

## Dance

Solutions
<b>Dance</b>
<ul style="list-style-type: none"> <li>• Attend workshops with visiting dance teachers/companies (either in school or locally – <a href="#">Lowry Theatre</a>, <a href="#">Dance House Manchester</a>, <a href="#">Z-Arts</a>)</li> </ul>
<ul style="list-style-type: none"> <li>• Explore existing dance works (either live or online, some suggestions include Rambert Dance, Christopher Bruce, Hofesh Schecter, Blue Boy entertainment, Wayne McGregor, Matthew Bourne, Itzik Galili, StopGap Dance Company, James Cousins, Jasmin Vardimon)</li> </ul>
<ul style="list-style-type: none"> <li>• Explore existing dance styles (either live or online, some suggestions include Ballet, Contemporary, Urban, Inclusive Dance, Site sensitive)</li> </ul>
<ul style="list-style-type: none"> <li>• <a href="#">Dance Manchester Website</a></li> </ul>
<ul style="list-style-type: none"> <li>• <a href="#">The Dancehouse</a></li> </ul>
<ul style="list-style-type: none"> <li>• Research the dance style/topic you are learning</li> </ul>
<ul style="list-style-type: none"> <li>• Dance Worksheet: <a href="#">Warming Up and Cooling Down Activity</a></li> </ul>

[Return to Year 7 Solutions Homepage](#)