# **CHS Progress Tests**

# **Student Study Timetable Year 8 Summer Term Progress Test**

### **Have a PLAN – Create Progress Test Timetable**

When you know when your Progress Tests are – put them in the **PROGRESS TEST TIMETABLE** below:

### In lessons you need to check:

- 1) WHEN the Progress Test is
- 2) WHAT the Progress Test will cover
- 3) HOW you can prepare yourself for it.



Progress Test Timetable Week 1									
A Week	Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June	Exams this week			
Period 1			Year 8	Year 8		<ul><li>English</li><li>Science</li></ul>			
Period 2			Science	English		<ul><li>History</li><li>Art</li></ul>			
Period 3						<ul><li>Drama</li><li>PE</li></ul>			
Period 4									
Period 5									

	Progress Test Timetable Week 2									
B Week	Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June	Friday 28th June	Exams this week				
Period 1	Year 8 Maths				INSET DAY	<ul><li>Maths</li><li>French</li><li>Spanish</li><li>Geography</li></ul>				
Period 2	rear o iviatiis				INSET DAY					
Period 3					INSET DAY	■ EPR ■ Music				
Period 4					INSET DAY	<ul><li>Dance</li><li>Technolog</li></ul>				
Period 5					INSET DAY	<ul><li>Computing</li></ul>				









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## **Have a PLAN – Create your Home Study Planner**

Use the planner below to PLAN your revision and HOME STUDY. Prioritise spending time on the subject and specific knowledge that you find tricky.

Study Week 1									
	Monday 13 <sup>th</sup> May	Tuesday 14 <sup>th</sup> May	Wednesday 15 <sup>th</sup> May	Thursday 16 <sup>th</sup> May	Friday 17 <sup>th</sup> May	Saturday 18 <sup>th</sup> May	Sunday 19 <sup>th</sup> May		
Study Session 1 (45 Minutes)									
Study Session 2 (45 Minutes)									
Study Session 3 (45 Minutes)									

	Study Week 2									
	Monday 20 <sup>th</sup> May	Tuesday 21 <sup>st</sup> May	Wednesday 22 <sup>nd</sup> May	Thursday 23 <sup>rd</sup> May	Friday 24 <sup>th</sup> May	Saturday 25 <sup>th</sup> May	Sunday 26 <sup>th</sup> May			
Study Session 1 (45 Minutes)										
Study Session 2 (45 Minutes)										
Study Session 3 (45 Minutes)										

After the Half Term Break - Study Week 3									
	Monday 3 <sup>rd</sup> June	Tuesday 4 <sup>th</sup> June	Wednesday 5 <sup>th</sup> June	Thursday 6 <sup>th</sup> June	Friday 7 <sup>th</sup> June	Saturday 8 <sup>th</sup> June	Sunday 9 <sup>th</sup> June		
Study Session 1 (45 Minutes)									
Study Session 2 (45 Minutes)									
Study Session 3 (45 Minutes)									









# **CHS Progress Tests**

Study Week 4									
	Monday 10 <sup>th</sup> June	Tuesday 11 <sup>th</sup> June	Wednesday 12 <sup>th</sup> June	Thursday 13 <sup>th</sup> June	Friday 14 <sup>th</sup> June	Saturday 15 <sup>th</sup> June	Sunday 16 <sup>th</sup> June		
Study Session 1 (45 Minutes)									
Study Session 2 (45 Minutes)									
Study Session 3 (45 Minutes)									

### **How to study throughout your Progress Tests:**



### Have a plan for your home study.

- Plan out when your progress tests are then, plan revision sessions into your timetable leading up to the tests.
- Plan what and where you will study Sessions should last 45 minutes.
- You should include all your subjects across the week



## Utilise your online learning platforms.

- Use MS Teams to help plan out and organise your timetable and resources.
- Look for information and tasks set by your teacher.
- Use other online platforms recommended by your teacher to maximise your revision sessions



# Use mind maps to maximise your study.

- Mind maps are a useful way to map out big concepts and topic areas.
- Choose your topic area to revise and put this in the centre of your mind map. Then, add branches with each individual area that links to that topic.
- Use colour, words, and pictures to make it interactive



# Use revision cards to maximise your study.

- Revision cards help in creating a summary of a topic area.
- Question & answer cards are useful for learning and memorising specific information like key facts, and key words.
- Choose a topic you want to revise and either create a summary card or write 10 key questions.

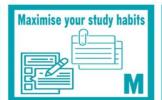


#### Evaluate your home study by self-testing.

- Test yourself to check if information is going into your memory.
- At the end of your revision session use; look, cover, write & check, you could practice a question that you might be asked about the topic, quiz yourself on your mind map or revision cards.
- The next day, quiz yourself again using your mind map or cards to see what you have remembered. You could also work with your friends or someone at home by asking them to quiz you too!









# **CHS Progress Tests**

### **Summer Progress Tests - Year 8 Home Study Strategy:**

### **Revision Cards**

Summarise vocabulary, terminology and important points on a single blank postcard or note card (front and back if necessary).



**Revision Cards** 

Responsibility

### **Top Tips!**

- For each topic, write up one set of index cards with the word on the front, and the definition on the back. Shuffle them and drill yourself. Get someone else to test you.
- √ Try 'Look, cover, test, check' with your revision notes, and doing past exam papers.
- Make them colourful and use pictures to help you 'visualise' them
- ✓ Go through one section of your word list every day, for no more than an hour.
- ✓ Make a poster of your words, with illustrations and put in up in your bedroom, your bathroom, the kitchen, somewhere you will see it every day.
- ✓ Draw Transfer ideas, processes or phrases that might be difficult to remember into funny, colourful cartoon pictures.



### **Ask a Friend**

Get other people involved – friends and members of your family – to help test you, or to get you to explain areas that you have learnt.





Ask A Friend

**Empathy** 

### **Top Tips!**

- Put a copy of your revision timetable up in the kitchen.
- Teach someone else what you have just learnt if they can understand it, then you have learnt and explained it well.
- Get the family involved in testing facts, which are rewarded with lots of praise!
- Let your family know when you are revising and when you need to be left alone and quiet this can avoid everyone feeling stressed!





