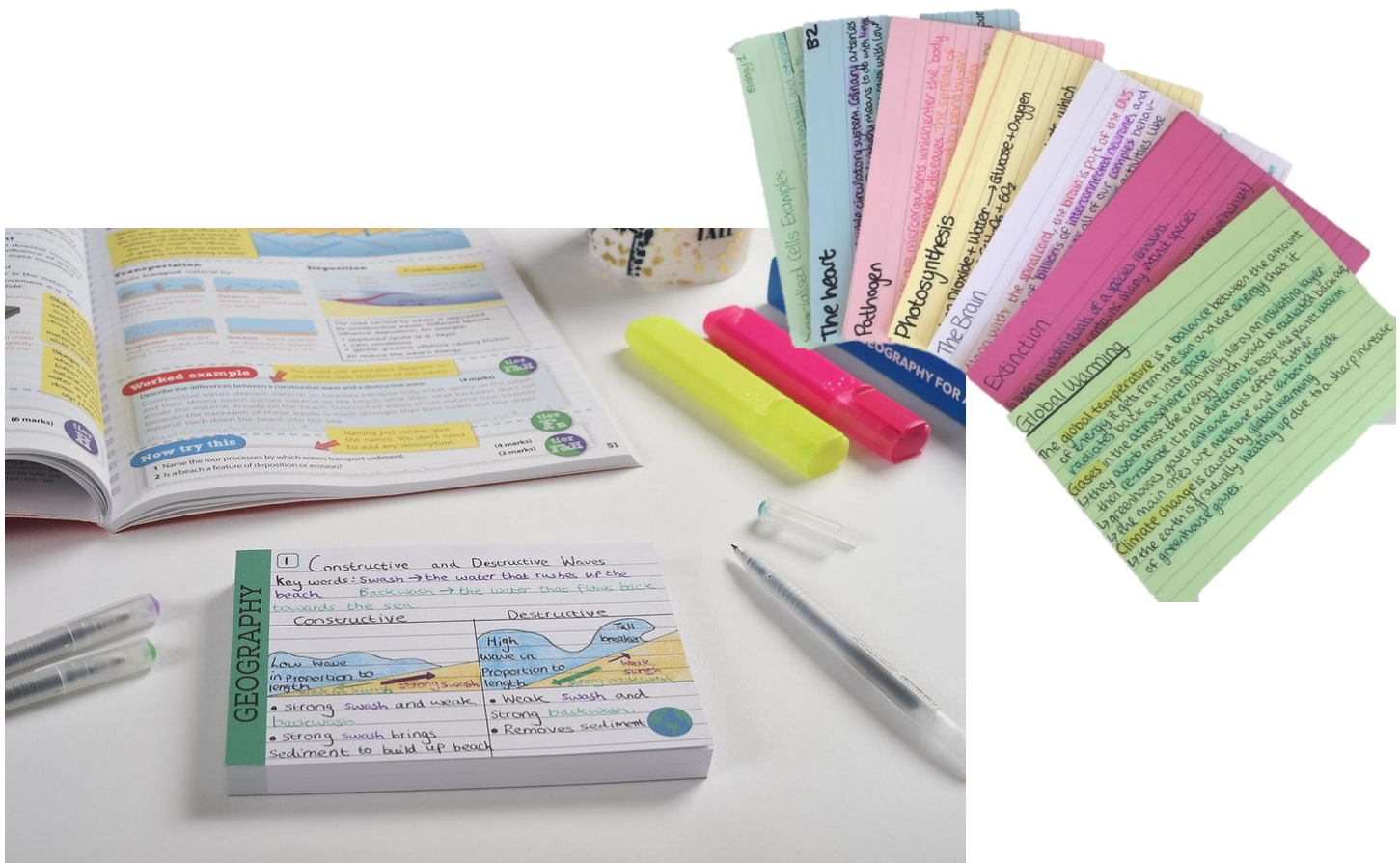
Revision Cards



Responsibility

### Top Tips!

- ✓ For each topic, write up one set of index cards with the word on the front, and the definition on the back. Shuffle them and drill yourself. Get someone else to test you.
- ✓ Try – ‘Look, cover, test, check’ with your revision notes, and doing past exam papers.
- ✓ Make them colourful and use pictures to help you ‘visualise’ them in the exam.
- ✓ Go through one section of your word list every day, for no more than an hour.
- ✓ Make a poster of your words, with illustrations and put it up in your bedroom, your bathroom, the kitchen, somewhere you will see it every day.
- ✓ Draw - Transfer ideas, processes or phrases that might be difficult to remember into funny, colourful cartoon pictures.



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