

# CHS Progress Tests

## Student Study Timetable

### Year 9 Summer Term Progress Test

#### Have a PLAN – Create Progress Test Timetable

When you know when your Progress Tests are – put them in the PROGRESS TEST TIMETABLE below:

In lessons you need to check:

- 1) **WHEN** the Progress Test is
- 2) **WHAT** the Progress Test will cover
- 3) **HOW** you can prepare yourself for it.



#### Progress Test Timetable Week 1

A Week	Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June	Exams this week
Period 1						<ul style="list-style-type: none"> <li>▪ English</li> <li>▪ Geography</li> <li>▪ EPR</li> <li>▪ Music</li> <li>▪ Dance</li> <li>▪ Technology</li> <li>▪ Computing</li> </ul>
Period 2						
Period 3						
Period 4		Year 9 English				
Period 5						

#### Progress Test Timetable Week 2

B Week	Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June	Friday 28th June	Exams this week
Period 1		Year 9 Science			INSET DAY	<ul style="list-style-type: none"> <li>▪ Maths</li> <li>▪ Science</li> <li>▪ French</li> <li>▪ Spanish</li> <li>▪ History</li> <li>▪ Art</li> <li>▪ Drama</li> <li>▪ PE</li> <li>▪ Computing</li> </ul>
Period 2					INSET DAY	
Period 3					INSET DAY	
Period 4				Year 9 Maths	INSET DAY	
Period 5					INSET DAY	

**Have a plan**

**H**

**Organise your resources**

**O**

**Maximise your study habits**

**M**

**Evaluate your progress**

**E**

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## Have a PLAN – Create your Home Study Planner

Use the planner below to PLAN your revision and HOME STUDY. Prioritise spending time on the subject and specific knowledge that you find tricky.

Study Week 1							
	Monday 13 <sup>th</sup> May	Tuesday 14 <sup>th</sup> May	Wednesday 15 <sup>th</sup> May	Thursday 16 <sup>th</sup> May	Friday 17 <sup>th</sup> May	Saturday 18 <sup>th</sup> May	Sunday 19 <sup>th</sup> May
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

Study Week 2							
	Monday 20 <sup>th</sup> May	Tuesday 21 <sup>st</sup> May	Wednesday 22 <sup>nd</sup> May	Thursday 23 <sup>rd</sup> May	Friday 24 <sup>th</sup> May	Saturday 25 <sup>th</sup> May	Sunday 26 <sup>th</sup> May
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

After the Half Term Break - Study Week 3							
	Monday 10 <sup>th</sup> June	Tuesday 11 <sup>th</sup> June	Wednesday 12 <sup>th</sup> June	Thursday 13 <sup>th</sup> June	Friday 14 <sup>th</sup> June	Saturday 15 <sup>th</sup> June	Sunday 16 <sup>th</sup> June
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

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## Study Week 4

	Monday 8 <sup>th</sup> January	Tuesday 9 <sup>th</sup> January	Wednesday 10 <sup>th</sup> January	Thursday 11 <sup>th</sup> January	Friday 12 <sup>th</sup> January	Saturday 13 <sup>th</sup> January	Sunday 14 <sup>th</sup> January
<b>Study Session 1</b> (45 Minutes)							
<b>Study Session 2</b> (45 Minutes)							
<b>Study Session 3</b> (45 Minutes)							

## How to study throughout your Progress Tests:

	<p><b>Have a plan for your home study.</b></p> <ul style="list-style-type: none"> <li>Plan out when your progress tests are then, plan revision sessions into your timetable leading up to the tests.</li> <li>Plan what and where you will study Sessions should last 45 minutes.</li> <li>You should include all your subjects across the week</li> </ul>		<p><b>Utilise your online learning platforms.</b></p> <ul style="list-style-type: none"> <li>Use MS Teams to help plan out and organise your timetable and resources.</li> <li>Look for information and tasks set by your teacher.</li> <li>Use other online platforms recommended by your teacher to maximise your revision sessions</li> </ul>
	<p><b>Use mind maps to maximise your study.</b></p> <ul style="list-style-type: none"> <li>Mind maps are a useful way to map out big concepts and topic areas.</li> <li>Choose your topic area to revise and put this in the centre of your mind map. Then, add branches with each individual area that links to that topic.</li> <li>Use colour, words, and pictures to make it interactive</li> </ul>		<p><b>Use revision cards to maximise your study.</b></p> <ul style="list-style-type: none"> <li>Revision cards help in creating a summary of a topic area.</li> <li>Question &amp; answer cards are useful for learning and memorising specific information like key facts, and key words.</li> <li>Choose a topic you want to revise and either create a summary card or write 10 key questions.</li> </ul>
	<p><b>Evaluate your home study by self-testing.</b></p> <ul style="list-style-type: none"> <li>Test yourself to check if information is going into your memory.</li> <li>At the end of your revision session use; look, cover, write &amp; check, you could practice a question that you might be asked about the topic, quiz yourself on your mind map or revision cards.</li> <li>The next day, quiz yourself again using your mind map or cards to see what you have remembered. You could also work with your friends or someone at home by asking them to quiz you too!</li> </ul>		

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## Summer Progress Tests - Year 9 Home Study Strategy:

### Leitner System

The Leitner System is an effective technique that uses your self-testing flashcards. It helps in strengthening your memory through repeated and spaced practice



Responsibility



Optimism

### Top Tips!

- ✓ Take a set of self-testing flashcards you have made for a topic
- ✓ You need 3 envelopes with the labels
  - Envelope 1: 'every day'
  - Envelope 2: 'twice a week' you could even add days of the week e.g. Tuesday & Thursday
  - Envelope 3: 'once a week' you could choose a day of the week e.g. Sunday.

### ✓ Every flashcard will start in Box 1.

As you answer a flashcard correctly, move the card into Box 2.

If you incorrectly answer a flashcard, place the card back in Box 1. *Follow this method for each flashcard in Box 1.*

At the end of this round, you will notice that some concepts remain in Box 1— that means that these concepts are more difficult for you and require repeated studying. The cards that have graduated to Box 2, on the other hand, are concepts with which you are more familiar, so you do not have to study them as frequently.

- ✓ Follow the days on your envelopes to return to your flashcards. Each time you get a card correct, you move it to the next box. Each time you get a card wrong, you move it back to the previous box. Once you have finished studying for the day, you will see which concepts are ones that you need to study more frequently, and which concepts may only require you to study them once a week.
- ✓ Follow the same method on each study day until all of your cards have been moved to the last box. If it turns out that you have forgotten some concepts in Box 3 by the time that study day rolls around, move the cards to the previous box.

