

CHS Progress Tests

Student Study Timetable

Year 8 Summer Term Progress Test

Have a PLAN – Create Progress Test Timetable

When you know when your Progress Tests are – put them in the PROGRESS TEST TIMETABLE below:

In lessons you need to check:

- 1) **WHEN** the Progress Test is
- 2) **WHAT** the Progress Test will cover
- 3) **HOW** you can prepare yourself for it.



Progress Test Timetable Week 1						
A Week	Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June	Exams this week
Period 1			Year 8 Science	Year 8 English		<ul style="list-style-type: none"> ▪ English ▪ Science ▪ History ▪ Art ▪ Drama ▪ PE
Period 2						
Period 3						
Period 4						
Period 5						

Progress Test Timetable Week 2						
B Week	Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June	Friday 28th June	Exams this week
Period 1	Year 8 Maths				INSET DAY	<ul style="list-style-type: none"> ▪ Maths ▪ French ▪ Spanish ▪ Geography ▪ EPR ▪ Music ▪ Dance ▪ Technology ▪ Computing
Period 2					INSET DAY	
Period 3					INSET DAY	
Period 4					INSET DAY	
Period 5					INSET DAY	

Have a plan

H

Organise your resources

O

Maximise your study habits

M

Evaluate your progress

E

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Have a PLAN – Create your Home Study Planner

Use the planner below to PLAN your revision and HOME STUDY. Prioritise spending time on the subject and specific knowledge that you find tricky.

Study Week 1							
	Monday 13 th May	Tuesday 14 th May	Wednesday 15 th May	Thursday 16 th May	Friday 17 th May	Saturday 18 th May	Sunday 19 th May
Study Session 1 (45 Minutes)							
Study Session 2 (45 Minutes)							
Study Session 3 (45 Minutes)							

Study Week 2							
	Monday 20 th May	Tuesday 21 st May	Wednesday 22 nd May	Thursday 23 rd May	Friday 24 th May	Saturday 25 th May	Sunday 26 th May
Study Session 1 (45 Minutes)							
Study Session 2 (45 Minutes)							
Study Session 3 (45 Minutes)							

After the Half Term Break - Study Week 3							
	Monday 3 rd June	Tuesday 4 th June	Wednesday 5 th June	Thursday 6 th June	Friday 7 th June	Saturday 8 th June	Sunday 9 th June
Study Session 1 (45 Minutes)							
Study Session 2 (45 Minutes)							
Study Session 3 (45 Minutes)							

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Study Week 4

	Monday 10 th June	Tuesday 11 th June	Wednesday 12 th June	Thursday 13 th June	Friday 14 th June	Saturday 15 th June	Sunday 16 th June
Study Session 1 (45 Minutes)							
Study Session 2 (45 Minutes)							
Study Session 3 (45 Minutes)							

How to study throughout your Progress Tests:

	<p>Have a plan for your home study.</p> <ul style="list-style-type: none"> Plan out when your progress tests are then, plan revision sessions into your timetable leading up to the tests. Plan what and where you will study Sessions should last 45 minutes. You should include all your subjects across the week 		<p>Utilise your online learning platforms.</p> <ul style="list-style-type: none"> Use MS Teams to help plan out and organise your timetable and resources. Look for information and tasks set by your teacher. Use other online platforms recommended by your teacher to maximise your revision sessions
	<p>Use mind maps to maximise your study.</p> <ul style="list-style-type: none"> Mind maps are a useful way to map out big concepts and topic areas. Choose your topic area to revise and put this in the centre of your mind map. Then, add branches with each individual area that links to that topic. Use colour, words, and pictures to make it interactive 		<p>Use revision cards to maximise your study.</p> <ul style="list-style-type: none"> Revision cards help in creating a summary of a topic area. Question & answer cards are useful for learning and memorising specific information like key facts, and key words. Choose a topic you want to revise and either create a summary card or write 10 key questions.
	<p>Evaluate your home study by self-testing.</p> <ul style="list-style-type: none"> Test yourself to check if information is going into your memory. At the end of your revision session use; look, cover, write & check, you could practice a question that you might be asked about the topic, quiz yourself on your mind map or revision cards. The next day, quiz yourself again using your mind map or cards to see what you have remembered. You could also work with your friends or someone at home by asking them to quiz you too! 		

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Summer Progress Tests - Year 8 Home Study Strategy:

Revision Cards

Summarise vocabulary, terminology and important points on a single blank postcard or note card (front and back if necessary).



Revision Cards



Responsibility

Top Tips!

- ✓ For each topic, write up one set of index cards with the word on the front, and the definition on the back. Shuffle them and drill yourself. Get someone else to test you.
- ✓ Try – ‘Look, cover, test, check’ with your revision notes, and doing past exam papers.
- ✓ Make them colourful and use pictures to help you ‘visualise’ them in the exam.
- ✓ Go through one section of your word list every day, for no more than an hour.
- ✓ Make a poster of your words, with illustrations and put in up in your bedroom, your bathroom, the kitchen, somewhere you will see it every day.
- ✓ Draw - Transfer ideas, processes or phrases that might be difficult to remember into funny, colourful cartoon pictures.



Ask a Friend

Get other people involved – friends and members of your family – to help test you, or to get you to explain areas that you have learnt.



Ask A Friend



Empathy

Top Tips!

- ✓ Put a copy of your revision timetable up in the kitchen.
- ✓ Teach someone else what you have just learnt – if they can understand it, then you have learnt and explained it well.
- ✓ Get the family involved in testing facts, which are rewarded with lots of praise!
- ✓ Let your family know when you are revising and when you need to be left alone and quiet – this can avoid everyone feeling stressed!

